

HIGH DEDUCTIBLE HEALTH PLAN

Schedule of Benefits for Individuals and Families

THIS SCHEDULE IS INTENDED TO BE USED TO HELP YOU COMPARE COVERAGE BENEFITS AND IS A SUMMARY ONLY. THE CONTRACT SHOULD BE CONSULTED FOR A DETAILED DESCRIPTION OF COVERAGE BENEFITS AND LIMITATIONS.



This is a comprehensive health coverage plan that includes hospitalization, medical and prescription benefits. Alfa® Health Plans uses the UnitedHealthcare Choice Plus Network of providers. Please keep in mind that In-Network payments are based on negotiated fees; if an Out-of-Network provider is used, the individual's liability will increase significantly.

	In-Network	Out-of-Network
CALENDAR YEAR DEDUCTIBLE (CYD)¹ - Unless otherwise indicated, all benefits are subject to the CYD - Family Deductible can be satisfied by one or more covered individual during a calendar year - In-Network and Out-of-Network deductibles are met separately	\$2,250 Per Individual \$3,750 Per Individual \$4,500 Per Family \$7,500 for 2-person, 3-person or Family with 4+ Individuals	\$2,250 Per Individual \$3,750 Per Individual \$4,500 Per Family \$7,500 for 2-person, 3-person or Family with 4+ Individuals
OUT-OF-POCKET (OOP) MAXIMUM² - Family OOP maximum can be satisfied by one or more covered individual during a calendar year - Once the OOP maximum is met, eligible benefits are provided at 100% for the remainder of the calendar year - Applies to eligible In-Network provider services only	\$2,250 CYD: \$4,500 \$3,750 CYD: \$5,625 \$4,500 CYD: \$9,000 \$7,500 CYD: \$11,250	Unlimited

LIFETIME BENEFIT MAXIMUM

Unlimited

Services

	In-Network		Out-of-Network	
COINSURANCE (After CYD and based on maximum allowable charge)	Plan Pays	Your Responsibility	Plan Pays	Your Responsibility
	80%	20%	60%	40%
PREVENTATIVE CARE BENEFITS (Subject to CYD)	Plan Pays	Your Responsibility	Plan Pays	Your Responsibility
Well Child Services ³	80%	20%	Not Covered	
Routine Colonoscopy ⁴	80%	20%	60%	40%
Annual Routine PSA ⁵	80%	20%	60%	40%
Annual Routine OB/GYN Exam ⁶	80%	20%	Not Covered	
Annual Routine Pap Smear ⁷	80%	20%	60%	40%
Mammogram ⁸	80%	20%	60%	40%
PRESCRIPTION DRUG COVERAGE⁹ (Subject to CYD)	Plan Pays	Your Responsibility	Plan Pays	Your Responsibility
- Generic And Brand Prescriptions - Unlimited Calendar Year Maximum Per Individual - Home Delivery Services Are Available	80%	20%	60%	40%

TELADOC

Individual must pay 100% of current Teladoc consultation fee until CYD is met. Once CYD is met, no consultation fee for Teladoc.

FOOTNOTES

1. Deductible – the dollar amount of covered services that must be incurred and paid first by an individual each calendar year before plan benefits begin.
2. Once the OOP maximum is met, benefits are provided at 100% for an individual for the remainder of the calendar year. This applies to In-Network provider services only. There is no out-of-pocket maximum when Out-of-Network providers are used.
3. Benefits are available, subject to deductible and coinsurance, for an individual under the age of 7 (on plan deductibles \$4,500 and \$7,500) for physical examinations and appropriate immunizations/vaccinations when services are rendered by an In-Network provider. Exams not used during the time periods below do not carry over to the next time period.

Age	Number of exams
Under age 1	Four exams from birth to the child's first birthday
Age 1	Two exams from the child's first birthday to the child's second birthday
Age 2 through 6	One exam per year (determined by the child's birthday)

4. Benefits will be provided for one routine colonoscopy every ten years for individuals age 45 and older when provided by an In-Network or Out-of-Network provider, subject to the deductible and coinsurance.
5. Benefits will be provided, subject to deductible and coinsurance, for one routine PSA per calendar year when services are rendered by an independent laboratory or other outpatient setting.
6. Benefits will be available for one routine OB/GYN exam per calendar year, subject to deductible and coinsurance. Services must be rendered by an In-Network physician's office and billed by the In-Network provider. Related pathology, including pap smear, which is provided as a part of the routine OB/GYN exam, will be covered when the services are rendered by an In-Network physician's office and billed by the In-Network provider. Related pathology that the physician sends to an independent laboratory will be subject to deductible and coinsurance. No benefit is available for routine OB/GYN exams provided by an Out-of-Network provider.
7. Benefits will be provided for the interpretation of one routine pap smear per calendar year when services are rendered by an independent laboratory or other outpatient setting, subject to deductible and coinsurance.
8. For routine mammography screening provided such examinations are conducted upon the recommendation of the individual's physician. One baseline routine mammogram will be allowed for individuals between the ages of 35-39. One routine mammogram will be allowed annually for individuals age 40 and above. All routine mammography screens are subject to deductible and coinsurance.
9. Benefits will be provided, subject to deductible and coinsurance.

MATERNITY BENEFITS

Maternity benefits will be available after an individual's coverage on a 2-person, 3-person or family contract has been in effect for nine consecutive months. Individual coverage has NO maternity benefits.

PRE-EXISTING CONDITION WAITING PERIOD

Benefits will not be provided for any pre-existing condition until an individual has completed a waiting period of at least 12 months. A pre-existing condition is defined in the contract as "An illness, injury, pregnancy or any other medical condition which existed at any time preceding the effective date of coverage under this contract for which: Medical advice or treatment was recommended by or received from a provider of health care services, or symptoms existed which would cause an ordinarily prudent person to seek diagnosis, care or treatment."