

June 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
11:00am Joy of Dance Recital, B 11:00am Protestant Chapel Service, CH 11:30am Sunday Brunch, DR 2:00pm Ping-Pong, SD	8:45am Water Exercise A, P 9:00am Pickle Ball, SP 9:30am Water Exercise B, P 10:00am Fitness Class, SD/TV 10:30am Bus to Safeway, LO 12:00pm Pool Volleyball, P 1:00pm Bridge, PHSL 1:00pm Motion is Lotion, SD 2:00pm Tai Chi Class, SD 3:00pm Ecumenical Discussions, AA	9:00am Men's Fellowship Breakfast, DR 10:30am Painting Workshop, AC 10:30am Bus to Giant, LO 12:00pm Advanced Painting, AC 1:00pm Bus to Fair Lakes, LO 1:00pm The Needlers, FR 2:00pm Advanced Photo, AC 2:00pm Balance & Gait, SD 2:00pm Health & Wellness Talk, AA 3:00pm Special Guest Speaker Clay Bavinger, AA 5:00pm Happy Hour & Trivia, PHSL	9:00am Pickle Ball, SP 9:00am Pool Volleyball, P 10:00am Beginner Painting, AC 10:00am Fitness Class, SD/TV 10:30am Bus to Trader Joe's, LO 12:00pm Drawing, AC 1:00pm Bridge, PHSL 1:00pm Line Dancing w/ Grace, SD 2:00pm Intermediate Photography, AC	8:45am Water Exercise A, P 9:30am Bus to Ft. Myer, LO 9:30am Water Exercise B, P 10:00am Beginner Painting, AC 10:15am Drum Circle, AA 12:00pm Beginner Photo, AC 1:00pm Yoga, SD 1:30pm Bus to Ft. Myer, LO 2:00pm Balance & Gait, SD 5:00pm Military Appreciation Bourbon Tasting Session #1, BI 5:15pm Vinson Voices, AA 6:30pm Military Appreciation Bourbon Tasting Session #2, BI	9:00am Pickle Ball, SP 10:00am Women's Bible Study, WORL 10:00am Get Fit Stay Fit Class, SD 10:30am Bus to Safeway, LO 11:00am Tech Class, AA 2:00pm Pool Volleyball, P 2:00pm Tai Chi Class, SD 7:00pm Concert Pianist Steve Baddour, AA	10:30am Bus to Giant, LO 11:00am Zumba Gold, SD 1:00pm Cribbage, PHSL 4:30pm Catholic Mass, CH 7:00pm Movie Night, AA
8	9	10	11	12	13	14 – Flag Day
11:00am Protestant Chapel Service, CH 2:00pm Ping-Pong, SD	8:45am Water Exercise A, P 9:00am Pickle Ball, SP 9:30am Water Exercise B, P 10:00am Fitness Class, SD/TV 10:30am Bus to Safeway, LO 12:00pm Pool Volleyball, P 1:00pm Bridge, PHSL 1:00pm Motion is Lotion, SD 2:00pm Women's Book Club, PHC 2:00pm Tai Chi Class, SD 4:15pm Keyboardist Matthew Melvin, PHSL	10:00am Arts of Asia Pop-Up Shop, AA 10:30am Bus to Wegmans, LO 12:00pm Advanced Painting, AC 1:00pm The Needlers, FR 2:00pm Advanced Photo, AC 2:00pm Balance & Gait, SD 3:00pm Birthday Tea, PHSL	9:00am Pickle Ball, SP 9:00am Pool Volleyball, P 10:00am Beginner Painting, AC 10:00am Fitness Class, SD/TV 10:30am Bus to Trader Joe's, LO 12:00pm Drawing, AC 1:00pm Bridge, PHSL 1:00pm Line Dance with Grace, SD 2:00pm Intermediate Photography, AC 3:00pm Borisevich Duo Recital, B	8:45am Water Exercise A, P 9:30am Bus to Ft. Myer, LO 9:30am Water Exercise B, P 10:00am Beginner Painting, AC 11:00am Town Hall, AA 12:00pm Beginner Photo, AC 1:00pm Yoga, SD 1:30pm Bus to Ft. Myer, LO 2:00pm Balance & Gait, SD 2:00pm Mindfulness, AA 5:15pm Vinson Voices, AA	9:00am Pickle Ball, SP 10:00am Get Fit Stay Fit Class, SD 10:30am Bus to Safeway, LO 11:30am Eating Well=Aging Well, AA 2:00pm Pool Volleyball, P 2:00pm Tai Chi Class, SD 7:15pm Vinson Hall Players "Suite Surrender", AA	10:30am Bus to Giant, LO 11:00am Zumba Gold, SD 1:00pm Cribbage, PHSL 2:30pm Vinson Hall Players "Suite Surrender", AA 4:30pm Catholic Mass, CH
15 – Father's Day	16	17	18	19 – Juneteenth	20	21
11:00am Protestant Chapel Service, CH 11:30am Father's Day Brunch, DR 2:00pm Ping-Pong, SD	8:45am Water Exercise A, P 9:00am Pickle Ball, SP 9:30am Water Exercise B, P 10:00am Fitness Class, SD/TV 10:30am Bus to Safeway, LO 12:00pm Pool Volleyball, P 1:00pm Bridge, PHSL 1:00pm Motion is Lotion, SD 2:00pm Caregiver Support Group, PHC 2:00pm Tai Chi Class, SD 3:00pm Ecumenical Discussions, AA	9:00am Women's Fellowship Breakfast, DR 10:00am Bus to AMC Tysons Corner, LO 10:30am Photo Workshop, AC 10:30am Bus to Giant, LO 12:00pm Advanced Painting, AC 1:00pm The Needlers, FR 1:00pm Steve Friedman