



This is a comprehensive health coverage plan that includes hospitalization, medical and prescription benefits. Alfa® Health Plans uses the UnitedHealthcare Choice Plus Network of providers. Please keep in mind that In-Network payments are based on negotiated fees; if an Out-of-Network provider is used, the individual's liability will increase significantly.

CALENDAR YEAR DEDUCTIBLE (CYD) (Unless otherwise indicated, all benefits are subject to CYD)	\$3,000 Per Individual \$6,000 Per Individual		
	In-Network	Out-of-Network	
OUT-OF-POCKET (OOP) MAXIMUM			
 Once the OOP maximum is met, eligible benefits are provided at 100% for an individual for the remainder of the calendar year 	\$3,000 CYD: \$10,000 Per Individual	Unlimited	
This applies to In-Network provider services only	\$6,000 CYD: \$20,000 Per Individual		
 Copayments do not apply to the OOP and must still be paid after the OOP is met 			

LIFETIME BENEFIT MAXIMUM

Unlimited

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	Services	S		
	In-Network		Out-of-Network	
OFFICE VISIT	\$3,000 CYD: \$45 Copay* Per Visit		CYD/Coinsurance	
(Not subject to CYD)	\$6,000 CYD: \$45 Copay* Per Visit			
TELADOC (Not subject to CYD)	\$0 Copay Per Visit		No Coverage	
COINSURANCE	Plan Pays	Your Responsibility	Plan Pays	Your Responsibility
(After CYD and based on maximum allowable charge)	80%	20%	60%	40%
PREVENTATIVE CARE BENEFITS (No waiting period; In-Network benefits not subject to CYD)	Plan Pays	Your Responsibility	Plan Pays	Your Responsibility
Preventative Health Exam ¹	100%	0%	60%	40%
Annual Well Woman ²	100%	0%	60%	40%
Routine Colonoscopy ³	100%	0%	60%	40%
Annual Routine PSA ⁴	100%	0%	60%	40%
PRESCRIPTION DRUG COVERAGE	Plan Pays	Your Responsibility	Plan Pays	Your Responsibility
Generic - 30 day supply	All But Copay	\$4 Copay⁵	60%	40%
Brand - Subject to deductible	80%	20%	60%	40%
 Unlimited Calendar Year Maximum Per Individual 				

EMERGENCY ROOM SERVICES

(Not resulting in admission)

\$300 Deductible Per Visit (In addition to CYD and Coinsurance)

DENTAL - (No waiting periods)

Pediatric (Under Age 19)

- Preventative service as outlined by the United States Preventative Task Force (USPTF) and the Health Resources and Service Administration (HRSA)
- Other eligible dental services subject to CYD and coinsurance
- · Limited orthodontic care

Age 19 and Over

- There is a \$45 copay for preventative and restorative services
- Maximum benefit per calendar year is \$500

VISION -

Pediatric (Under Age 19)

Benefits include eye exams, eyeglasses and contact lenses

- No waiting period
- Eye exams are covered at 100% once every calendar year, no dollar limit
- Eyeglass frames, lenses or contact lenses are covered once every calendar year at 100% up to a maximum of \$100 per individual, not subject to deductible and coinsurance

Age 19 and Over

Benefits include eye exams, eyeglasses and contact lenses

- Eye exams are covered once every calendar year with a limit of \$40
- Eyeglass frames, lenses or contact lenses are covered once every calendar year at 100% up to a maximum of \$100 per individual, not subject
 to deductible and coinsurance

FOOTNOTES

- 1. Preventative health exam for adults and children, including associated services, are provided by a physician, either directly during the exam or through appropriate referrals including:
 - · Screenings and counseling services with an A or B recommendation by the United States Preventative Services Task Force (USPSTF)
 - Bright Futures recommendations for infants, children and adolescents supported by the Health Resources and Services Administration (HRSA)
 - Preventative care and screening for women as provided in the guidelines supported by HRSA, and Immunizations recommended by the Advisory Committee of Immunization Practices (ACIP) that have been adopted by the Centers for Disease Control and Prevention (CDC)
- 2. Annual Well Woman:
 - Routine well woman preventative exam office visit
 - · Cervical cancer screening
 - · Screening mammography at age 40 and older, with one baseline mammogram between the ages of 35-39
 - · Other USPSTF screenings with an A or B rating
 - Pap smears
 - Bone density measurement screening
- 3. One routine colonoscopy every ten years for individuals age 45 and older
- 4. Prostate cancer screening for men age 50 and older
- 5. Prescription copayments do not apply toward deductibles or out-of-pocket maximums

*OFFICE COPAYMENT GUIDELINES

Copayments will be applied to each office visit for the covered services performed in the office and provided and billed by a physician who is an In-Network provider. The remaining charges for covered services rendered during the office visit will be paid at 100% of the maximum allowable charge. If a physician who is an Out-of-Network provider is utilized for covered services, benefits will be determined on the basis of an Out-of-Network coinsurance percentage after deductible is met.

Copayments do not apply to the following services: advanced radiological imaging, allergy testing and injections, biopsy interpretation, bone density testing, cardiac diagnostic testing, chemotherapy services, chiropractic services, complex diagnostic services, dental services except preventative and restorative for all individuals age nineteen (19) and over, diagnostic services sent out, durable medical equipment, growth hormone injections, IV therapy, Lupron injections, mammography, maternity services, nerve conduction studies, neuropsychological or neurological tests, nuclear cardiology, nuclear medicine, orthotics, preventative services as indicated in the contract, prosthetics, provider administered specialty pharmacy products, sleep studies, surgery performed in a physician's office and related surgical supplies, Synagis injections, therapeutic/rehabilitative/habilitative services, ultrasounds and vision services. These services are subject to the terms and conditions of the contract and deductibles and coinsurance will apply except where otherwise indicated. Copayments will not be applied to the deductibles or basis of an Out-of-Network.

MATERNITY BENEFITS

Maternity benefits will be eligible as long as the pregnancy is not considered a pre-existing condition.

PRE-EXISTING CONDITION WAITING PERIOD

Benefits will not be provided for any pre-existing condition until an individual has completed a waiting period of at least six months. A pre-existing condition is defined in the contract as "An illness, injury, pregnancy or any other medical condition which existed at any time preceding the effective date of coverage under this contract for which: Medical advice or treatment was recommended by or received from a provider of health care services, or symptoms existed which would cause an ordinarily prudent person to seek diagnosis, care or treatment."