

ANC Quarterly Newsletter



June 2026

ANC is Growing! New Denver South Location in Lone Tree



WELCOMING OUR NEW CLINICIANS

Letter from the Practice


Dear ANC Community,

We have some very exciting news to share.

This summer, Advanced Neurology of Colorado is expanding into the Denver metro area with a **brand-new 4,500 sq. ft. comprehensive MS and neurology center in Lone Tree, opening June 2026**. This expansion reflects our continued commitment to bringing exceptional neurological care to more patients and families across Colorado.

We're honored to welcome **Dr. Beverly Gilder, a board-certified neurologist with more than 30 years of experience caring for patients with MS and neuroimmunologic conditions**, along with **Christina Weber, DNP, AGACNP-BC, MSCS, a Certified MS Specialist known for her compassionate, patient-centered approach to care**.

Our new location will feature a dedicated neurology clinic, on-site infusion center, appointment availability within 1-3 weeks, and complimentary parking — all designed to make specialized neurological care more accessible and convenient for our community.

Thank you, as always, for your trust and for being part of the ANC community. We're excited for this next chapter and look forward to continuing to grow together. 

the ANC team

In this issue, you'll find:

Research Roundup:
Latest in Neurology

Clinical Research at
ANC

Clinical Corner: Tips
from Neurology
Experts

NeuroWellness Talks
Webinar Series

ANC News & Updates

Voices of our Patients

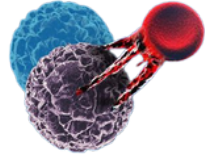
What's New in Neurological Research and Care

 U.S. National Library of Medicine
[ClinicalTrials.gov](https://clinicaltrials.gov)

[Full Article **HERE**](#)

CAR-T Cell Therapy for MS: Early Results Are Promising — But It's Early

Source: *Systematic Review, AAN 2026*



CAR-T cell therapy — a treatment approach already used in certain blood cancers — is now being studied in people with highly active or treatment-resistant MS. A new systematic review pooling data from 27 patients found that **among those followed for at least 6 months, the majority showed no evidence of disease activity**, and a key biomarker of nerve damage in spinal fluid also decreased after treatment.

The therapy works by engineering a patient's own immune cells to target and eliminate the B cells driving MS inflammation — essentially a deep immune reset.

Why This Is Important — And Why Caution Is Warranted: These early signals are genuinely exciting, particularly for patients whose MS has not responded to available therapies. However, this review included only 27 patients across uncontrolled studies, meaning results must be interpreted carefully. Side effects including immune suppression and long-term infection risk remain incompletely understood. Larger, controlled clinical trials are urgently needed — and are expected to follow.

Rocky Mountain MS Clinic in Utah, part of the Nira Medical network, is actively participating in research in this space. Ask your care team if you'd like to learn more about clinical trial opportunities at your practice.

[Full Trial Details **HERE**](#)

 **ALZHEIMER'S
ASSOCIATION**

[Full Article **HERE**](#)

Americans Value Brain Health - But Most Don't Know How to Protect It

Source: *Alzheimer's Association*



Nearly nine in 10 Americans say maintaining brain health as they age is very important, and 99% rank it as at least as important as physical health — yet only 9% say they actually know how to maintain it. That striking gap is the central finding of the Alzheimer's Association's 2026 Facts & Figures report, released this spring.

[Alzheimer's Association](#)

Three in four Americans say lifestyle behaviors are important for brain health, but fewer than half strongly connect those behaviors to reducing dementia risk. And while two in three Americans want brain health guidance from a healthcare provider, only 14% have ever discussed it with their doctor. [Alzheimer's Association](#)

What This Means for Patients: The science is clear that what you eat, how you move, how well you sleep, and how connected you stay to others all shape your brain's future. Your neurology team is exactly the right place to start that conversation — don't wait for memory concerns to bring it up. Visit [BrainandLife.org](https://brainandlife.org) for trusted, patient-friendly resources on brain wellness.

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Hours: M-F 8am-5pm

Clinical Research Opportunities at ANC

You can be a part of the future of medicine!

