

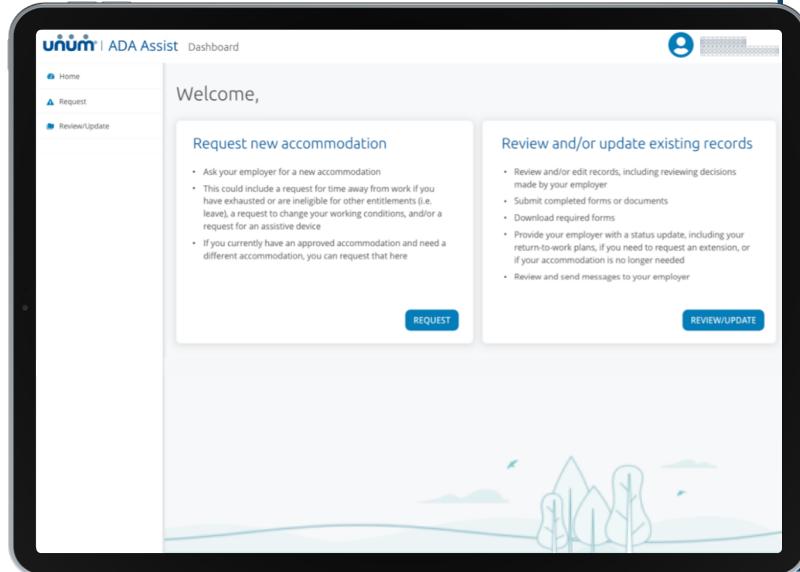
Unum ADA Assist simplifies your ADA accommodation request

What is Unum ADA Assist?

Unum ADA Assist is a simple, secure online tool designed to help you easily submit ADA accommodation requests. It will guide you through each step, helping you upload necessary documents and stay on track with notifications.

Why you might need an accommodation request

ADA accommodations are reasonable modifications that help you perform essential job functions if you become disabled. This could include changes to your working conditions, requests for assistive devices or time away from work. Unum ADA Assist helps you get through the request process quickly and accurately.



How to get started

Visit the login page

Go to adaassist.unum.com/login or scan the QR code below:



Log in or create an account

- If you already have an account:** Enter your email address and password, then click "Log in."
- If this is your first visit:** Click "Create an account."

Once you're logged in, click "Request new accommodation," and Unum ADA Assist will walk you through the steps needed to complete your request.

Need support?

Please reach out to your employer or HR department if you need any assistance with this process.



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FOR EMPLOYEES

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