




# May 2026

Vinson Hall Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>GREAT DECISIONS MEETINGS</b>	<b>NFCU VISITS &amp; EVENTS</b>	<b>EXERCISE ON CHANNEL 970</b>	<b>EPISCOPAL CHURCH SERVICE</b>	<b>1</b>	<b>2</b>
	<p><b>May 6:</b> 🕒 <b>3:30pm</b> Great Decisions Group A, <b>PHC</b></p> <p><b>May 13:</b> 🕒 <b>3:30pm</b> Great Decisions Group B, <b>PHC</b></p> <p><b>May 21:</b> 🕒 <b>3:30pm</b> Great Decisions Group C, <b>WORL1st FL</b></p> <p><b>May 28:</b> 🕒 <b>3:00pm</b> Great Decisions Group D, <b>WORL1st FL</b></p>	<p><b>May 6:</b> 🕒 <b>9:30am</b> Navy Federal Credit Union, <b>PHC</b></p> <p><b>May 20:</b> 🕒 <b>9:30am</b> Navy Federal Credit Union, <b>PHC</b></p> <hr style="border: 1px solid red;"/> <p style="text-align: center;"><b>CINCO DE MAYO DINNER</b></p> <p><b>May 5:</b> 🕒 <b>5:00pm</b> Cinco de Mayo Dinner, <b>DR</b></p> <p style="text-align: center;"><b>SPECIAL GUEST SPEAKER</b></p> <p><b>May 5:</b> 🕒 <b>3:00pm</b> Health &amp; Wellness Talk on Glaucoma Dr. Felix Kung, <b>CBB</b></p>	<p><b>HASfit:</b> Everyday at 9:30am</p> <p><b>Fitness with George:</b> Everyday at 10:00am</p> <p><b>Yoga for Posture:</b> Every Sunday, Monday, Tuesday, Friday and Saturday at 10:30am</p> <p><b>Yoga with Cindy:</b> Thursdays at 11:00am</p>	<p><b>May 19:</b> 🕒 <b>5:15pm</b> Episcopal Dinner, <b>DR</b></p> <p><b>May 19:</b> 🕒 <b>7:00pm</b> Episcopal Holy Eucharist, <b>CH</b></p>	<p>🕒 <b>8:00am</b> Pickle Ball, <b>SP</b></p> <p>🕒 <b>10:00am</b> Women's Bible Study, <b>WORL5thFL</b></p> <p>🕒 <b>10:00am</b> Get Fit Stay Fit Class, <b>SD</b></p> <p>🕒 <b>10:30am</b> Bus to Safeway, <b>LO</b></p> <p>🕒 <b>11:00am</b> Tech Class, <b>AA</b></p> <p>🕒 <b>2:00pm</b> Pool Volleyball, <b>P</b></p> <p>🕒 <b>2:00pm</b> Tai Chi Class, <b>SD</b></p>	<p>🕒 <b>10:30am</b> Bus to Giant, <b>LO</b></p> <p>🕒 <b>11:00am</b> Zumba Gold, <b>SD</b></p> <p>🕒 <b>1:00pm</b> Cribbage (Rhea Austin's Group), <b>HHFR</b></p> <p>🕒 <b>1:00pm</b> Cribbage (Sally Fellowes' Group), <b>CBL</b></p> <p>🕒 <b>3:00pm</b> Forest Bathing, <b>WOF</b></p> <p>🕒 <b>4:00pm</b> Kentucky Derby Watch Party, <b>PHSL</b></p> <p>🕒 <b>4:30pm</b> Catholic Mass, <b>CH</b></p>
3	4	5	6	7	8	9
<p>🕒 <b>11:00am</b> Protestant Service, <b>CH</b></p>	<p>🕒 <b>8:00am</b> Pickle Ball, <b>SP</b></p> <p>🕒 <b>8:45am</b> Water Exercise A, <b>P</b></p> <p>🕒 <b>9:30am</b> Water Exercise B, <b>P</b></p> <p>🕒 <b>10:00am</b> Fitness Class, <b>SD</b></p> <p>🕒 <b>10:30am</b> Bus to Safeway, <b>LO</b></p> <p>🕒 <b>12:00pm</b> Pool Volleyball, <b>P</b></p> <p>🕒 <b>1:00pm</b> Bridge, <b>PHSL</b></p> <p>🕒 <b>1:00pm</b> Motion is Lotion, <b>SD</b></p> <p>🕒 <b>2:00pm</b> Tai Chi Class, <b>SD</b></p> <p>🕒 <b>3:00pm</b> Ecumenical Discussions, <b>AA</b></p>	<p>🕒 <b>9:00am</b> Men's Breakfast, <b>DR</b></p> <p>🕒 <b>10:30am</b> Painting Workshop, <b>HHAC</b></p> <p>🕒 <b>10:30am</b> Bus to Giant, <b>LO</b></p> <p>🕒 <b>12:00pm</b> Advanced Painting, <b>HHAC</b></p> <p>🕒 <b>1:00pm</b> Bus to Fair Lakes, <b>LO</b></p> <p>🕒 <b>1:00pm</b> The Needlers, <b>HHFR</b></p> <p>🕒 <b>2:00pm</b> Advanced Photo, <b>HHAC</b></p> <p>🕒 <b>2:00pm</b> Balance &amp; Gait, <b>SD</b></p> <p>🕒 <b>2:35pm</b> Balance &amp; Gait, <b>SD</b></p> <p>🕒 <b>5:00pm</b> Trivia Happy Hour, <b>PHSL</b></p>	<p>🕒 <b>8:00am</b> Pickle Ball, <b>SP</b></p> <p>🕒 <b>9:00am</b> Pool Volleyball, <b>P</b></p> <p>🕒 <b>10:00am</b> Fitness Class, <b>SD</b></p> <p>🕒 <b>10:30am</b> Bus to Trader Joe's, <b>LO</b></p> <p>🕒 <b>1:00pm</b> Bridge, <b>PHSL</b></p> <p>🕒 <b>5:00pm</b> Vinson Voices, <b>AA</b></p> <p>🕒 <b>7:00pm</b> Special Guest Speaker Steve Vogel, <b>AA</b></p>	<p>🕒 <b>8:45am</b> Water Exercise A, <b>P</b></p> <p>🕒 <b>9:30am</b> Bus to Ft. Myer, <b>LO</b></p> <p>🕒 <b>9:30am</b> Water Exercise B, <b>P</b></p> <p>🕒 <b>10:00am</b> Beginner Painting, <b>HHAC</b></p> <p>🕒 <b>10:15am</b> Drum Circle, <b>AA</b></p> <p>🕒 <b>12:00pm</b> Beginner Photo, <b>HHAC</b></p> <p>🕒 <b>1:00pm</b> Yoga, <b>SD</b></p> <p>🕒 <b>1:30pm</b> Bus to Ft. Myer, <b>LO</b></p> <p>🕒 <b>2:00pm</b> Balance &amp; Gait, <b>SD</b></p>	<p>🕒 <b>8:00am</b> Pickle Ball, <b>SP</b></p> <p>🕒 <b>10:00am</b> Get Fit Stay Fit Class, <b>SD</b></p> <p>🕒 <b>10:30am</b> Bus to Safeway, <b>LO</b></p> <p>🕒 <b>11:30am</b> Eating Well=Aging Well, <b>AA</b></p> <p>🕒 <b>2:00pm</b> Pool Volleyball, <b>P</b></p> <p>🕒 <b>2:00pm</b> Tai Chi Class, <b>SD</b></p> <p>🕒 <b>4:00pm</b> Forest Bathing, <b>WOF</b></p>	<p>🕒 <b>10:30am</b> Bus to Giant, <b>LO</b></p> <p>🕒 <b>11:00am</b> Zumba Gold, <b>SD</b></p> <p>🕒 <b>12:00pm</b> Spring Art Show, <b>B</b></p> <p>🕒 <b>1:00pm</b> Cribbage (Rhea Austin's Group), <b>HHFR</b></p> <p>🕒 <b>1:00pm</b> Cribbage (Sally Fellowes' Group), <b>CBL</b></p> <p>🕒 <b>4:30pm</b> Catholic Mass, <b>CH</b></p> <p>🕒 <b>7:00pm</b> Movie Night, <b>AA</b></p>
10 – Mother's Day	11	12	13	14	15	16
