

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LABOR DAY LUNCHEON	SEPTEMBER 7, 2026 12PM DINING ROOM ABP/TS Join us for a specially curated luncheon from Culinary, accompanied by patriotic tunes as we celebrate Labor Day!	1 10:00 Morning News Cafe (SB) 10:30 Sit & Be Fit (SB) 11:00 Hymn Singing w/ Chaplain Scott (SB) 1:15 Bridge (LI) * 1:30 Happy Nails & Spa (PS) 2:15 Roll and Hit Game (PS) 3:00 Social Hour (PS) 4:00 Guitarist Tender Polman (ALDR)	2 10:00 Morning News Cafe (SB) 10:15 Virtual Music Concert (SB) 11:00 Exercise w/ OG Fitness Coach (SB) 11:15 One-On-Fun Visits (1:1) 1:30 Classic Comedies (SB) 2:00 Bingo! (PS) 3:00 Social Hour (PS) 4:00 Sing-Along w/ Tony Nalker (ALDR)	3 10:00 Morning News Cafe (SB) 10:30 Sit & Be Fit (SB) 11:00 Resident Council Meeting (SB) 11:00 Virtual Armchair Travel (SB) 1:00 Pianist Jerry Roman (ALDR) 1:15 Swan Making (PS) 2:15 What Year is It? (PS) 3:00 Social Hour (PS) 3:30 News & Neighbor Conversations (PS)	4 10:00 Morning News Cafe (SB) 10:30 Catholic Communion w/ Father Melmer (MP) 11:00 Chair Aerobics w/ Panaya (SB) 2:00 Bingo! (PS) 3:00 Pie Social (PS) 4:00 Accordionist Dave Lovins (ALDR)	5 10:00 Morning News Cafe (SB) 10:30 Sit & Be Fit (SB) 11:00 Word Scramble (SB) 2:00 Movie Matinee (SB) 2:15 One-On-Fun Visits (1:1) 3:00 Social Hour (PS) 3:30 News & Neighbor Conversations (PS)
6 10:00 Chair Yoga w/ Ying (SB) 10:45 Virtual Nondenom. Church Service (SB) 11:00 Pianist Roberta (ALDR) 11:30 Virtual Catholic Service (SB) 2:00 Sunday Classics Matinee (SB) 4:00 Resident Board Game Hour (PS)*	7 10:00 Morning News Cafe (SB) 10:15 Virtual Music Concert (SB) 11:00 Exercise w/ OG Fitness Coach (SB) 12:00 Labor Day Luncheon (PS) 1:30 Trivia (PS) 2:15 Movie Matinee (SB) 2:15 One-on-Fun Visits (1:1) 3:30 Social Hour (PS) 4:00 News & Neighbors (PS)	8 10:00 Morning News Cafe (SB) 10:30 Sit & Be Fit (SB) 11:00 Hymn Singing w/ Chaplain Scott (SB) 1:15 Bridge (LI) * 1:30 Happy Nails & Spa (PS) 2:15 Ping Pong Fish Game (PS) 3:00 Social Hour (PS) 4:00 Pianist Jim West (ALDR)	9 10:00 Morning News Cafe (SB) 10:15 Virtual Music Concert (SB) 11:00 Exercise w/ OG Fitness Coach (SB) 11:15 One-On-Fun Visits (1:1) 11:30 Lunch Bunch: Fred Johnson's Bistro (B) 1:15 Make your Own Teddy Bear (PS) 2:00 Bingo! (PS) 3:00 Social Hour (PS) 4:00 Sing-Along w/ Tony Nalker (ALDR)	10 10:00 Morning News Cafe (SB) 10:30 Sit & Be Fit (SB) 11:00 Virtual Armchair Travel (SB) 1:15 Chalk Lead Project (PS) 2:15 Survey Says ... (PS) 3:00 Social Hour (PS) 3:30 News & Neighbor Conversations (PS)	11 10:00 Morning News Cafe (SB) 10:30 Catholic Communion w/ Father Melmer (MP) 11:00 Chair Aerobics w/ Panaya (SB) 2:00 Bingo! (PS) 3:00 Nachos Social (PS) 4:00 Oldies but Goodies (PS)	12 10:00 Morning News Cafe (SB) 10:30 Sit & Be Fit (SB) 11:00 The Brand Challenge (SB) 2:00 Movie Matinee (SB) 2:15 One-On-Fun Visits (1:1) 3:00 Social Hour (PS) 3:30 News & Neighbor Conversations (PS)
13 10:00 Chair Yoga w/ Ying (SB) 10:45 Virtual Nondenom. Church Service (SB) 11:30 Virtual Catholic Service (SB) 2:00 Tacy Music Foundation (ALDR) 3:00 Generation of Sweetness Social (PS) 4:00 Resident Board Game Hour (PS)*	14 10:00 Morning News Cafe (SB) 10:15 Virtual Music Concert (SB) 11:00 Exercise w/ OG Fitness Coach (SB) 1:30 Karaoke (PS) 2:15 Movie Matinee (SB) 2:15 One-on-Fun Visits (1:1) 3:30 Social Hour (PS) 4:00 News & Neighbors (PS)	15 10:00 Morning News Cafe (SB) 10:30 Sit & Be Fit (SB) 11:00 Hymn Singing w/ Chaplain Scott (SB) 1:15 Bridge (LI) * 1:30 Happy Nails & Spa (PS) 2:15 Ring Toss (PS) 3:00 Social Hour (PS)	16 10:00 Morning News Cafe (SB) 10:15 Virtual Music