

MAJOR MEDICAL

Schedule of Benefits for Individuals and Families

THIS SCHEDULE IS INTENDED TO BE USED TO HELP YOU COMPARE COVERAGE BENEFITS AND IS A SUMMARY ONLY. THE CONTRACT SHOULD BE CONSULTED FOR A DETAILED DESCRIPTION OF COVERAGE BENEFITS AND LIMITATIONS.



This is a comprehensive health coverage plan that includes hospitalization, medical and prescription benefits. Alfa® Health uses the UnitedHealthcare Choice Plus Network of providers. Please keep in mind that In-Network payments are based on negotiated fees; if an Out-of-Network provider is used, the individual's liability will increase significantly.

CALENDAR YEAR DEDUCTIBLE (CYD)¹ \$7,500 Per Individual
(Unless otherwise indicated, all benefits are subject to the CYD)

In-Network		Out-of-Network
OUT-OF-POCKET (OOP) MAXIMUM²		Unlimited
- Once the OOP maximum is met, eligible benefits are provided at 100% for an individual for the remainder of the calendar year - This applies to In-Network provider services only	\$15,000 Per Individual	
	\$30,000 Per Family	

LIFETIME BENEFIT MAXIMUM Unlimited

Services				
In-Network			Out-of-Network	
COINSURANCE (After CYD and based on maximum allowable charge)	Plan Pays	Your Responsibility	Plan Pays	Your Responsibility
	80%	20%	60%	40%
PREVENTATIVE CARE BENEFITS (Subject to CYD)	Plan Pays	Your Responsibility	Plan Pays	Your Responsibility
	80%	20%	Not Covered	
	80%	20%	60%	40%
	80%	20%	60%	40%
	80%	20%	Not Covered	
	80%	20%	60%	40%
	80%	20%	60%	40%
PRESCRIPTION DRUG COVERAGE⁹ (Subject to CYD)	Plan Pays	Your Responsibility	Plan Pays	Your Responsibility
	All But Copay	\$4 Copay ⁹	60%	40%
	80%	20%	60%	40%
	Unlimited Calendar Year Maximum Per Individual			
TELADOC (Not subject to CYD)			\$0 Copay Per Visit No Coverage	

FOOTNOTES

1. Deductible – the dollar amount of covered services that must be incurred and paid first by an individual each calendar year before plan benefits begin.
2. Once the OOP maximum is met, benefits are provided at 100% for an individual for the remainder of the calendar year. This applies to In-Network provider services only. There is no out-of-pocket maximum when Out-of-Network providers are used.
3. Benefits are available, subject to deductible and coinsurance, for an individual under the age of 7 for physical examinations and appropriate immunizations/vaccinations when services are rendered by an In-Network provider. Exams not used during the time periods below do not carry over to the next time period.

Age	Number of exams
Under age 1	Four exams from birth to the child's first birthday
Age 1	Two exams from the child's first birthday to the child's second birthday
Age 2 through 6	One exam per year (determined by the child's birthday)

4. Benefits will be provided for one routine colonoscopy every ten years for individuals age 45 and older when provided by an In-Network or Out-of-Network provider, subject to the deductible and coinsurance.
5. Benefits will be provided, subject to deductible and coinsurance, for one routine Prostate-Specific Antigen (PSA) per calendar year when services are rendered by an independent laboratory or other outpatient setting. Prostate cancer and PSA screening for men age 50 and older and men at high risk for prostate cancer who are over 40 years of age will not be subject to deductible or coinsurance.
6. Benefits will be available for one routine OB/GYN exam per calendar year, subject to deductible and coinsurance. Services must be rendered by an In-Network physician's office and billed by the In-Network provider. Related pathology, including pap smear, which is provided as a part of the routine OB/GYN exam, will be covered when the services are rendered by an In-Network physician's office and billed by the In-Network provider. Related pathology that the physician sends to an independent laboratory will be subject to deductible and coinsurance. No benefit is available for routine OB/GYN exams provided by an Out-of-Network provider.
7. Benefits will be provided for the interpretation of one routine pap smear per calendar year when services are rendered by an independent laboratory or other outpatient setting, subject to deductible and coinsurance.
8. Benefits will be provided, subject to deductible and coinsurance, for routine mammography screening provided such examinations are conducted upon the recommendation of the individual's physician. One baseline routine mammogram will be allowed for individuals between the ages of 35-39. One routine mammogram will be allowed annually for individuals age 40 and above. All routine mammography screens are subject to deductible and coinsurance. Supplemental Breast Examination and Diagnostic Breast Examination will not be subject to deductible or coinsurance.
9. Prescription copayments do not apply toward deductible or out-of-pocket maximum.

MATERNITY BENEFITS

Maternity benefits will be available after an individual's coverage on a family contract has been in effect for nine consecutive months. Individual coverage has NO maternity benefits.

PRE-EXISTING CONDITION WAITING PERIOD

Benefits will not be provided for any pre-existing condition until an individual has completed a waiting period of at least 12 months. A pre-existing condition is defined in the contract as "An illness, injury, pregnancy or any other medical condition which existed at any time preceding the effective date of coverage under this contract for which: Medical advice or treatment was recommended by or received from a provider of health care services, or symptoms existed which would cause an ordinarily prudent person to seek diagnosis, care or treatment."