<p>🕒 <b>11:00am</b> Protestant Service, <b>CH</b></p> <p>🕒 <b>11:30am</b> Mother's Day Dinner, <b>DR</b></p> <p>🕒 <b>12:00pm</b> Spring Art Show, <b>B</b></p> <div style="text-align: center;">  </div>	<p>🕒 <b>8:00am</b> Pickle Ball, <b>SP</b></p> <p>🕒 <b>8:45am</b> Water Exercise A, <b>P</b></p> <p>🕒 <b>9:30am</b> Water Exercise B, <b>P</b></p> <p>🕒 <b>10:00am</b> Fitness Class, <b>SD</b></p> <p>🕒 <b>10:30am</b> Bus to Safeway, <b>LO</b></p> <p>🕒 <b>12:00pm</b> Pool Volleyball, <b>P</b></p> <p>🕒 <b>1:00pm</b> Bridge, <b>PHSL</b></p> <p>🕒 <b>1:00pm</b> Motion is Lotion, <b>SD</b></p> <p>🕒 <b>2:00pm</b> Women's Book Club, <b>PHC</b></p> <p>🕒 <b>2:00pm</b> Tai Chi Class, <b>SD</b></p>	<p>🕒 <b>10:30am</b> Bus to Wegmans, <b>LO</b></p> <p>🕒 <b>12:00pm</b> Advanced Painting, <b>HHAC</b></p> <p>🕒 <b>1:00pm</b> The Needlers, <b>HHFR</b></p> <p>🕒 <b>1:00pm</b> Bus to Nat'l Museum of Women in the Arts, <b>LO</b></p> <p>🕒 <b>2:00pm</b> Advanced Photo, <b>HHAC</b></p> <p>🕒 <b>2:00pm</b> Balance &amp; Gait, <b>SD</b></p> <p>🕒 <b>2:35pm</b> Balance &amp; Gait, <b>SD</b></p> <p>🕒 <b>3:00pm</b> Birthday Tea, <b>PHSL</b></p>	<p>🕒 <b>8:00am</b> Pickle Ball, <b>SP</b></p> <p>🕒 <b>9:00am</b> Pool Volleyball, <b>P</b></p> <p>🕒 <b>10:00am</b> Beginner Painting, <b>HHAC</b></p> <p>🕒 <b>10:00am</b> Fitness Class, <b>SD</b></p> <p>🕒 <b>10:30am</b> Bus to Trader Joe's, <b>LO</b></p> <p>🕒 <b>12:00pm</b> Drawing, <b>HHAC</b></p> <p>🕒 <b>1:00pm</b> Bridge, <b>PHSL</b></p> <p>🕒 <b>2:00pm</b> Intermediate Photography, <b>HHAC</b></p> <p>🕒 <b>5:00pm</b> Vinson Voices, <b>AA</b></p>	<p>🕒 <b>8:45am</b> Water Exercise A, <b>P</b></p> <p>🕒 <b>9:30am</b> Bus to Ft. Myer, <b>LO</b></p> <p>🕒 <b>9:30am</b> Water Exercise B, <b>P</b></p> <p>🕒 <b>10:00am</b> Beginner Painting, <b>HHAC</b></p> <p>🕒 <b>11:00am</b> Town Hall, <b>B</b></p> <p>🕒 <b>12:00pm</b> Beginner Photo, <b>HHAC</b></p> <p>🕒 <b>1:00pm</b> Yoga, <b>SD</b></p> <p>🕒 <b>1:30pm</b> Bus to Ft. Myer, <b>LO</b></p> <p>🕒 <b>2:00pm</b> Balance &amp; Gait, <b>SD</b></p> <p>🕒 <b>3:00pm</b> Mindfulness, <b>SD</b></p> <p>🕒 <b>4:00pm</b> Forest Bathing, <b>WOF</b></p>	<p>🕒 <b>8:00am</b> Pickle Ball, <b>SP</b></p> <p>🕒 <b>10:00am</b> Women's Bible Study, <b>WORL5thFL</b></p> <p>🕒 <b>10:00am</b> Get Fit Stay Fit Class, <b>SD</b></p> <p>🕒 <b>10:30am</b> Bus to Safeway, <b>LO</b></p> <p>🕒 <b>11:00am</b> Tech Class, <b>AA</b></p> <p>🕒 <b>1:30pm</b> Bus Lidl, <b>LO</b></p> <p>🕒 <b>2:00pm</b> Pool Volleyball, <b>P</b></p> <p>🕒 <b>2:00pm</b> Tai Chi Class, <b>SD</b></p> <p>🕒 <b>6:15pm</b> Third Friday Bridge, <b>AA</b></p>	<p>🕒 <b>10:30am</b> Bus to Giant, <b>LO</b></p> <p>🕒 <b>11:00am</b> Zumba Gold, <b>SD</b></p> <p>🕒 <b>1:00pm</b> Cribbage (Rhea Austin's Group), <b>HHFR</b></p> <p>🕒 <b>1:00pm</b> Cribbage (Sally Fellowes' Group), <b>CBL</b></p> <p>🕒 <b>4:30pm</b> Catholic Mass, <b>CH</b></p> <p>🕒 <b>7:15pm</b> Vinson Hall Players Play Reading "Beau Jest", <b>AA</b></p>

