



TROPICAL OFFSHORE PACKING LIST

v. October 20, 2025

All items must fit in one (1) soft-sided duffel carry-on, we recommend [Helly Hansen 70 L or 90 L duffel](#). Check bags at your own risk! Remember, no laundry during the passage, only ashore if available. (Hand-wash is an option, but not recommended).

Required for All Passages

- Your wallet & passport
- Swimsuit (1) (Remember that the shower is outside, in the cockpit)
- Water bottle for use onboard
- LED headlamp (with red /white option, rechargeable with USB)
- Hat / cap (with a retainer clip) / visor / sun protection
- Polarized sunglasses (*2 in case one gets lost overboard)
- If you wear regular glasses – make sure you bring a spare!
- Earplugs & sleeping mask to block noise and light during day time naps.
- Watch (to keep track of time on / off watch). Waterproof
- Personal toiletries
- Medications you take (you MUST tell us your health issues in the crew forms)
- Seasick medication
- Sunscreen – for body and lips. Preferably a reef safe / environmental friendly.
- Set of comfortable clothes to lounge & sleep in off-watch
- An open mind and a willingness to work hard

Passage Specific – Tropical Offshore

- Summer clothes (quick-dry preferable).
- Lightweight long-sleeve shirts (think sun protection) [Like this one from Helly Hansen](#).
- [Outdoor / hiking pants](#) (quick-dry preferred), also great for sun protection.
- One set of warm clothes for evening watches (fleece or mid-layer)
- Light hat for night watches
- Lighter foulies (bib pants and good jacket with hood – 59° North team wear the Helly Hansen's '[Skagen](#)' Offshore range on offshore passages. [HP Foil Shell 2.0](#) / [Foil X](#) is a great option on warmer passages).
- Silk Sleeping liner / sheet, [like this one](#).



- Deck shoes / Sailing shoes

Optional Gear

- Light sleeping bag (will be warm on most Tropical passages, but may be needed on some of the offshore passages).
- Rain boots (to keep your feet dry when it rains)
- iPad or Kindle for reading/podcast listening plus headphones.
- Sailing gloves (for sensitive hands) (also good for sun protection at the helm).
- Knee pads when working on deck (Musto & Spinlock make nice ones)
- Dry bag for electronics
- Shore clothing if you plan to spend time ashore before / after the passage.
- [Hydration salt / Electrolyte tablets](#) (to help stay hydrated during passage). Recommended 1-2 tabs per day.
- Carabiners to hang your water bottle or gear around your bunk.
- Quick dry wash cloth / baby wipes between showers.

What NOT to Bring (Provided Onboard)...

- Bath towel (we have cotton towels from buldano.com for crew to use)
- Sheets & pillow (we provide a fitted sheet around the mattress, a flat sheet to cover with and a pillow with pillow case)
- Large electronics (like laptops – iPad's & Kindle's are okay)
- PFD & tether
- Insulated mug for hot drinks (we have onboard for crew to use)

See additional 'Packing Notes' PDF for more details and explanations.