

You're in a fresh food restaurant inspired by the seasons and local everyday meals. Monist's menu changes with the seasons, so the kitchen team is relying on local produce.

The food is served in a modern way, with authenticity based on the products, Lithuanian traditions, and the desire to bring emotion back to the dishes. The restaurant welcomes guests for breakfast, lunch, and dinner.

A la Carte

SOUPS

Monist broth / brown-butter roasted vegetables / shimeji mushrooms

11

Cold beet soup / sorrel water / cucumber brunoise / pickled chicken egg / crispy potato waffle

9

STARTERS

Hamachi / rhubarb ponzu / pickled mustard seeds / rhubarb / salicornia

18

Chicken croquettes / kimchi cream / radishes

9

Rabbit pâté / lovage / black garlic / buckwheat granola / sourdough bread

12

Tomato / cottage cheese and caraway ice cream / strawberries / pickled pearl onions / pistachios and pumpkin seeds

14

Sardines / sorrel / greens / rye bread / buttermilk and dill sauce

12

Green pea and feta doughnuts / yogurt and herb mousse / pickled mustard seeds / dill oil

11

Beef tartare / potato crunch / sourdough bread

18

MAIN COURSES

Uruguayan beef entrecôte / salsa verde /
roasted radishes / parsnip cream

32

Lamb / Jerusalem artichoke cream / salsify /
purple carrot / juniper jus

30

Guinea fowl / perlotto / kohlrabi / sea
buckthorn and carrot cream

25

Oyster mushrooms / leek cream / ponzu /
lightly salted pickles

17

Cabbage / perlotto / whipped burrata /
pine nuts

18

Beefstrogen / potato purée / lightly salted
pickles / fermented jalapeño pepper

22

Sea bass / green pea cream / zucchini /
asparagus / currants

27

Trout / buckwheat pop / burnt onion / parsnip
purée / trout roe / dill cream

24

EXTRA SIDES AVAILABLE

Roasted potatoes with parsnips

5

Butter-sautéed asparagus / hemp seeds

5

Leafy greens / fresh vegetables

5

DESSERTS

Halva mousse / quince ice cream / flaxseed
and sunflower crisps

9

Monist ice cream

7

Rhubarb / yogurt and honey mousse /
hazelnut crunch

9

Sticky layered cake / quince / hazelnuts /
cinnamon ice cream

9

