




# The Sylvestery Memory Care

May 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 2 10:00 AM Daily Chronicles - SO - In 11:00 AM Sing-Along - SO - In 11:00 AM Communion with Fr. Melmer - LR - Sp 1:30 PM Seated Exercise - SO - So 2:30 PM Accordionist Dave Lovins - SO - So 2:30 PM Snacks Social - DR - So 3:00 PM Whiteboard Games - SO - In 3:30 PM Puzzle Club - DR - In 4:00 PM Stories by the Fireplace - LR - So
3 10:00 AM Daily Chronicles - SO - In 10:10 AM Online Catholic Service - SO - Sp 10:45 AM Chair Yoga with Ying - SO - Ph 11:15 AM Online Nondenomination - SO - Sp 1:30 PM Seated Stretches - SO - Ph 2:00 PM Movie Matinee - SO - Ph 3:00 PM Active Game - SO - Ph 3:30 PM Memory Match - SO - In 4:00 PM Happy Hands Nail Spa - CA - So	4 10:00 AM Daily Chronicles - SO - In 10:15 AM Trivia - SO - So 10:30 AM Bingo - SO - So 11:00 AM Music with Roberta - SO - So 1:30 PM Armchair Travel - SO - So 2:00 PM Chair Exercise with OG Fitness - SO - Ph 2:30 PM Snacks Social - DR - So 3:00 PM Creative Corner - CR - In	5 10:00 AM Daily Chronicles - SO - In 10:15 AM Morning Stretch - SO - Ph 10:45 AM Music Circle - SO - So 11:15 AM Shake Loose a Memory - LR - So 1:30 PM Active Game - SO - So 2:00 PM Comedy Club - SO - So 2:30 PM Mocktail Hour - SO - So 3:00 PM Whiteboard Games - SO - In 3:00 PM Color Me Calm - CR - In 4:00 PM Hand Massages - LR - So	6 10:00 AM Daily Chronicles - SO - In 10:15 AM Walk & Roll - HA - Ph 10:30 AM Morning Story - LR - In 1:30 PM Active Game - SO - In 2:00 PM Chair Exercise with OG Fitness - SO - Ph 2:30 PM Happy Hour - DR - So 3:00 PM Whiteboard Games - SO - In 3:15 PM Sing-Alongs with Tony Nalker - SO - So 3:30 PM Happy Hands & Nails - CA - So 4:15 PM Nat'l Geographic - SO - So	7 10:00 AM Daily Chronicles - SO - In 10:15 AM Name 10 - SO - In 10:45 AM Music Circle - SO - So 11:15 AM Strength & Flexibility - SO - Ph 11:15 AM Sensory Sensations - SO - So 1:30 PM Hymns with Chaplain Scott - SO - Sp 2:00 PM Baking Bunch - DR - So 3:00 PM Famous Faces - SO - In 4:00 PM Individual Visits - Rm - So	8 10:00 AM Daily Chronicles - SO - In 11:00 AM Sing-Along - SO - In 1:15 PM Music with Jerry Roman - SO - So 1:30 PM Seated Exercise - SO - So 2:30 PM Snacks Social - DR - So 3:00 PM Whiteboard Games - SO - In 3:30 PM Puzzle Club - DR - In 4:00 PM Stories by the Fireplace - LR - So	9 10:00 AM Daily Chronicles - SO - In 10:15 AM Chair Aerobics - SO - Ph 10:30 AM Family Feud - SO - In 11:00 AM Stories by the Fireplace - LR - So 1:30 PM Bingo - SO - So 2:30 PM Snacks Social - DR - So 3:00 PM Penny Ante - LR - So 4:00 PM Individual Visits - Rm - So
10 10:00 AM Daily Chronicles - SO - In 10:10 AM Online Catholic Service - SO - Sp 10:45 AM Chair Yoga with Ying - SO - Ph 11:15 AM Online Nondenomination - SO - Sp 1:30 PM Seated Stretches - SO - Ph 2:00 PM Movie Matinee - SO - Ph 3:00 PM Active Game - SO - Ph 3:30 PM Memory Match - SO - In 4:00 PM Happy Hands Nail Spa - CA - So	11 10:00 AM Daily Chronicles - SO - In 10:15 AM Trivia - SO - So 10:30 AM Bingo - SO - So 1:30 PM Armchair Travel - SO - So 2:00 PM Chair Exercise with OG Fitness - SO - Ph 2:30 PM Snacks Social - DR - So 3:00 PM Creative Corner - CR - In	12 10:00 AM Daily Chronicles - SO - In 10:15 AM Morning Stretch - SO - Ph 10:45 AM Music Circle - SO - So 11:15 AM Shake Loose a Memory - LR - So 1:30 PM Active Game - SO - So 2:00 