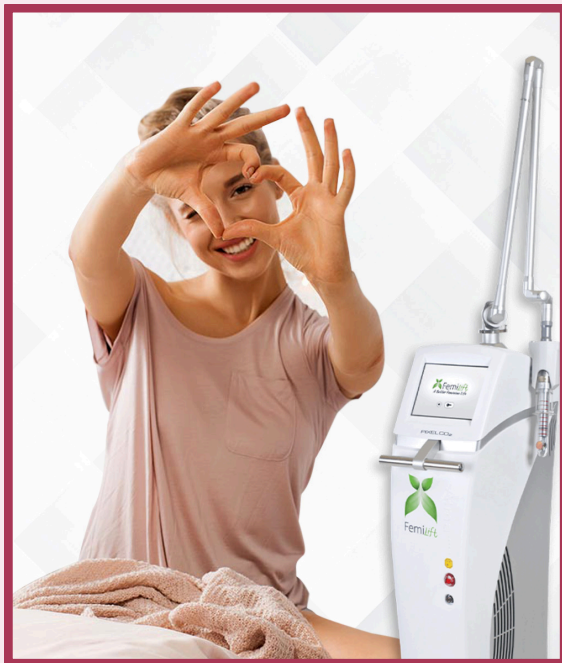


## ENJOY A BETTER FEMININE LIFE

### *Quick, Easy, & Painless*

- Help relieve painful sex
- Improves urinary incontinence
- Helps reduce recurring infections
- Helps restore pH balance in the vagina
- 100% safe
- FDA-approved
- Cutting-edge technology
- Clinically proven results
- Quick, in-office procedure
- No surgery needed
- Minimal downtime



## ABOUT US

Led by Dr. Hannah Shehata, MHA provides top-tier medical care for women. Our office specializes in gynecologic care for women ages 35–70 years old. Our goal is to help women be the best version of themselves inside and out.

We recognize that female sexual health concerns are often brushed aside, especially as women get older. Therefore, MHA specializes in treating women who are in menopause and/or going through the changes of menopause. Our office offers innovative treatments for urinary leakage, loss of sexual desire, decreased sexual sensitivity, and painful sex. We also offer hormone replacement therapy.



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# MHA

## MURRIETA HEALTH & Aesthetics

### STATE-OF-THE-ART VAGINAL REJUVENATION



*Emphasizing Female Sexual Health*

WWW.MHA4WOMEN.COM

## VAGINAL ISSUES? YOU ARE NOT ALONE!

- 33% of women experience bladder leakage when they laugh, sneeze, or workout.
- 40% of women experience loss of sexual sensation due to vaginal looseness after childbirth.
- 50% of women suffer from vaginal dryness irritation and painful sex after menopause.

## WHY CONSIDER VAGINAL REJUVENATION?

Vaginal rejuvenation restores sexual comfort by increasing vaginal lubrication and reducing dryness. Improved lubrication lessens the tearing sensation (feeling of broken glass) that many women experience during sex after menopause. It also strengthens the urethra to reduce urinary leakage, rebalances the vaginal pH to prevent infection, and stops the feelings of constant vaginal irritation..

## WHAT IS FEMILIFT?

The FemiLift is an FDA-approved CO2 laser that rejuvenates the vaginal walls. The laser treatment stimulates collagen and elastin production. This improves blood flow to the vagina, and strengthens the vaginal walls. The FemiLift promotes stronger and healthier tissue, restores vaginal lubrication, and improves sexual comfort.

## WHAT DOES FEMILIFT TREAT?



- Painful Sex: Helps restore sexual comfort and reduce pain during intercourse. Women who described sex as feeling like broken glass or sandpaper feel significantly more comfortable after just three treatments.
- Stress Urinary Incontinence (SUI): Improves bladder control by strengthening the urethra.
- Vaginal Atrophy: Alleviates symptoms of constant vaginal irritation by improving vaginal lubrication.
- Recurrent Vaginal and Urinary Infections: Reduces infections by restoring the vagina's normal pH.
- Post-Surgery Recovery: Accelerates the healing process after a hysterectomy or vaginal surgery by promoting collagen production.
- Vaginal Laxity: Restores sexual sensitivity by thickening and toning the vaginal walls.
- Postpartum Recovery: Aids in the restoration of vaginal tightness and lessens urinary leakage after childbirth.

## IS THE FEMILIFT EFFECTIVE?

Yes! In clinical studies, 90% of women reported improvement in their symptoms of vaginal dryness, urinary leakage, and painful sex in as little as three treatments.

We recommend 3-5 treatments, depending on your individual situation. Results typically last 1-2 years. A touch up treatment every year will help you maintain your results.

## HOW IS FEMILIFT DIFFERENT?

Most vaginal rejuvenation treatments use a vaginal probe that heats the vaginal tissue to tighten the vaginal walls. However, most other treatments do not restore vaginal health. Additionally, they are imprecise, can be painful, and can lead to vaginal burns. The FemiLift is the only FDA-approved CO2 laser that delivers controlled thermal energy to stimulate collagen production, which is the key to vaginal health.

## HOW DOES FEMILIFT WORK?

The FemiLift is a 20 minute in-office procedure that is performed by a licensed medical provider. A thin vaginal probe is inserted into the vagina. The probe delivers painless CO2 energy to the vaginal walls in a 360-degree fashion. The process is quick, involves minimal discomfort, and is similar to a pelvic exam.