



Where kids grow into

CHAMPS

School Fitness Partnership Program

Bringing Fitness Directly to Your Campus



THE PROGRAM

Combo Fit is a fitness program for ages 2–12 that combines fitness and martial arts-inspired movement with upbeat music and interactive games to create a fun, non-contact workout kids love.



Combo Fit brings fitness and health directly into your classrooms.



For parents, it means their children can enjoy the benefits of a fitness program without extra driving, scheduling, or stress. Everything happens at school, making healthy activity easy and accessible for every family.



We don't just add a class, we create a positive experience that strengthens your school community.



THE PROGRAM

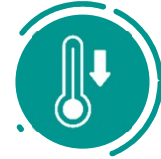
Warm-Up:

Fun stretches and light cardio to get kids moving and ready



Games & Challenges:

Interactive activities that build teamwork, confidence, and persistence



Skills Building:

Music-powered workout with fitness and martial arts inspired exercises that improve coordination, focus, confidence and strength.



Cool-Down:

Breathing and reflection to reset for the day

We don't just add a class,
we create a positive experience that
strengthens your school community





Shaping Students With CHAMPS

CHAMPS is the heart of our program
teaching values that students carry beyond the classroom.

C

CONFIDENT

H

HEALTHY

A

ACHIVING

M

MINDFUL

P

PERSEVERANT

S

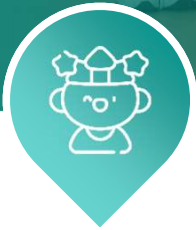
STRONG

Empowering kids
CHAMPS for a lifetime

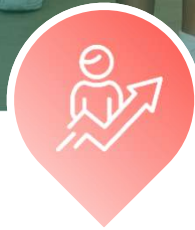


CHAMPS Journey

Kids stay motivated when they can see their progress. With CHAMPS, every color level and star celebrates their effort, focus, and achievement. Making growth fun and exciting.



Color levels show advancement and keep kids excited.



Stars reward consistency and personal growth.



Recognition builds confidence, teamwork, and perseverance.



This system keeps kids motivated, engaged, and proud of their progress—while building lasting healthy habits.

1

EMERGING CHAMP



2

RISING CHAMP



3

MIGHTY CHAMP



4

ALL-STAR CHAMP



5

TITAN CHAMP



6

SUPER CHAMP



7

EPIC CHAMP



8

LEGENDARY CHAMP



9

ULTIMATE CHAMP





WHY PARTNER WITH US

Supports Student Success

Active students return to class more focused, engaged, and ready to learn.



Parent Satisfaction & Engagement

Families value enrichment built into the school day, helping your school stand out.



School Enrichment Program

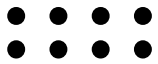
Designed to fit seamlessly into the day without demands on staff or budget.



Community Engagement

Shows parents that the school invests in student wellness and enrichment.





WHAT WE PROVIDE

Our partnership includes a variety of ways to support your school community:



Assemblies

Assemblies focused on fitness, goal setting, and health & safety, while reinforcing the values and messages most important to your school.



Events

Adding excitement to school events, festivals, and Jog-A-Thons with interactive booths and activities.



Classroom Talks

Helping teachers address classroom challenges through targeted talks and resources.



