

You're in a fresh food restaurant inspired by the seasons and local everyday meals. Monist's menu changes with the seasons, so the kitchen team is relying on local produce.

The food is served in a modern way, with authenticity based on the products, Lithuanian traditions, and the desire to bring emotion back to the dishes. The restaurant welcomes guests for breakfast, lunch, and dinner.

A la Carte

SOUPS

Monist broth / brown-butter roasted vegetables / shimeji mushrooms

9

Mushroom soup / bacon crackers / potato crunch with boletus

9

STARTERS

Hamachi / ponzu / pickled mustard seeds / salicornia

18

Chicken croquets / jalapeño cream / toasted hemp seeds

9

Rabbit pâté / lovage / black garlic / buckwheat granola / sourdough bread

12

Fried crispy carrots / patty pan squash / cashew cream / ground cherries / sourdough bread

11

Sardines / cashew cream / greens / rye bread / buttermilk and dill sauce

12

Potato and curd cheese doughnuts / boletus / truffle cream

9

Beef tartare / potato crunch / sourdough bread

18

Beetroot mille-feuille / cottage cheese and caraway ice cream / pumpkin and hemp seeds / flaxseed crisp

11



MAIN COURSES

Uruguayan beef entrecôte / mille-feuille /
pumpkin cream / cauliflower / chicken bone jus

32

Lamb / Jerusalem artichoke cream / salsify /
purple carrot / juniper jus

30

Guinea fowl / perlotto / fennel / carrot cream /
Sichuan pepper

25

Oyster mushrooms / leek cream / ponzu /
pickled cucumbers

17

Pumpkin and feta / salted lemon yoghurt /
chimichurri / nut granola

17

Beefstrogen / potato purée / pickled
cucumbers / fermented jalapeño pepper

23

Sea bass / green pea cream / zucchini /
asparagus / currants

27

Trout / puffed buckwheat / charred onions /
parsnip purée / trout roe / dill cream

24

EXTRA SIDES AVAILABLE

Roasted potatoes with parsnips

5

Butter-sautéed broccolini stems / pumpkin and
hemp seed crunch

5

Leafy greens / fresh vegetables

5

DESSERTS

Halva mousse / quince ice cream / flaxseed
and sunflower crisps

9

Monist ice cream

7

White chocolate ganache / chocolate hazelnut
crunch / sea buckthorn ice cream

8

Sticky layered cake / quince / hazelnuts /
cinnamon ice cream

9

Please inform your waiter about any
potential allergies you may have.