# May 2026

May 2026						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17	18	19	20	21	22	23
<p>🕊️ <b>11:00am</b> Protestant Service, <b>CH</b></p> <p>👥 <b>2:00pm</b> Vinson Hall Players Play Reading "Beau Jest", <b>AA</b></p>	<p>👥 <b>9:00am Women's Breakfast, DR</b></p> <p>🏊 <b>8:00am</b> Pickle Ball, <b>SP</b></p> <p>🏊 <b>8:45am</b> Water Exercise A, <b>P</b></p> <p>🏊 <b>9:30am</b> Water Exercise B, <b>P</b></p> <p>🏊 <b>10:00am</b> Fitness Class, <b>SD</b></p> <p>🚌 <b>10:30am</b> Bus to Safeway, <b>LO</b></p> <p>🏊 <b>12:00pm</b> Pool Volleyball, <b>P</b></p> <p>🏠 <b>1:00pm</b> Bridge, <b>PHSL</b></p> <p>🏊 <b>1:00pm</b> Motion is Lotion, <b>SD</b></p> <p>🏊 <b>2:00pm</b> Tai Chi Class, <b>SD</b></p> <p>🗨️ <b>3:00pm</b> Ecumenical Discussions, <b>AA</b></p>	<p>👥 <b>9:00am Women's Breakfast, DR</b></p> <p>📷 <b>10:30am</b> Photo Workshop, <b>HHAC</b></p> <p>🚌 <b>10:30am</b> Bus to Giant, <b>LO</b></p> <p>💻 <b>11:00am</b> IT Portal Class, <b>CBB</b></p> <p>🎨 <b>12:00pm</b> Advanced Painting, <b>HHAC</b></p> <p>🏠 <b>1:00pm</b> The Needlers, <b>HHFR</b></p> <p>💻 <b>2:00pm</b> Advanced Photo, <b>HHAC</b></p> <p>🏊 <b>2:00pm</b> Balance &amp; Gait, <b>SD</b></p> <p>🏊 <b>2:35pm</b> Balance &amp; Gait, <b>SD</b></p> <p>🏠 <b>5:00pm</b> Trivia Happy Hour, <b>PHSL</b></p>	<p>🏊 <b>8:00am</b> Pickle Ball, <b>SP</b></p> <p>👥 <b>9:00am Women's Breakfast, DR</b></p> <p>🏊 <b>9:00am</b> Pool Volleyball, <b>P</b></p> <p>🎨 <b>10:00am</b> Beginner Painting, <b>HHAC</b></p> <p>🏊 <b>10:00am</b> Fitness Class, <b>SD</b></p> <p>🚌 <b>10:30am</b> Bus to Trader Joe's, <b>LO</b></p> <p>🎨 <b>12:00pm</b> Drawing, <b>CBA</b></p> <p>🏠 <b>1:00pm</b> Bridge, <b>PHSL</b></p> <p>📷 <b>2:00pm</b> Intermediate Photography, <b>CBA</b></p> <p>🏠 <b>5:00pm</b> Vinson Voices, <b>AA</b></p>	<p>🏊 <b>8:45am</b> Water Exercise A, <b>P</b></p> <p>🚌 <b>9:30am</b> Bus to Ft. Myer, <b>LO</b></p> <p>🏊 <b>9:30am</b> Water Exercise B, <b>P</b></p> <p>🎨 <b>10:00am</b> Beginner Painting, <b>HHAC</b></p> <p>💻 <b>12:00pm</b> Beginner Photo, <b>HHAC</b></p> <p>🏊 <b>1:00pm</b> Yoga, <b>SD</b></p> <p>🚌 <b>1:30pm</b> Bus to Ft. Myer, <b>LO</b></p> <p>🏊 <b>2:00pm</b> Balance &amp; Gait, <b>SD</b></p> <p>🏠 <b>4:00pm</b> Forest Bathing, <b>WOF</b></p>	<p>🏊 <b>8:00am</b> Pickle Ball, <b>SP</b></p> <p>🏊 <b>10:00am</b> Get Fit Stay Fit Class, <b>SD</b></p> <p>🚌 <b>10:30am</b> Bus to Safeway, <b>LO</b></p> <p>🏊 <b>2:00pm</b> Pool Volleyball, <b>P</b></p> <p>🏊 <b>2:00pm</b> Tai Chi Class, <b>SD</b></p>	<p>🚌 <b>10:30am</b> Bus to Giant, <b>LO</b></p> <p>🏊 <b>11:00am</b> Zumba Gold, <b>SD</b></p> <p>🏠 <b>12:50pm</b> Bus to Nat'l Theatre: <b>The Great Gatsby</b> (ticket holders only), <b>LO</b></p> <p>🏠 <b>1:00pm</b> Cribbage (Rhea Austin's Group), <b>HHFR</b></p> <p>🏠 <b>1:00pm</b> Cribbage (Sally Fellowes' Group), <b>CBL</b></p> <p>🗨️ <b>4:30pm</b> Catholic Mass, <b>CH</b></p> <p>🏠 <b>7:00pm</b> Movie Night, <b>AA</b></p>
24	25 – Memorial Day Holiday	26	27 – Eid al-Adha	28	29	30
<p>🕊️ <b>11:00am</b> Protestant Communion Service, <b>CH</b></p>	<p>🏊 <b>8:00am</b> Pickle Ball, <b>SP</b></p> <p>🏠 <b>3:00pm</b> Vinson Voices Memorial Day Concert, <b>B</b></p> <div style="text-align: center; margin-top: 20px;">  <p>★★★★★ HAPPY <b>MEMORIAL DAY</b> REMEMBER &amp; HONOR</p> </div>	<p>🚌 <b>10:30am</b> Bus to Giant, <b>LO</b></p> <p>🏠 <b>11:30am</b> American Legion Luncheon, <b>B</b></p> <p>🎨 <b>12:00pm</b> Advanced Painting, <b>HHAC</b></p> <p>🚌 <b>1:00pm</b> Bus to Tysons Mall, <b>LO</b></p> <p>🏠 <b>1:00pm</b> The Needlers, <b>HHFR</b></p> <p>💻 <b>2:00pm</b> Advanced Photo, <b>HHAC</b></p> <p>🏊 <b>2:00pm</b> Balance &amp; Gait, <b>SD</b></p> <p>🏊 <b>2:35pm</b> Balance &amp; Gait, <b>SD</b></p>	<p>🏊 <b>8:00am</b> Pickle Ball, <b>SP</b></p> <p>🏊 <b>9:00am</b> Pool Volleyball, <b>P</b></p> <p>🏊 <b>9:30am</b> HASfit, <b>TV</b></p> <p>🎨 <b>10:00am</b> Beginner Painting, <b>HHAC</b></p> <p>🏊 <b>10:00am</b> Fitness Class, <b>SD/TV</b></p> <p>🚌 <b>10:30am</b> Bus to Trader Joe's, <b>LO</b></p> <p>🎨 <b>12:00pm</b> Drawing, <b>HHAC</b></p> <p>🏠 <b>1:00pm</b> Bridge, <b>PHSL</b></p> <p>📷 <b>2:00pm</b> Intermediate Photography, <b>HHAC</b></p> <p>🏠 <b>3:00pm</b> Ice Cream Social, <b>HHL</b></p> <p>🏠 <b>5:00pm</b> Vinson Voices, <b>AA</b></p>	<p>🏊 <b>8:45am</b> Water Exercise A, <b>P</b></p> <p>🚌 <b>9:30am</b> Bus to Ft. Myer, <b>LO</b></p> <p>🏊 <b>9:30am</b> Water Exercise B, <b>P</b></p> <p>🎨 <b>10:00am</b> Beginner Painting, <b>HHAC</b></p> <p>🗨️ <b>11:00am</b> Residents Association Meeting, <b>AA</b></p> <p>💻 <b>12:00pm</b> Beginner Photo, <b>HHAC</b></p> <p>🏊 <b>1:00pm</b> Yoga, <b>SD</b></p> <p>🚌 <b>1:30pm</b> Bus to Ft. Myer, <b>LO</b></p> <p>🏊 <b>2:00pm</b> Balance &amp; Gait, <b>SD</b></p> <p>🏠 <b>7:00pm</b> Reception for Joe Kammerer, <b>AA</b></p>	<p>🏊 <b>8:00am</b> Pickle Ball, <b>SP</b></p> <p>🏊 <b>10:00am</b> Get Fit Stay Fit Class, <b>SD</b></p> <p>🚌 <b>10:30am</b> Bus to Safeway, <b>LO</b></p> <p>🏠 <b>10:30am</b> Kidstreich Playdate, <b>SP</b></p> <p>🏠 <b>1:00pm</b> Broadway Lecture, <b>AA</b></p> <p>🏊 <b>2:00pm</b> Pool