

STREETWISE"

WHAT IS THE CIRCLE?

A private, selective community for high-performers who live by **'The Standard.'** Designed for those at the **highest level,** focusing on physical, mental, and personal **growth.**

Sessions are curated and led by **trusted performance professionals**, from **world-class** strength coaches to **breath work**, **recovery**, **and mindset** specialists. Each element is designed to **test character under pressure** and **expand perspective** around the table.

WHO IS IT FOR?

High-performing individuals in:

- Property Sport Finance
- Creativity Business Investments

ACTIVITIES

- Boxing Padel Cold Plunge
- Breathwork Journaling Weight training Sprint runs

APPLY → TRAIN → CONNECT → LEAD

STREETWISE"

NON NEGOTIABLES

- 3L water daily No food after 8:30 PM No phone after 9 PM
 - Read 15 mins daily 10,000 steps daily High protein diet
- No smoking 📕 Journaling 10 mins daily 📕 Breathwork 10 mins daily
 - Sauna/Cold plunge 3x weekly Weight training 3x weekly
 - Cardio 2x weekly Prioritise sleep Limited to no alcohol

BENEFITS

ACCESS TO CIRCLE EVENTS

Padel, boxing, 6AM sprints, resets.

PERSONAL BRAND SPOTLIGHT

Films, socials, press.

EARLY ACCESS TO EXCLUSIVE KIT

Hoodies, socks, journals.

ACCESS TO A COMMUNITY OF HIGH PERFORMERS,

Connected to the inner movement for collaboration and connection.

STREETWISE

We've got the scars.
That's why our standards are non negotiable.

Apply Now