Advanced Neurology of Colorado (ANC) is enrolling adults for clinical trials exploring investigational medications. The investigational medications may be compared to placebos (which look like the investigational medications but have no active ingredients). If you participate in a study, you may have visits with the study team for them to go over various medical tests and check-ins with you to monitor your safety.

Individuals may qualify for our studies if they:

- Are 18 years of age and older
- Have been diagnosed with a condition where we have an enrolling study
- Are willing to travel to the study site for study visits
- Meet additional study criteria

Qualified participants may be eligible for time and travel compensation.



Enrolling Studies:

- Multiple Sclerosis
- Migraine



Upcoming Studies:

We regularly start new studies across therapeutic areas. Contact us today to learn more about our current programs.

How to Learn More

For more information, ask to speak with a research team member today, email us at research@advancedneurology.com, or scan the QR code to the right. You can also give our practice a call directly.

Should you scan the QR code and express general interest, a member of our research team may contact you with additional information. Note: submitting or indicating interest does not obligate you to enroll in any study.



Scan Here
to Submit an
Interest Form!

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Clinical Corner

Neurology Tips from neurology experts at:



We asked neurology experts from across the country to share their current top tips for patients. Be sure to talk to your provider to create the right plan for you!

“

Stay in air conditioning as much as you can. Wear light-weight, loose, breathable clothing, drink cold fluids, & eat popsicles. So, hey - there you go. If you needed some permission, now you've got it!

“

Yoga may help manage MS symptoms. Combining stretching, breathing, and mindfulness with yoga may reduce fatigue, improve balance and flexibility, and relieve muscle spasticity and emotional wellbeing. Yoga can be adapted to fit mobility needs.

“

I believe exceptional MS care goes beyond the medications you are on. It means building a team around yourself to address physical health, mental well-being, lifestyle, and long-term goals to achieve the best possible outcomes.



Daniel Orme, MD

Board Certified
Neurologist
MS Specialist



**Katrina Bawden,
MSN, MSCN, FNP-C**

Board Certified Family
Nurse Practitioner &
Certified MS Nurse



Parisa Khosravi, DO

MS Specialist



“

Eating a balanced diet rich in whole foods and staying hydrated can reduce inflammation and improve overall health. The Mediterranean or MIND diet can be good to follow. Research shows that people with MS who follow the MIND diet have less tiredness and inflammation, and a better quality of life.

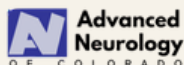
“

Brain health isn't something that happens to you — it's something you build every day. What you eat, how you move, how well you sleep, and the strength of your social connections all shape your neurological future — and they're largely within your control.



Elijah Lackey, MD

Board Certified Neurologist
MS Specialist



Michael Edgeworth, MD, FAAN

Chief Medical Officer



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NeuroWellness Talks Webinar Series



NeuroWellness Talks is a webinar series dedicated to empowering patients, caregivers and families with practical strategies to support brain and neurological health. Each session features experts in neurology, rehabilitation, nutrition, and mental health, highlighting evidence-based approaches to living well with neurological conditions.

Previous webinar topics include:

- Wellness & Nutrition for individuals with MS & autoimmune conditions
- Managing Foot Drop in MS
- The Science of Brain Resilience
- Research Updates in MS & Managing Heat Intolerance

Key insights from our **most recent webinar** - Research Updates in MS & Managing Heat Intolerance - include:

1. There has been a lot of attention and activity specifically around advancements in BTK inhibitors, CAR-T cell therapy and remyelination strategies.
2. BTK inhibitors are oral medications showing promise for both relapsing and progressive MS forms, though liver toxicity remains a concern
3. CAR-T cell therapy involves modifying a patient's own T cells to target B cells implicated in MS and could provide long-lasting targeted suppression of immune cells inside and outside the brain.
4. Lifestyle recommendations for MS include following the Mediterranean or MIND diet, engaging in regular aerobic and resistance exercise, maintaining good sleep hygiene, and finding ways to stay cool, especially during the upcoming summer months.

Our next webinar, focused on fatigue, fatiguability, and exercise is scheduled for Wed, July 8 at 7pm CT. More details below.