Volleyball, <b>P</b></p> <p>🏊 <b>2:00pm</b> Tai Chi Class, <b>SD</b></p>	<p>👥 <b>10:00am – 5:30pm</b> Joy of Dance, <b>The Big Show Recital</b>, <b>B</b></p> <p>🚌 <b>10:30am</b> Bus to Giant, <b>LO</b></p> <p>🏊 <b>11:00am</b> Zumba Gold, <b>SD</b></p> <p>🏠 <b>1:00pm</b> Cribbage (Rhea Austin's Group), <b>HHFR</b></p> <p>🏠 <b>1:00pm</b> Cribbage (Sally Fellowes' Group), <b>CBL</b></p> <p>🗨️ <b>4:30pm</b> Catholic Mass, <b>CH</b></p> <p>🏠 <b>7:00pm</b> Movie Night, <b>AA</b></p>
31	COMMITTEE MEETINGS	COMMITTEE MEETINGS	MEETING PLACES	MEETING PLACES	MEETING PLACES	DIMENSIONS OF WELLNESS
<p>👥 <b>11:00am – 4:30pm</b> Joy of Dance, <b>The Big Show Recital</b>, <b>B</b></p> <p>🕊️ <b>11:00am</b> Protestant Service, <b>CH</b></p> <p>👥 <b>11:30am</b> Sunday Brunch, <b>DR</b></p> <p>👥 <b>12:00pm</b> Bus to Capital One Hall: <b>The Music Man</b> (ticket holders only), <b>LO</b></p>	<p>May 4: 🏊 <b>11:00am</b> Health &amp; Wellness Committee Meeting, <b>PHC</b></p> <p>May 8: 🗨️ <b>11:45am</b> Operation Committee Meeting, <b>PHC</b></p> <p>May 11: 💻 <b>3:15pm</b> Visual Arts Committee Meeting, <b>PHC</b></p>	<p>May 18: 🗨️ <b>2:00pm</b> Caregiver Support Group, <b>PHC</b></p> <p>May 19: 🗨️ <b>1:00pm</b> Dining Committee Meeting, <b>CBRR</b></p> <p>May 29: 🗨️ <b>3:15pm</b> IT Committee Meeting, <b>PHC</b></p> <p>May 27: 🗨️ <b>10:30am</b> Finance Committee Meeting, <b>AA</b></p>	<p><b>SP</b> - Sports Park</p> <p><b>FC</b> - Fitness Center</p> <p><b>TV</b> - TV</p> <p><b>WORL5th FL</b> - Willow Oak Residents Lounge, 5<sup>th</sup> FL</p> <p><b>WORL1st FL</b> - Willow Oak Resident Lounge, 1<sup>st</sup> FL</p> <p><b>SD</b> - Studio D</p> <p><b>LO</b> - HH &amp; WO Lobby</p> <p><b>CBB</b> - CB Boardroom</p> <p><b>P</b> - Pool</p> <p><b>HHAC</b> - Heritage Hall Art Center</p>	<p><b>HHFR</b> - Heritage Hall Fireplace Room</p> <p><b>CBL</b> - CB 2<sup>nd</sup> Floor Lounge</p> <p><b>AA</b> - Alford Auditorium</p> <p><b>CH</b> - Chapel</p> <p><b>SD/TV</b> - Studio D &amp; TV</p> <p><b>PHSL</b> - Penthouse Sylvester Lounge</p> <p><b>DR</b> - Penthouse Dining Room</p> <p><b>CBA</b> - CB Art Center</p> <p><b>WOF</b> – Willow Oak Fountain</p>	<p><b>PHC</b> - PH Conference Room</p> <p><b>MPR</b> - ABP Multi-Purpose Room</p> <p><b>B</b> - Kathy Martin Ballroom</p> <p><b>CBRR</b> - CB Reading Room</p> <p><b>BI</b> - Bistro</p> <p><b>HRC</b> - HR Conference Room</p> <p><b>HHL</b> - HH Lobby</p>	<p>🏊 Physical</p> <p>❤️ Emotional</p> <p>🕊️ Spiritual</p> <p>👥 Social</p> <p>💻 Intellectual</p> <p>🗨️ Health Services</p> <p>🍏 Nutritional</p> <p>🎯 Purposeful</p>