



**CMS | Optimise**  
Job Seeking

# Specialist support to get a new job

## Why use Career Management Services?

Career Management Services (CMS) are specialists in providing career transition support, career coaching and job seeking services. Passionate about helping individuals to achieve their career goals, our consultants draw on extensive recruitment expertise and industry insights, utilising reversed engineered tactics and strategies to make it easy for injured workers to feel supported through the return-to-work (RTW) process.

Through tailored one-on-one coaching, our consultants enable employees with the mindset, skillset and toolkit for greater confidence and certainty to expedite optimal RTW outcomes.

## Benefits of CMS Optimise

CMS Optimise offers specialist job-seeking services tailored for injured workers unable to return to their pre-injury roles. Through one-on-one support with a strengths-based, person-centric career coach, employees are more effectively engaged and motivated to return to work.

Our consultants use reverse-engineered tactics to maximize career potential, providing support from understanding strengths to simplifying the job-seeking process. We expedite positive return-to-work outcomes by preparing professional personal branding documents, offering skills development, and building career confidence. Coaching is designed to engage, enable, empower and optimise an Employability Edge™.



### Provides injured workers with career coaching and well-being support

Positive encouragement through a strengths-based approach to optimise engagement, certainty and confidence through a period of change

### Improved motivation, morale and work-oriented future focus

Coaching can encourage and enable individuals to progress with a *can-do* mindset, skillset and toolkit

### Work with an industry expert to optimise employability

Our consultants will empower workers to identify transferable skills, apply effective actions and target local, current job market opportunities

### Reduced Costs and Improved Outcomes

Personalised support and guidance can expedite more successful, realistic return-to-work outcomes, reducing overall costs

#### CMS Services include:

- Career Assessment and Guidance
- Career Coaching
- Career Planning and Mapping
- CV/Resume Writing and Assistance
- Job Search Support
- LinkedIn Profiles
- Job Board Profiles (Seek, Jora, etc.)
- Selection Criteria Assistance
- Applications and Statements
- Interview Coaching and Preparation
- Personal Branding
- Cover Letters
- Psychometric Testing Preparation

Call the team at Career Management Services to see how we can support your employees or make a referral via [careermanagementservices.com.au/referral](https://careermanagementservices.com.au/referral)



**Career  
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Services**

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