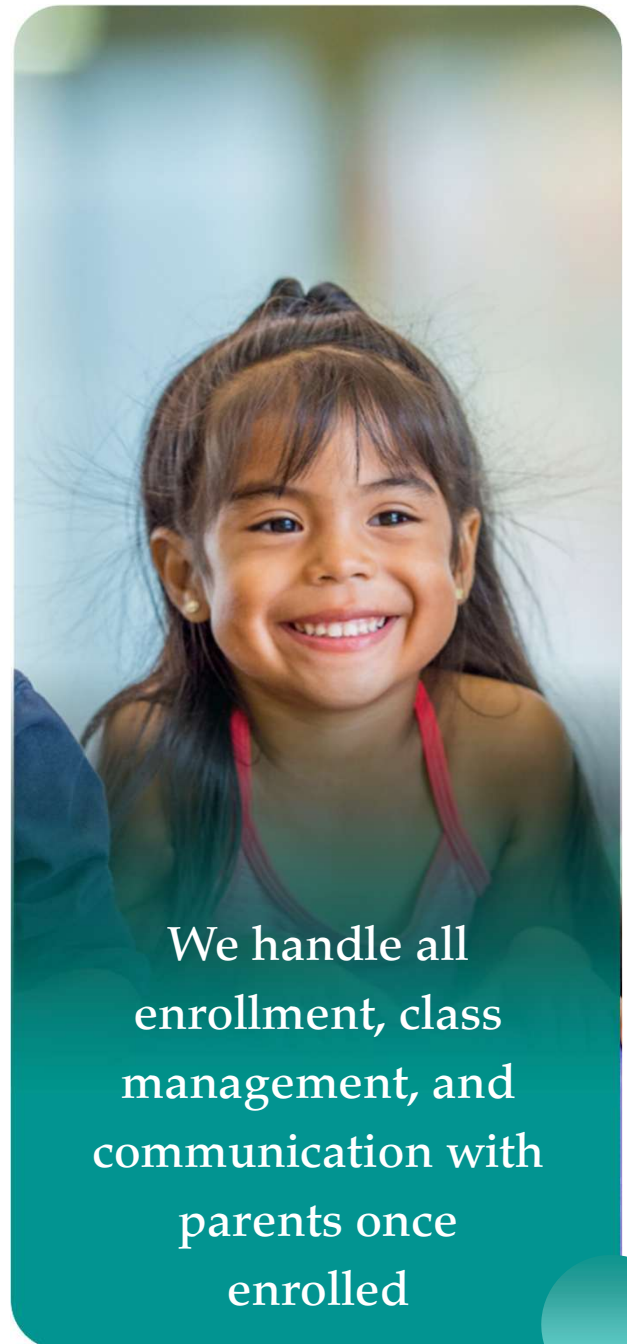
Teacher Support

Providing added support so teachers have extra reinforcement of their expectations.



Staff Bonding Workshops

Strengthening staff relationships with engaging and collaborative activities.



We handle all
enrollment, class
management, and
communication with
parents once
enrolled

THE POWER OF MOVEMENT

Movement isn't just about exercise
It transforms the way students learn and grow.



CHILD DEVELOPMENT

Confidence, teamwork, and resilience built through movement carry into academics and life.



HAPPIER FAMILIES

Active kids tend to have improved emotional regulation and attention spans — making homework, routines, and communication easier for parents.



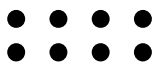
SHARPER FOCUS & MEMORY

Active minds start with active bodies. Movement improves focus, memory, and learning.



CALMER CLASSROOMS

Students return ready to learn, with less restlessness.



SIMPLE FOR SCHOOLS



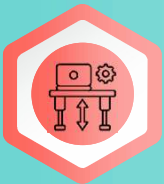
Built Around Your School Day

Combo Fit is designed to fit seamlessly into your school's schedule. Each session is held once a week for 30–40 minutes during the school day, making it easy to integrate without disrupting academics.



Flexible scheduling:

We adapt to your school's calendar mornings, midday, or afternoons



Any space works:

Classes can take place in a multipurpose room, gym, or outdoor space.



We bring it all:

Music, equipment, and energy are provided by us.



No extra work for staff:

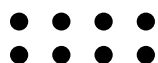
Parents enroll directly, and we handle all communication and payments.



Minimal school needs:

All you provide is the time slot and the space.

HOW TO PARTNER WITH US



1

Confirm Your School's Participation



2

Select A Schedule That Fits Your School



3

Teachers Let Parents Know
We Provide Details & Easy Sign Up



4

Class Starts!
Watch Your Students Grow Into Champs





BRING COMBO FIT TO YOUR SCHOOL



CONTACT US



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