




# Arleigh Burke Assisted Living

April 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1 – Good Friday</b>	<b>2</b>	<b>3</b>	<b>4</b>
	<b>DR</b> – Dining Room (1 <sup>st</sup> floor) <b>GA</b> – Galley (1 <sup>st</sup> floor) <b>LI</b> – AL Library (1 <sup>st</sup> floor) <b>ML</b> – Main Lobby (2 <sup>nd</sup> floor) <b>LR</b> – Living Room (1 <sup>st</sup> floor) <b>MP</b> – Multipurpose Room (2 <sup>nd</sup> floor) <b>PA</b> – Patio (1 <sup>st</sup> floor) <b>PS</b> – Port Side (2 <sup>nd</sup> floor, 400 side) <b>SB</b> – Starboard (2 <sup>nd</sup> floor, 300 side) <b>TH</b> – Theater (1 <sup>st</sup> floor) <b>B</b> – Kathy Martin Building Ballroom (3 <sup>rd</sup> floor) <b>CBB</b> – Community Building Boardroom (2 <sup>nd</sup> floor) <b>BI</b> – Bistro (2 <sup>nd</sup> floor) <b>HHL</b> – Heritage Hall Lobby	All life enrichment programs are subject to change based on the needs and desires of our residents. Outdoor programs and outings are weather dependent  	10:00 AM News & Reviews - LR - In 10:30 AM Whiteboard Word Game - PS - In 11:00 AM Meeting of the Minds w/ Chaplain Scott - LR - Sp 11:35 AM Seated Exercise with OG Fitness - GA - Ph 1:30 PM Active Game: Bowling - LR - So 2:00 PM Bingo - LI - So 3:00 PM Happy Hour & Trivia - LR - So 4:00 PM Sing Along with Tony Nalker – AL DR - So	10:00 AM News & Reviews - LR - So 10:30 AM Gardening Club - PA - So 11:30 AM All Resident Meeting - LR - No 1:00 PM Pianist Jerry Roman - DR - So 2:00 PM Whiteboard Games - SB - Ph 3:00 PM Wine & Cheese - PS - So	10:00 AM News & Reviews - LR - So 10:30 AM Catholic Communion with Father Melmer - MP - Sp 11:00 AM Chair Aerobics - SB - Ph 1:15 PM Active Game: Balloon Toss - LR - Ph 2:00 PM Bingo - LI - In 3:00 PM Olympic Games Viewing & Happy Hour - LR - So 4:00 PM Accordionist Dave Lovins - DR - So	10:00 AM News & Reviews - LR - So 10:30 AM Guided Seated Exercise - SB - Ph 11:00 AM ACTS Ministry - SB - Sp 1:15 PM Family Feud - GA - Ph 2:00 PM Active Game: Cornhole - LI - So 3:00 PM Happy Hour & Trivia - PS - So 4:00 PM Tri-M Honor Society Music Program - AL DR - So
	<b>5 – Easter</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
10:00 AM Chair Yoga with Ying - SB - Ph 10:45 AM Virtual Nondenominational Church Service - GA - Sp 11:00 AM Pianist Roberta - DR - So 11:30 AM Virtual Catholic Service - GA - Sp 1:15 PM Easter Egg Hunt - LR - So 2:00 PM Sunday Movie Matinee - TH - So 3:00 PM Jigsaw Puzzles - LI - In	10:00 AM Morning Meditation - LR - So 11:35 AM Seated Exercise with OG Fitness - GA - Ph 1:15 PM Name That Tune - LR - So 2:00 PM Movie Matinee - TH - So 3:00 PM Wine & Cheese - PS - So	10:00 AM News & Reviews - LR - So 10:30 AM Walking Club - LR - Ph 11:35 AM Seated Exercise - GA - Ph 1:15 PM Bridge Game - LI - In 2:30 PM Name That Tune - LR - So 3:00 PM Happy Hour & Trivia - LR - So 4:00 PM Guitarist Tender Polman - AL - So	