

balls food stores

Medical Insurance Wellness Discount

Discounts are worth \$2080 for Teammate only or
\$4160 for Teammate and Spouse each year.

DEADLINE JULY 31, 2025

Steps to take in 2025 to earn you 2026 Start Now Wellness discounts!

STEP

1

Complete the Know Your Numbers (KYN) Questionnaire (survey).

Download the **Wellworks For You** App or scan the QR codes below or visit
<https://www.wellworksforyoulogin.com/>



STEP

3

If Required, Enroll in Your Health Programs **By July 31, 2025**

If you are required to participate in a Health Program, it will appear on your Wellworks For You Action List and a Start Now pharmacist will reach out to you.

Note: Health Program requirements may be added throughout the program year based on your health conditions

LOGIN

TEAMMATES:

Username: BFS + your employee ID (e.g. BFS123456)

Password: Your date of birth in format (MMDDYYYY)

Example: 01011999

SPOUSE/DOMESTIC PARTNER:

Username: BFS + your employee ID + THE LETTER S (e.g. BFS123456S)

Password: Your date of birth in format (MMDDYYYY)

Example: 02021995

Learn more about other Start Now Wellness Program offerings or Spanish forms here:

<https://ballsfoods.com/benefit-type/start-now-wellness->

STEP

2

Complete Your KYRKYN Biometric Screening

Available screening options:

- In-store screening events (March-May)
- With your primary care provider

To make a screening appointment, please scan this QR code:

Or visit:

<https://ballsfoods.com/benefit-type/kyrkyn-screening-events/>



Have a question about getting started?

Call 800-425-4657, select option 3 to speak to a member of the Wellworks For You team