

AGES 11/14

- All players must play one uninterrupted quarter in the 1st half. Non-starters must play the entire second quarter and at least 2 minutes in the second half.
- Each team will have 4 time outs for the entire game. (2) Full and (2) 30sec time outs.
- No player can play the entire game unless only 5 players are present
- Each team must have 5 players to start the game.
- Games consist of four 8 minute quarters. (Running Time) clock will stop on free throws and time outs only. Clock will also stop 2 minutes in the 4th quarter.
- Man to man and full court trapping will be allowed.
- Full court pressing will be allowed after halftime, unless up by 15 points or more.
- Players will foul out after 5 personal fouls.
- After the 10th foul there will be a double bonus and a player will only shoot 2 foul shots.
- If a coach receives a technical foul during the game, that coach must stay seated for the remainder of the game. 2nd technical foul, coach will be ejected.
- Coaches and players are subject to disciplinary action by the recreation department if they are ejected from the game, each case will be decided on an individual basis.
- Top two teams will advance to the championship game. The top team in the age group will be awarded individual trophies.
- You can't add players to your Roster.
- After being up by 15pts no full court pressing will be allowed and you must stay inside the 3 point area until score is 10pts or less.
- Overtime will consist of (1) two minute quarter with clock stopping the last minute. If game goes into second overtime, the coach picks one player to shoot 2 free throws.

