



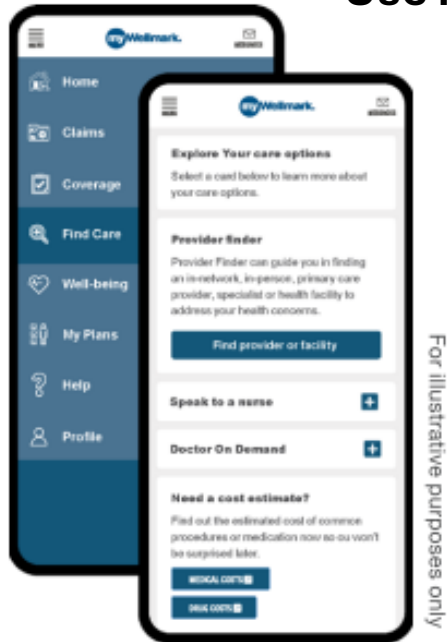
Value Added Benefits

Take advantage of the amazing benefits available to employees through our service providers!

myWellmark

Online & Mobile Application

Use myWellmark to better understand and get the most from your insurance benefits!



With myWellmark, you can:

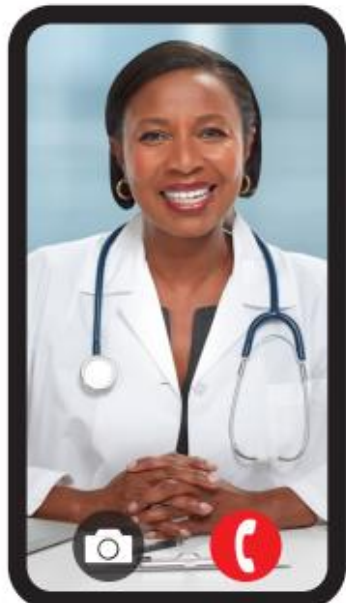
- Estimate your cost of care for procedures before you go
- Search for in-network providers
- View detailed claims information
- Visit the usage page to see how you are using your benefits
- Find mental health resources
- And so much more!

Visit mywellmark.com to utilize the desktop website or search for and download the Wellmark app if you prefer a mobile experience!

Wellmark Value-Adds

Getting the Most from Your Insurance

Virtual Visits



dr. on demand

24/7 virtual access to a board-certified physician!

Examples of when to use Doctor on Demand:

- Cold and flu
- Sinus infection
- Pink eye
- Poison ivy
- And many others!

Access through the myWellmark website or app!

BeWell 24/7

24/7 telephonic access to get health-related questions answered!

- Get answers to health questions from nurses
- Locate in-network doctors
- Know the best place to go for care
- Get decision-making support
- Find guidance for complex health issues

Contact the BeWell 24/7 team by calling 844-842-3935



Wellmark Value-Adds

Getting the Most from Your Insurance



Blue365

Savings are just a click away!

For example:



APPAREL AND FOOTWEAR. Save up to 20 percent on Reebok® shoes or 30 percent on Skechers®.



FITNESS. Get access to a network of gyms near you and virtual classes for as low as \$19.99 per month. Plus, track your health with discounted wearables from FitBit®, Garmin® and Polar®. If you'd rather work out at home, you can save up to 40 percent on bikes, rowers, and treadmills.



HEARING AND VISION. Save an average of \$1,000 on LASIK eye surgery. Or, get discounts on eyeglass and frames, and up to 60 percent off hearing aids.



HOME AND FAMILY. Get up to \$2,000 off closing costs through Rocket Mortgage®. Or, make sure your pet's health is covered with 10 percent off pet insurance.



NUTRITION. Eat well for less by saving \$200 in food purchases through Jenny Craig® or 50 percent off all Nutrisystem auto-delivery program orders.



TRAVEL. Travel for less with 20 percent off Fairmont Hotels and Resorts.

Access Blue365 by going to [Wellmark.com/Blue365](https://www.Wellmark.com/Blue365)

Identity Theft Protection

Gain priceless peace of mind by enrolling in free identity theft protection!

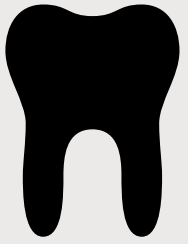
Wellmark members have access to identity theft protection offered in partnership with IDX

The identity theft protection includes:

- Monitor your credit record
- Keep track of your online activity 24 hours a day, seven days a week
- Have access to complete identity recovery if fraudulent activity is found

Enroll in the identity theft program by selecting Identity Protection once logged into the myWellmark portal





Dental Plan Added Features

Getting the Most from Your Insurance

Receive additional oral health services!