10:00 AM Historical Viewing & Discussion Group - TH - In 10:30 AM Whiteboard Word Game - PS - In 11:00 AM Meeting of the Minds w/ Chaplain Scott - LR - Sp 11:35 AM Seated Exercise with OG Fitness - GA - Ph 1:30 PM Active Game: Bowling - LR - So 2:00 PM Bingo - LI - So 3:00 PM Happy Hour & Trivia - LR - So 4:00 PM Board Games - LR - So 4:00 PM Sing Along with Tony Nalker - AL DR - So	10:00 AM News & Reviews - LR - So 10:30 AM Gardening Club - PA - So 1:15 PM Walk & Stroll - LR - Ph 2:00 PM Whiteboard Games - SB - Ph 3:00 PM Wine & Cheese - PS - So	10:00 AM News & Reviews - LR - So 11:00 AM Chair Aerobics - SB - Ph 1:15 PM Active Game: Balloon Toss - LR - Ph 2:00 PM Bingo - LI - In 3:00 PM Happy Hour & Trivia - LR - So	10:00 AM News & Reviews - LR - So 10:30 AM Guided Seated Exercise - SB - Ph 1:15 PM Family Feud - GA - Ph 2:00 PM Active Game: Cornhole - LI - So 3:00 PM Happy Hour & Trivia - PS - So
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
10:00 AM Chair Yoga with Ying - SB - Ph 10:45 AM Virtual Nondenominational Church Service - GA - Sp 11:30 AM Virtual Catholic Service - GA - Sp 2:00 PM Sunday Movie Matinee - TH - So 2:45 PM Tacy Foundation Music Program - AL - So 3:45:00 PM Jigsaw Puzzles - LI - In	10:00 AM Morning Meditation - LR - So 11:35 AM Seated Exercise with OG Fitness - GA - Ph 1:30 PM Leisure Ride - AL - So 2:00 PM Movie Matinee - TH - So 3:00 PM Wine & Cheese - PS - So 7:00 PM Broadway Lecture - So - AA (staff will not be available, family members are encouraged to attend with you)	10:00 AM News & Reviews - LR - So 11:30 AM Penthouse Lunch Bunch - PH - So 11:35 AM Seated Exercise - GA - Ph 2:15 PM Spring Flower Cookie Decorating - PS - So 3:00 PM Happy Hour & Trivia - LR - So 4:00 PM Pianist Jim West - DR - So	10:30 AM Whiteboard Word Game - PS - In 11:00 AM Meeting of the Minds w/ Chaplain Scott - LR - Sp 11:35 AM Seated Exercise with OG Fitness - GA - Ph 1:30 PM Active Game: Bowling - LR - So 2:00 PM Bingo - LI - So 3:00 PM Happy Hour & Trivia - LR - So 4:00 PM Sing Along with Tony Nalker - AL DR - So	10:00 AM News & Reviews - LR - So 10:30 AM Gardening Club - PA - So 1:15 PM Walk & Stroll - LR - Ph 2:00 PM Whiteboard Games - SB - Ph 3:00 PM Wine & Cheese - PS - So 7:00 PM Concert Pianist Steve Baddour - So - AA (staff will not be available, family members are encouraged to attend with you)	10:00 AM News & Reviews - LR - So 10:30 AM Catholic Communion with Fr. Melmer - MP - Sp 11:00 AM Chair Aerobics - SB - Ph 1:15 PM Active Game: Balloon Toss - LR - Ph 2:00 PM Bingo - LI - In 3:00 PM Happy Hour & Trivia - LR - So 4:00 PM Music with Bob Clarks - PS - So	10:00 AM News & Reviews - LR - So 10:30 AM Guided Seated Exercise - SB - Ph 1:15 PM Family Feud - GA - Ph 2:00 PM Active Game: Cornhole - LI - So 3:00 PM Happy Hour & Trivia - PS - So

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19	20	21	22 – Earth Day	23	24	25