PM Comedy Club - SO - So 2:30 PM Pianist Jim West - SO - So 2:30 PM Mocktail Hour - SO - So 3:00 PM Whiteboard Games - SO - In 3:00 PM Color Me Calm - CR - In 4:00 PM Hand Massages - LR - So	13 10:00 AM Daily Chronicles - SO - In 10:15 AM Walk & Roll - HA - Ph 10:30 AM Morning Story - LR - In 1:30 PM Active Game - SO - In 1:30 PM Leisure Ride - CA - So 2:00 PM Chair Exercise with OG Fitness - SO - Ph 2:30 PM Happy Hour - DR - So 3:00 PM Whiteboard Games - SO - In 3:15 PM Sing-Alongs with Tony Nalker - SO - So 3:30 PM Happy Hands & Nails - CA - So 4:15 PM Nat'l Geographic - SO - So	14 10:00 AM Daily Chronicles - SO - In 10:15 AM Name 10 - SO - In 10:45 AM Music Circle - SO - So 11:15 AM Strength & Flexibility - SO - Ph 11:15 AM Sensory Sensations - SO - So 1:30 PM Hymns with Chaplain Scott - SO - Sp 2:00 PM Baking Bunch - DR - So 3:00 PM Famous Faces - SO - In 4:00 PM Individual Visits - Rm - So	15 10:00 AM Daily Chronicles - SO - In 11:00 AM Sing-Along - SO - In 11:00 AM Communion with Fr. Melmer - LR - Sp 1:30 PM Seated Exercise - SO - So 2:30 PM Music with Bob Clarks - SO - So 2:30 PM Snacks Social - DR - So 3:00 PM Whiteboard Games - SO - In 3:30 PM Puzzle Club - DR - In 4:00 PM Stories by the Fireplace - LR - So	16 10:00 AM Daily Chronicles - SO - In 10:15 AM Chair Aerobics - SO - Ph 10:30 AM Family Feud - SO - In 11:00 AM Stories by the Fireplace - LR - So 1:30 PM Bingo - SO - So 2:30 PM Snacks Social - DR - So 3:00 PM Penny Ante - LR - So 4:00 PM Individual Visits - Rm - So
17 10:00 AM Daily Chronicles - SO - In 10:10 AM Online Catholic Service - SO - Sp 10:45 AM Chair Yoga with Ying - SO - Ph 11:15 AM Online Nondenomination - SO - Sp 1:30 PM Seated Stretches - SO - Ph 2:00 PM Movie Matinee - SO - Ph 3:00 PM Active Game - SO - Ph	18 10:00 AM Daily Chronicles - SO - In 10:15 AM Trivia - SO - So 10:30 AM Bingo - SO - So 11:00 AM Music with Roberta - SO - So 1:00 PM Monthly Special Outing - CA - So 1:30 PM Armchair Travel - SO - So 2:00 PM Chair Exercise with OG Fitness - SO - Ph	19 10:00 AM Daily Chronicles - SO - In 10:15 AM Morning Stretch - SO - Ph 10:45 AM Music Circle - SO - So 11:15 AM Shake Loose a Memory - LR - So 1:30 PM Active Game - SO - So 2:00 PM Comedy Club - SO - So 2:30 PM Mocktail Hour - SO - So 3:00 PM Whiteboard Games - SO - In 3:00 PM Color Me Calm - CR - In	20 10:00 AM Daily Chronicles - SO - In 10:15 AM Walk & Roll - HA - Ph 10:30 AM Morning Story - LR - In 12:00 PM PH Lunch Bunch - CA - So 1:30 PM Active Game - SO - In 2:00 PM Chair Exercise with OG Fitness - SO - Ph 2:30 PM Guitarist Tender Polman - SO - So	21 10:00 AM Daily Chronicles - SO - In 10:15 AM Name 10 - SO - In 10:45 AM Music Circle - SO - So 11:15 AM Strength & Flexibility - SO - Ph 11:15 AM Sensory Sensations - SO - So 1:30 PM Hymns with Chaplain Scott - SO - Sp 2:00 PM Baking Bunch - DR - So	22 10:00 AM Daily Chronicles - SO - In 11:00 AM Sing-Along - SO - In 1:30 PM Seated Exercise - SO - So 2:30 PM Snacks Social - DR - So 3:00 PM Whiteboard Games - SO - In 3:30 PM Puzzle Club - DR - In 4:00 PM Stories by the Fireplace - LR - So	23 10:00 AM Daily Chronicles - SO - In 10:15 AM Chair Aerobics - SO - Ph 10:30 AM Family Feud - SO - In 11:00 AM Stories by the Fireplace - LR - So 1:30 PM Bingo - SO - So 2:30 PM Snacks Social - DR - So 3:00 PM Penny Ante - LR - So 4:00 PM Individual Visits - Rm - So

