WHEALTHYlife

SCULPTRA CONSENT FORM

The purpose of this consent form is to provide written information regarding the risks, benefits, and alternatives to Sculptra. This material serves as a supplement to the discussion you have with your healthcare provider. If you have any questions regarding the procedure, ask your healthcare professional prior to signing the consent form.

THE TREATMENT

Sculptra is a sterile suspension of Poly-L-Lactic Acid, a biocompatible, biodegradable synthetic polymer from the alpha hydroxy acid family. It is better known as a biostimulator which helps stimulate collagen production lost to the aging process, thus helping to rebuild and reinforce your skins structural foundation. It is designed to help correct skin depressions, such as creases, wrinkles, folds, scars, degenerative skin ageing, and facial lipoatrophy (fat loss). It is important to note however that Sculptra does not stop the ageing process. Sculptra is injected under the skin with a very fine needle and/or cannula over targeted areas of the face region. Once injected, Sculptra will be slowly absorbed by the body. Effects are not immediate but rather gradual and noticeable several weeks after treatment. Multiple sessions are generally required at 4-6 week intervals to achieve desired results. Sculptra is injected as a solution with water. This will result in the appearance of increased facial volume over the initial hours and days. The effect is temporary and does not affect the expected treatment response afterwards.

RISKS AND COMPLICATIONS

Before undergoing this procedure, understanding the risks is essential. No procedure is completely risk-free. Procedure side effects such as swelling, bruising, redness, and pain are not uncommon. The following risks may occur, but there may be unforeseen risks that are not included on this list. Some of these risks, if they occur, may necessitate hospitalization, and/or extended outpatient therapy to permit adequate treatment. It has been explained to me that there are certain inherent and potential risks and side effects in any invasive procedure and in this specific instance, such risks include but are not limited to:

- Swelling, redness, bruising, itch, and skin discolouration
- Post-procedure discomfort
- Skin sensitivity changes around the injection site
- Small bumps (micronodules) felt but usually not seen under the skin
- Post-procedure infection
- Allergic reaction

- Rarely granuloma formation (Inflammatory reaction to Sculptra)
- Rarely skin hypertrophy or atrophy (exaggerated increase or decrease in collagen)
- Rarely accidental intra-arterial injection

CONTRAINDICATIONS, PREGNANCY, AND ALLERGIES

I have informed the treatment provider of my medical history and clearly understand that I cannot be treated with Sculptra,

- If I am pregnant or breastfeeding
- If I have known hypersensitivity to Radiesse products
- If there is active infection and/or inflammation to skin/tissues over treatment areas
- If I have a tendency to form hypertrophic scars (e.g. Keloid)
- If I am on certain medications (e.g. chemotherapy, immunotherapy, blood thinners)
- If I have a bleeding disorder and/or autoimmune condition

ALTERNATIVE PROCEDURES

Alternatives to the procedure have been explained to me including but not limited to the following: Hyaluronic Acid fillers, laser, microneedling, radiofrequency devices, skin peels.

PAYMENT

I understand that this is an "elective" procedure and that payment is my responsibility and is expected at the time of treatment.

RIGHT TO DISCONTINUE TREATMENT

I understand that I have the right to discontinue treatment at any time.

PHOTOGRAPHS

I authorize the taking of clinical photographs is necessary for clinical documentation purposes.

RESULTS

The results of Sculptra are not immediate. Your healthcare provider will determine the amount of Sculptra required, including the total number of treatment sessions to achieve the desired results. Most areas of treatment will require 3 sessions at 4-6 week intervals to achieve the desired results. Once the desired endpoint is achieved, results can last 1-2 years, and in some cases longer. Most patients are pleased with the results of Sculptra. However, like any esthetic procedure, there is no guarantee that you will be completely satisfied. There is no guarantee that wrinkles and folds will disappear completely, or that you will not require additional treatment to achieve the results you seek. The Sculptra procedure is temporary and additional treatments will be required periodically for the effect to continue. The duration of treatment is dependent on many factors including but not limited to: age, sex, tissue conditions, general health and lifestyle conditions.

I understand this is an elective procedure and I hereby voluntarily consent to treatment with Sculptra for facial collagen stimulation. The procedure has been fully explained to me. I also understand that any treatment performed is between me and the doctor/healthcare provider who is treating me and I will direct all post-procedure questions or concerns to the treatment provider. I further verify that I will follow all recommended post-procedure instructions. I have read and understand the above.

My signature below certifies that I have fully read this consent form and understand the information provided to me regarding the proposed procedure. I have been adequately informed about the procedure including the potential benefits, limitations, and alternative treatments. I understand that results are not guaranteed and I accept the risks, side effects, and possible complications inherent in undergoing Sculptra treatment. I have had all of my questions and concerns answered to my satisfaction. I also certify that if I have any changes in my medical history which may affect treatment, I will notify the healthcare professional who treated me immediately.

Name _____

Date _____

Signature _____