FATIGUE, FATIGUABILITY, & EXERCISE

Explore the latest science, practical exercise approaches and real-world guidance to help individuals managing fatigue move forward with confidence.

Dr. Augusto Miravalle
Medical Director of Education,
Nira Medical

Christina Weber, DNP, AGACNP-BC, MSCS
Board-Certified Nurse Practitioner,
Advanced Neurology of Colorado

SCAN TO RSVP
Free Virtual Webinar

WED, JULY 08, 2026
5PM MT / 7PM ET

Hosted By:

ROCKY MOUNTAIN Multiple Sclerosis Clinic & Outpatient Infusion Center

Advanced Neurology OF COLORADO

CTNG Central Texas Neurology Consultants Diseases of the Brain, Spine, Nerves and Muscles

MS&Neuromuscular CENTER OF EXCELLENCE

To register for the next virtual webinar, scan the QR code above or [CLICK HERE](#)

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You're Invited - ANC Denver South Open House !

SCAN HERE TO RSVP

Join us on June 25 as we celebrate the opening of Advanced Neurology of Colorado's new Denver-area clinic in Lone Tree, CO.


Guests will have the opportunity to tour our new 4,500 sq. ft. comprehensive MS and neurology center, meet Dr. Beverly Gilder, Christina Weber and the broader ANC team, and enjoy appetizers, refreshments, and raffle giveaways as we celebrate this exciting new chapter together.


Our new location features:


- ✓ Dedicated MS neurology clinic
- ✓ On-site infusion center with access to the latest therapies
- ✓ Complimentary, accessible parking
- ✓ Appointment availability within 1-3 weeks
- ✓ Acceptance of all major insurances

We look forward to welcoming you!

Event Details

 June 25, 2026

 5:00 PM – 6:30 PM MT





 10535 Park Meadows Boulevard, Suite 260SH,
Lone Tree, CO 80124

A Fresh New Look for Your Infusion Days in Fort Collins ✨



We have some exciting news for our patients who receive infusion treatments: we're giving our Fort Collins infusion suite a full refresh — and we can't wait for you to experience it.

Here's what's new:

-  **A calmer, more welcoming atmosphere** — updated lighting and thoughtful décor designed to help you feel at ease from the moment you walk in.
-  **A complimentary refreshment station** — free snacks & beverages to keep you comfortable throughout your visit.
-  **Wi-Fi and laptop desks** — so you can work, stream, or catch up on whatever you'd like during your time with us.
-  **Comfort touches throughout** — including warm cozy blankets. (Infusions can sometimes make you feel cold, so we've made sure you'll always have what you need to stay comfortable.)

Already receiving infusions elsewhere? Let's talk.

If you're currently getting your infusion treatments at a hospital or outside facility, we'd love for you to consider making the switch to our on-site center. Receiving your infusions here means your entire care team are all in one place. We know your history, your treatment plan, and you. **Just give us a call at (970) 226-6111 or ask about it at your next visit.**

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Voices of Our Patients at ANC

We love hearing from you! Here are a few recent patient testimonials we wanted to highlight.



Lana
10 reviews



★★★★★ 8 months ago

Very impressed by the staff and also with Dr. Elijah Lachey. As a new doctor at the office, I was impressed by him and the medical assistant that checked me in. **Knowledgeable**, ability to explain and very kind.



rian
3 reviews



★★★★★ 2 months ago

This place is awesome! I dealt with daily migraines for 4 years and saw many different doctors. The staff here found treatment that finally helped me



Michelle
Local Guide · 23 reviews



★★★★★ 4 months ago

Dr. Dasari is very knowledgeable, easy to talk to and shows that he really cares. I would refer anybody to Advanced neurology. Thank you.



Hover to react



John
10 reviews



★★★★★ 8 months ago

Great practice. Every provider, nurse, and admin staff have not only been extremely knowledgeable but **really delightful to receive care from**. I'm really glad they operate how they do and I've had many numerous positive health outcomes due to their approaches and proactiveness in my treatment.

Thank you for reading!

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