3:30 PM Memory Match - SO - In 4:00 PM Happy Hands Nail Spa - CA - So	2:30 PM Snacks Social - DR - So 3:00 PM Creative Corner - CR - In	4:00 PM Hand Massages - LR - So	2:30 PM Happy Hour - DR - So 3:00 PM Whiteboard Games - SO - In 3:15 PM Sing-Alongs with Tony Nalker - SO - So 3:30 PM Happy Hands & Nails - CA - So 4:15 PM Nat'l Geographic - SO - So	3:00 PM Famous Faces - SO - In 4:00 PM Individual Visits - Rm - So		
<b>24</b> 10:00 AM Daily Chronicles - SO - In 10:10 AM Online Catholic Service - SO - Sp 10:45 AM Chair Yoga with Ying - SO - Ph 11:15 AM Online Nondenomination - SO - Sp 1:30 PM Seated Stretches - SO - Ph 2:00 PM Movie Matinee - SO - Ph 3:00 PM Active Game - SO - Ph 3:30 PM Memory Match - SO - In 4:00 PM Happy Hands Nail Spa - CA - So	<b>25</b> 10:00 AM Daily Chronicles - SO - In 10:15 AM Trivia - SO - So 10:30 AM Bingo - SO - So 1:30 PM Armchair Travel - SO - So 2:00 PM Chair Exercise with OG Fitness - SO - Ph 2:30 PM Snacks Social - DR - So 3:00 PM Creative Corner - CR - In 3:30 PM Ice Cream Social - SO - So	<b>26</b> 10:00 AM Daily Chronicles - SO - In 10:15 AM Morning Stretch - SO - Ph 10:45 AM Music Circle - SO - So 11:15 AM Shake Loose a Memory - LR - So 1:30 PM Active Game - SO - So 2:00 PM Comedy Club - SO - So 2:30 PM Music & Mocktails with Vince B - SO - So 2:30 PM Mocktail Hour - SO - So 3:00 PM Whiteboard Games - SO - In 3:00 PM Color Me Calm - CR - In 4:00 PM Hand Massages - LR - So	<b>27</b> 10:00 AM Daily Chronicles - SO - In 10:15 AM Walk & Roll - HA - Ph 10:30 AM Morning Story - LR - In 1:30 PM Active Game - SO - In 2:00 PM Chair Exercise with OG Fitness - SO - Ph 2:30 PM Happy Hour - DR - So 3:00 PM Whiteboard Games - SO - In 3:15 PM Sing-Alongs with Tony Nalker - SO - So 3:30 PM Happy Hands & Nails - CA - So 4:15 PM Nat'l Geographic - SO - So	<b>28</b> 10:00 AM Daily Chronicles - SO - In 10:15 AM Name 10 - SO - In 10:45 AM Music Circle - SO - So 11:15 AM Strength & Flexibility - SO - Ph 11:15 AM Sensory Sensations - SO - So 1:30 PM Hymns with Chaplain Scott - SO - Sp 2:00 PM Baking Bunch - DR - So 2:00 PM Monthly Birthday Celebration - DR - So 3:00 PM Famous Faces - SO - In 4:00 PM Individual Visits - Rm - So	<b>29</b> 10:00 AM Daily Chronicles - SO - In 11:00 AM Sing-Along - SO - In 1:30 PM Seated Exercise - SO - So 2:30 PM Snacks Social - DR - So 3:00 PM Whiteboard Games - SO - In 3:30 PM Puzzle Club - DR - In 4:00 PM Stories by the Fireplace - LR - So	<b>30</b> 10:00 AM Daily Chronicles - SO - In 10:15 AM Chair Aerobics - SO - Ph 10:30 AM Family Feud - SO - In 11:00 AM Stories by the Fireplace - LR - So 1:30 PM Bingo - SO - So 2:30 PM Snacks Social - DR - So 3:00 PM Penny Ante - LR - So 4:00 PM Individual Visits - Rm - So
<b>31</b> 10:00 AM Daily Chronicles - SO - In 10:10 AM Online Catholic Service - SO - Sp 10:45 AM Chair Yoga with Ying - SO - Ph 11:15 AM Online Nondenomination - SO - Sp 1:30 PM Seated Stretches - SO - Ph 2:00 PM Movie Matinee - SO - Ph 3:00 PM Active Game - SO - Ph 3:30 PM Memory Match - SO - In 4:00 PM Happy Hands Nail Spa - CA - So						

**LR - LR**  
**HA - HAL**  
**Rm - Rm**  
**SO - SOL**  
**DR - DR**  
**CA - CAF**  
**CR - CR**

**In -**   
**Ph -**   
**So -**   
**Sp -** 