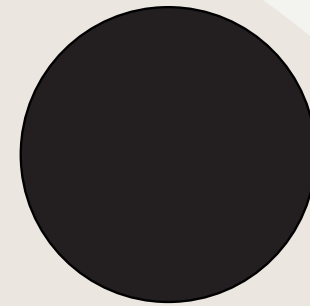


Should you have any questions or uncertainties during the healing process, we are happy to support you along the way.

SAKRIS

Mindful Tattooing™



AFTERCARE

CARE WITH SECOND SKIN FILM

- Right after tattooing, the Second Skin film is applied. It can remain on your tattoo for 5–7 days.
- On the last day, gently remove the film under the shower. Clean the tattoo carefully with pH-neutral soap and rinsed well.
- Let the tattoo air dry – do not wipe, pat, or blow-dry.
- Afterwards, apply a thin layer of healing ointment. The skin should still be able to breathe – avoid leaving a greasy film
- During the following 7 days, it is recommended to apply the ointment 2–3 times a day in a thin layer.
- After these 7 days, the skin can continue the healing process on its own.

CARE WITH CLING FILM

(for adhesive allergies)

First hours after tattooing:

- Your tattoo has been covered with cling film to protect it from dirt and bacteria.
- Leave the film on your skin for 2–4 hours. During this time, avoid strong movement, pressure, or friction on the tattooed area.

First cleaning – evening before going to bed:

- Carefully remove the film with clean, washed hands. Gently wash the tattoo with lukewarm water and a pH-neutral, unscented soap.
- Let the tattoo air dry.
- Afterwards, re-wrap it in cling film without applying any cream.

FIRST 2 WEEKS

- Avoid sports, saunas, full baths, and chlorinated or salt water during this time to allow your skin to regenerate optimally and to minimize the risk of infection.
- Avoid using moisturizing or greasy creams. Do not continue applying any care products during the next 6 weeks – your skin will regenerate naturally.
- Do not scratch – any touch can interfere with the natural healing process.
- Use only the products recommended by us to achieve the best possible results.

FIRST 6 WEEKS AND BEYOND

- Avoid sun exposure and tanning beds. Your tattoo will appreciate protection and will especially thank you during the first year if it is kept away from direct sunlight.
- In the long term, it is recommended to care for your tattoo with sunscreen SPF 50+.

NOTES ON NORMAL REACTIONS

- It is normal for fluid (blood, plasma, or ink) to accumulate under the film. This is no cause for concern – please do not pierce the film, as this could allow bacteria to enter. The fluid will dry up naturally between day 3–5.
- Occasionally, the skin may react sensitively to the film – for example with redness, small pimples, burning, or itching. In that case, carefully remove the film and continue caring for your tattoo as described above.