If you have one of the following health conditions you are eligible for additional dental exams/cleanings:

- Cancer
- Diabetes
- Cardiac Conditions
- Kidney Failure
- Periodontal Disease
- Pregnancy
- Suppressed Immune System

Note! that you must sign up for this program by completing the Blue Dental Plans Extra Dental Benefits Enrollment Form found on wellmark.com

Increase your dental annual benefit maximum!

You can carry over a portion of unused annual maximum dollars from one benefit period to the next – allowing you to save for more extensive and costly dental treatments in subsequent years!

Note! To be eligible, you must be enrolled in the plan for a full year, have at least one preventive service during the year, and has less than \$625 in total claims paid in a year

Did you know your preventive dental visits don't count towards your annual benefit max?

The Polk County dental plan provides you with two preventive dental visits per year – at no cost to you! These do not apply to the annual benefit maximum.

Avesis Value Adds

Getting the Most from Your Insurance

Lasik Discount

For those enrolled in the vision plan, receive a discount on Lasik!

- Receive up to a 25% discount for Lasik eye procedures when utilizing a Qualsight Lasik eye surgeon.
- The vision plan also includes a onetime/lifetime reimbursement of \$150 for laser eye surgery

Hearing Aid Discount



With Amplifon, you can save an average of 66% off retail², and Amplifon offers free financing to those that qualify.



Risk-free, 60-day trial – a 100 percent money-back guarantee if you are not completely satisfied with your hearing aid



Comprehensive service program – one year of unlimited follow-up care from a participating Amplifon provider, two years of free batteries, and a three-year warranty with protection from loss or damage

For more information visit

www.amplifonusa.com/lp/avesis or call 844-366-0039

Principal Retirement Plan Added Features

Principal® Milestones

Take the next step – A small action today can help lead to a more secure future tomorrow.

To get started, visit principal.com/Milestones and log into your account to check out the holistic financial resources.

Visit Enrich to learn about:

- Downsizing debt
- Paying off student loans
- Building a Budget
- Saving for retirement
- Understanding your credit score
- Buying a home

Visit ARAG

If you have been putting off preparing a will, you're not alone. But now you can make it happen with ARAG – at no cost to you. You can also prepare healthcare power of attorney, IPAA authorization, durable power of attorney and more legal documents.



The Standard Value Adds

Getting the Most from Your Insurance

Life Services Toolkit

**Bereavement support,
including funeral planning and other beneficiary
support**

- The toolkit provides a variety of support including grief support counseling, legal services, and identity theft prevention
- Holistic funeral assistance with access to a wide range of resources
- Estate and financial planning resources are available on-demand

Travel Assistance

**Enhanced security for your leisure
and business trips!**

- Easy to use mobile app that provides worldwide travel alerts and an easy to use embassy locator.
- Personal support to assist with locating missing or stolen items, legal assistance and/or translation services
- Emergency assistance in relation to a medical event as well as evacuation assistance in the event of a political or natural disaster

Employee Family Resources

Your Employee Assistance Program is a toolbox of free and confidential services for you and your family to help build a happier, healthier life.

Phone-Based Support *(unlimited)*

Call anytime you have an issue, concern, or question.

In-Person or Telehealth Counseling *(3 sessions)*

Arrange counseling sessions near your home or work

Togetherall *(as needed)*

Join an online community that offers an anonymous space to connect with others and access self-help resources.

Virtual Life Coaching *(3 sessions)*

Unlock your potential and achieve your goals with the expert guidance of a certified life coach.

Virtual First Responder Coaching *(3 Sessions)*

Partner with a trained coach from the first responder community for guidance and support on the unique challenges first responders face.

Telephonic Financial Consultation *(1-30 minute session per issue)*

Access a library of financial resources at efr.org/financial

In-Person or Telephonic Legal Consultation *(1-30 minute session per issue)*

Meet with a licensed attorney and access self help legal documents at efr.org/legal

Child/ Eldercare Resources *(As Needed)*

Telephonic consultations and tailored lists of vetted local resources.

Identity Theft Resolution Services *(As Needed)*

Receive assistance with restoring identity and good credit from a highly trained FSCRA certified fraud resolution specialist or licensed attorney

Call (800) 327-4692 to Access Your Services