10:00 AM Chair Yoga with Ying - SB - Ph 10:45 AM Virtual Nondenominational Church Service - GA - Sp 11:30 AM Virtual Catholic Service - GA - Sp 2:00 PM Sunday Movie Matinee - TH - So 3:00 PM Jigsaw Puzzles - LI - In	10:00 AM Morning Meditation - LR - So 11:30 AM Café Lunch Bunch - CA - So 11:35 AM Seated Exercise with OG Fitness - GA - Ph 1:15 PM Name That Tune - LR - So 2:00 PM Movie Matinee - TH - So 3:00 PM Wine & Cheese - PS - So	10:00 AM News & Reviews - LR - So 11:35 AM Seated Exercise - GA - Ph 1:15 PM Name That Tune - LR - So 2:15 PM Flower Pot Making - PS - So 3:00 PM Happy Hour & Trivia - LR - So	10:30 AM Whiteboard Word Game - PS - In 11:00 AM Meeting of the Minds w/ Chaplain Scott - LR - Sp 11:35 AM Seated Exercise with OG Fitness - GA - Ph 1:30 PM Active Game: Bowling - LR - So 2:00 PM Bingo - LI - So 3:00 PM Happy Hour & Trivia - LR - So 4:00 PM Sing Along with Tony Nalker - AL DR- So	10:00 AM News & Reviews - LR - So 10:30 AM Gardening Club - PA - So 11:00 AM Pianist Roberta - DR - So 1:15 PM Walk & Stroll - LR - Ph 2:00 PM Whiteboard Games - SB - Ph 3:00 PM Wine & Cheese - PS - So	10:00 AM News & Reviews - LR - So 11:00 AM Chair Aerobics - SB - Ph 1:15 PM Emotional Support Group - MP - Em 2:00 PM Bingo - LI - In 3:00 PM Concert Pianist Thomas Pandolfi - B - So 4:15 PM Happy Hour & Trivia - LR - So	10:00 AM News & Reviews - LR - So 10:30 AM Guided Seated Exercise - SB - Ph 11:00 AM ACTS Ministry - SB - Sp 1:15 PM Family Feud - GA - Ph 2:00 PM Active Game: Cornhole - LI - So 3:00 PM Happy Hour & Trivia - PS - So
26	27	28	29	30	Dimensions of Wellness	
10:00 AM Chair Yoga with Ying - SB - Ph 10:45 AM Virtual Nondenominational Church Service - GA - Sp 11:30 AM Virtual Catholic Service - GA - Sp 2:00 PM Sunday Movie Matinee - TH - So 3:00 PM Jigsaw Puzzles - LI - In	10:00 AM Morning Meditation - LR - So 11:35 AM Seated Exercise with OG Fitness - GA - Ph 1:15 PM Ice Cream Social - LR - So 2:00 PM Movie Matinee - TH - So 3:00 PM Wine & Cheese - PS - So	10:00 AM News & Reviews - LR - So 11:35 AM Seated Exercise - GA - Ph 2:30 PM Name That Tune - LR - So 3:00 PM Happy Hour & Trivia - LR - So 4:00 PM Music with Vince Borrelli - DR - So	10:30 AM Whiteboard Word Game - PS - In 11:00 AM Meeting of the Minds w/ Chaplain Scott - LR - Sp 11:35 AM Seated Exercise with OG Fitness - GA - Ph 1:30 PM Active Game: Bowling - LR - So 2:00 PM Bingo - LI - So 3:00 PM Happy Hour & Trivia - LR - So 4:00 PM Sing Along with Tony Nalker - AL DR- So	10:00 AM News & Reviews - LR - So 10:30 AM Gardening Club - PA - So 1:15 PM Walk & Stroll - LR - Ph 2:00 PM Whiteboard Games - SB - Ph 3:00 PM Wine & Cheese - PS - So 3:00 PM April Birthday Celebration - PS - So	 <p><b>Emotional</b> – Em <b>Health</b> – He <b>Intellectual</b> – In <b>Nutritional</b> – Nu <b>Physical</b> – Ph <b>Purposeful</b> – Pu <b>Social</b> – So <b>Spiritual</b> – Sp</p>	