Concert (SB) 11:00 Exercise w/ OG Fitness Coach (SB) 11:15 One-On-Fun Visits (1:1) 1:30 Classic Comedies (SB) 2:00 Bingo! (PS) 3:00 Social Hour (PS) 4:00 Sing-Along w/ Tony Nalker (ALDR)	17 10:00 Morning News Cafe (SB) 10:30 Sit & Be Fit (SB) 11:00 Virtual Armchair Travel (SB) 1:30 Music w/ Bill Crews (ALDR) 3:00 Social Hour (PS) 3:30 News & Neighbor Conversations (PS)	18 10:00 Morning News Cafe (SB) 10:30 Catholic Communion w/ Father Melmer (MP) 11:00 Chair Aerobics w/ Panaya (SB) 2:00 Bingo! (PS) 3:00 Ice Cream Sandwich Social (PS) 4:00 Keyboardist Bob Clarks (ALDR)	19 10:00 Morning News Cafe (SB) 10:30 Sit & Be Fit (SB) 11:00 ACTS Ministry (SB) 11:00 Scattergories (SB) 2:00 Movie Matinee (SB) 2:15 One-On-Fun Visits (1:1) 3:00 Social Hour (PS) 3:30 News & Neighbor Conversations (PS)
20 10:00 Chair Yoga w/ Ying (SB) 10:45 Virtual Nondenom. Church Service (SB) 11:30 Virtual Catholic Service (SB) 2:00 Sunday Classics Matinee (SB) 4:00 Resident Board Game Hour (PS)*	21 10:00 Morning News Cafe (SB) 10:15 Virtual Music Concert (SB) 11:00 Exercise w/ OG Fitness Coach (SB) 1:30 Trivia (PS) 2:15 Movie Matinee (SB) 2:15 One-on-Fun Visits (1:1) 3:30 Social Hour (PS) 4:00 News & Neighbors (PS)	22 10:00 Morning News Cafe (SB) 10:30 Sit & Be Fit (SB) 11:00 Hymn Singing w/ Chaplain Scott (SB) 1:15 Bridge (LI) * 1:30 Happy Nails & Spa (PS) 2:15 Higher or Lower Card Game (PS) 3:00 Social Hour (PS) 4:00 Music w/ Vince Borrelli (ALDR)	23 10:00 Morning News Cafe (SB) 10:15 Virtual Music Concert (SB) 11:00 Exercise w/ OG Fitness Coach (SB) 11:15 One-On-Fun Visits (1:1) 1:30 Classic Comedies (SB) 2:00 Bingo! (PS) 3:00 Social Hour (PS) 4:00 Sing-Along w/ Tony Nalker (ALDR)	24 10:00 Morning News Cafe (SB) 10:30 Sit & Be Fit (SB) 11:00 Music w/ Roberta (ALDR) 11:00 Virtual Armchair Travel (SB) 1:00 Watercolor Painting w/ Sara (PS) 2:15 Jeopardy (PS) 3:00 Social Hour (PS) 3:30 News & Neighbor Conversations (PS)	25 10:00 Morning News Cafe (SB) 10:30 Catholic Communion w/ Father Melmer (MP) 11:00 Chair Aerobics w/ Panaya (SB) 2:00 Bingo! (PS) 3:00 Birthday Social w/ Fafa (PS) 4:00 Oldies but Goodies (PS)	26 10:00 Morning News Cafe (SB) 10:30 Sit & Be Fit (SB) 11:00 Crack The Code (SB) 2:00 Movie Matinee (SB) 2:15 One-On-Fun Visits (1:1) 3:00 Social Hour (PS) 3:30 News & Neighbor Conversations (PS)
27 10:00 Chair Yoga w/ Ying (SB) 10:45 Virtual Nondenom. Church Service (SB) 11:30 Virtual Catholic Service (SB) 2:00 Sunday Classics Matinee (SB) 4:00 Resident Board Game Hour (PS)*	28 10:00 Morning News Cafe (SB) 10:15 Virtual Music Concert (SB) 11:00 Exercise w/ OG Fitness Coach (SB) 1:30 Karaoke (PS) 2:15 Movie Matinee (SB) 2:15 One-on-Fun Visits (1:1) 3:30 Social Hour (PS) 4:00 News & Neighbors (PS)	29 10:00 Morning News Cafe (SB) 10:30 Sit & Be Fit (SB) 11:00 Hymn Singing w/ Chaplain Scott (SB) 1:15 Bridge (LI) * 1:30 Happy Nails & Spa (PS) 2:15 What's in The Bag? (PS) 3:00 Social Hour (PS)	30 10:00 Morning News Cafe (SB) 10:15 Virtual Music Concert (SB) 11:00 Exercise w/ OG Fitness Coach (SB) 11:15 One-On-Fun Visits (1:1) 1:30 Classic Comedies (SB) 2:00 Bingo! (PS) 3:00 Social Hour (PS) 4:00 Sing-Along w/ Tony Nalker (ALDR)	Location Key *-Resident-Led DR-Dining Room (1st Floor) LI-AL Library (1st Floor) ML-Main Lobby (2nd Floor) LR-Living Room (1st Floor) MP-Multipurpose Room (2nd Floor) PA-Patio (1st Floor) PS-Portside (2nd, 400 Side) SB-Starboard (2nd, 300 Side) TH-Theater (1st Floor)	Please Note All activities are subject to change. Please refer to daily announcements and posted updates for the most current schedule and event information.	SEPTEMBER IS HEALTHY AGING MONTH