Broadway Lecture, AA 2:00pm Advanced Photo, AC 2:00pm Balance & Gait, SD 5:00pm Episcopal Dinner, DR 5:00pm Happy Hour & Trivia, PHSL 7:00pm Episcopal Holy Eucharist, CH	9:00am Women's Fellowship Breakfast, DR 9:00am Pickle Ball, SP 9:00am Pool Volleyball, P 10:00am Beginner Painting, AC 10:00am Fitness Class, SD/TV 10:30am Bus to Trader Joe's, LO 12:00pm Drawing, AC 1:00pm Bridge, PHSL 2:00pm Intermediate Photography, AC 5:00pm Wine Dinner, BI	8:45am Water Exercise A, P 9:30am Bus to Ft. Myer, LO 9:30am Water Exercise B, P 10:00am Beginner Painting, AC 12:00pm Beginner Photo, AC 1:00pm Yoga, SD 1:30pm Bus to Ft. Myer, LO 2:00pm Balance & Gait, SD 3:00pm Social Tea, PHSL 5:15pm Vinson Voices, AA	9:00am Pickle Ball, SP 10:00am Women's Bible Study, WORL 10:00am Get Fit Stay Fit Class, SD 10:30am Bus to Safeway, LO 11:00am Tech Class, AA 1:30pm Bus Lidl, LO 2:00pm Pool Volleyball, P 2:00pm Tai Chi Class, SD 6:15pm Third Friday Bridge, PHSL	10:30am Bus to Giant, LO 11:00am Zumba Gold, SD 1:00pm Cribbage, PHSL 4:30pm Catholic Mass, CH 7:00pm Movie Night, AA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22	23	24	25	26	27	28
 11:00am Protestant Communion Service, CH  2:00pm Annual Service of Remembrance, CH  2:00pm Ping-Pong, SD	 8:45am Water Exercise A, P  9:00am Pickle Ball, SP  9:30am Water Exercise B, P  10:00am Fitness Class, SD/TV  10:30am Bus to Safeway, LO  12:00pm Pool Volleyball, P  1:00pm Bridge, PHSL  1:00pm Motion is Lotion, SD  2:00pm VHRC 56th Birthday Party, PHSL  2:00pm Tai Chi Class, SD	 10:30am Bus to Giant, LO  11:30am American Legion Luncheon, BI  12:00pm Advanced Painting, AC  1:00pm Bus to Tysons Mall, LO  1:00pm The Needlers, FR  2:00pm Advanced Photo, AC  2:00pm Balance & Gait, SD	 9:00am Pickle Ball, SP  9:00am Pool Volleyball, P  10:00am Beginner Painting, AC  10:00am Fitness Class, SD/TV  10:30am Bus to Trader Joe's, LO  12:00pm Drawing, AC  1:00pm Bridge, PHSL  2:00pm Intermediate Photography, AC  3:00pm Ice Cream Social, VHL	 8:45am Water Exercise A, P  9:30am Bus to Ft. Myer, LO  9:30am Water Exercise B, P  10:00am Beginner Painting, AC  10:30am Residents Association Meeting, AA  12:00pm Beginner Photo, AC  1:00pm Yoga, SD  1:30pm Bus to Ft. Myer, LO  2:00pm Balance & Gait, SD  5:15pm Vinson Voices, AA	 9:00am Pickle Ball, SP  10:00am Get Fit Stay Fit Class, SD  10:30am Bus to Safeway, LO  2:00pm Pool Volleyball, P  2:00pm Tai Chi Class, SD	 10:30am Bus to Giant, LO  11:00am Zumba Gold, SD  1:00pm Cribbage, PHSL  4:30pm Catholic Mass, CH  7:00pm Movie Night, AA
29	30	ANNUAL SERVICE OF REMEMBRANCE	COMMITTEE MEETINGS	MEETING PLACES	MEETING PLACES	DIMENSIONS OF WELLNESS
 11:00am Protestant Chapel Service, CH  2:00pm Ping-Pong, SD	 8:45am Water Exercise A, P  9:00am Pickle Ball, SP  9:30am Water Exercise B, P  10:00am Fitness Class, SD/TV  10:30am Bus to Safeway, LO  12:00pm Pool Volleyball, P  1:00pm Bridge, PHSL  1:00pm Motion is Lotion, SD  2:00pm Tai Chi Class, SD  2:30pm Putt Putt Contest - Alzheimer's Fundraising Event, PGA	Sunday, June 22nd, 2:00pm, Chapel Please join us as we honor and remember our fellow residents who we have said goodbye to this past year.  Reception in Penthouse Lounge to follow service.	June 3, 11:00am, Health & Wellness Committee Meeting, AA June 6, 11:45am, Operations Committee Meeting, PHC June 17, 1:00pm, Dining Committee Meeting, PHC June 25, 10:30am, Finance Committee Meeting, AA June 27, 3:15pm, IT Committee Meeting, PHC	TV - TV B - Kathy Martin Ballroom CH - Chapel DR - Penthouse Dining Room SD - Studio D FC - Fitness Center P - Pool SP - Sports Park SD/TV - Studio D & TV LO - VH & WO Lobby	PHSL - Penthouse Sylvester Lounge AA - Alford Auditorium AC - Art Center FR - Fireplace Room BI - Bistro WORL - Willow Oak Residents Lounge PHC - PH Conference Room PGA - Putting Green Area VHL - VH Lobby	 Physical  Emotional  Social  Spiritual  Intellectual  Health Services  Nutritional  Purposeful