

Blue Access for Members[™]

Puts your health care at your fingertips

BAMSM gives you simple online access to information about your health benefits. Log in from your desktop, laptop or mobile device. View your coverage details whenever you want and wherever you are.

Coverage

See benefit highlights for your medical, dental and pharmacy plans.

Claims

Quickly view claims summaries or download your Explanation of Benefits.

Wellness

Take control of your wellbeing with preventive care guidelines, information and health tips for managing health conditions and living a healthier life.

Find Care

Find in-network doctors, hospitals and other health care providers quickly and easily.

Spending

Keep track of your deductible and out-of-pocket expenses.

Member ID Card

Once you've registered, you can view, print or download your member ID card.





It's easy to get started.

Scan the QR code or go to **bcbsok.com** to register. **Get BAM to go:** Text **BCBSOKAPP** to **33633*** to get the app.

^{*}Message and data rates may apply. See terms and conditions and our privacy policy at bcbsok.com/member/account-access/mobile/text-messaging.