




Arleigh Burke Health Care

April 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Location Key	Please Note	1 - Passover	2	3 - Good Friday	4
	DR – Dining Room (1 st floor) GA – Galley (1 st floor) LI – AL Library (1 st floor) ML – Main Lobby (2 nd floor) LR – Living Room (1 st floor) MP – Multipurpose Room (2 nd floor) PA – Patio (1 st floor) PS – Port Side (2 nd floor, 400 side) SB – Starboard (2 nd floor, 300 side) TH – Theater (1 st floor) B – Kathy Martin Building Ballroom (3 rd floor) CBB – Community Building Boardroom (2 nd floor) BI – Bistro (2 nd floor) HHL – Heritage Hall Lobby	All life enrichment programs are subject to change based on the needs and desires of our residents. Outdoor programs and outings are weather dependent. 	10:00 AM News & Reviews - SB - So 10:30 AM Whiteboard Games - SB - In 11:00 AM Exercise with OG Fitness - SB - Ph 1:30 PM Active Game: Classic Rollers Bowling - SB - Ph 2:00 PM Bingo - PS - So 3:00 PM Trivia Happy Hour - PS - So 4:00 PM Sing-Alongs with Tony Nalker - AL - So	10:00 AM News & Reviews - SB - So 10:30 AM Guided Seated Exercise - SB - Ph 11:00 AM All Resident Meeting - SB - Pu 11:30 AM Documentary Viewing - SB - So 1:00 PM Pianist Jerry Roman - DR - So 2:00 PM Jeopardy - SB - So 3:00 PM Wine & Cheese - PS - So 3:30 PM Name That Tune - PS - So	10:00 AM News & Reviews - SB - So 10:30 AM Catholic Communion with Fr. Melmer - MP - Sp 11:00 AM Chair Aerobics with Julia - SB - Ph 1:15 PM Active Game: Balloon Toss - PS - So 2:00 PM Bingo - PS - So 3:00 PM Trivia Happy Hour - PS - So 4:00 PM Accordionist Dave Lovins - DR - So	10:00 AM News & Reviews - SB - So 10:30 AM Guided Seated Exercise - SB - Ph 11:00 AM ACTS Ministry - SB - Sp 1:15 PM Family Feud - SB - So 2:00 PM Active Game: Classic Rollers - PS - So 3:00 PM Trivia Happy Hour - PS - So 4:00 PM Tri-M Honor Society Music Program - AL DR - So
	5 - Easter	6	7	8	9	10
10:00 AM Chair Yoga with Ying - SB - Ph 10:45 AM Virtual Nondenominational Church Service - SB - Sp 11:00 AM Pianist Roberta – AL DR - So 11:30 AM Virtual Catholic Service - SB - Sp 1:15 PM Easter Egg Hunt - PS - So 2:00 PM Movie Matinee - SB - So 3:30 PM Active Game - PS - Ph	10:00 AM News & Reviews - SB - So 10:30 AM Active Game - SB - So 11:00 AM Exercise with OG Fitness - SB - Ph 1:15 PM Documentary Viewing - SB - So 2:00 PM Happy Hands - PS - So 3:00 PM Karaoke Happy Hour - PS - So 3:30 PM Resident-Led Card Game - PS - So	10:00 AM News & Reviews - SB - So 10:30 AM Guided Seated Stretches - SB - Ph 11:00 AM Hymn Sing with Chaplain Scott - SB - Sp 1:30 PM Whiteboard Games - SB - So 2:15 PM Creative Corner - PS - So 3:00 PM Trivia Happy Hour - PS - So 4:00 PM Guitarist Tender Polman - AL - So	10:00 AM News & Reviews - SB - So 10:30 AM Whiteboard Games - SB - In 11:00 AM Exercise with OG Fitness - SB - Ph 1:30 PM Active Game - SB - Ph 2:00 PM Bingo - PS - So 3:00 PM Trivia Happy Hour - PS - So 4:00 PM Sing-Alongs with Tony Nalker - AL - So	10:00 AM News & Reviews - SB - So 10:30 AM Guided Seated Exercise - SB - Ph 11:00 AM Jeopardy - SB - So 11:30 AM Documentary Viewing - SB - So 2:00 PM Active Game - SB - In 3:00 PM Wine & Cheese - PS - So 3:30 PM Name That Tune - PS - So	10:00 AM News & Reviews - SB - So 11:00 AM Chair Aerobics with Julia - SB - Ph 1:15 PM Active Game: Balloon Toss - PS - So 2:00 PM Bingo - PS - So 3:00 PM Trivia Happy Hour - PS - So 4:00 PM Board Games - PS - So	10:00 AM News & Reviews - SB - So 10:30 AM Guided Seated Exercise - SB - Ph 1:15 PM Family Feud - SB - So 2:00 PM Active Game: Classic Rollers - PS - So 3:00 PM Trivia Happy Hour - PS - So
12 - Orthodox Easter	13	14	15	16	17	18
10:00 AM Chair Yoga with Ying - SB - Ph 10:45 AM Virtual Nondenominational Church Service - SB - Sp 11:30 AM Virtual Catholic Service - SB - Sp 1:15 PM Walk & Stroll - SB - Ph 2:00 PM Movie Matinee - SB - So 2:45 PM Tacy Foundation Music Program - AL DR - So 4:00 PM Active Game - PS - Ph	10:00 AM News & Reviews - SB - So 10:30 AM Active Game: Balloon Toss - SB - So 11:00 AM Exercise with OG Fitness - SB - Ph 1:15 PM Documentary Viewing - SB - So 1:30 PM Leisure Ride - LR - So 3:00 PM Karaoke Happy Hour - PS - So 7:00 PM Broadway Lecture - So - AA (staff will not be available, family members are encouraged to attend with you)	10:00 AM News & Reviews - SB - So 10:30 AM Guided Seated Stretches - SB - Ph 11:00 AM Hymn Sing with Chaplain Scott - SB - Sp 1:30 PM Documentary Viewing - SB - So 2:15 PM Spring Flower Cookie Decorating - PS - So 3:00 PM Trivia Happy Hour - PS - So 4:00 PM Pianist Jim West - DR - So	10:00 AM News & Reviews - SB - So 10:30 AM Whiteboard Games - SB - In 11:00 AM Exercise with OG Fitness - SB - Ph 1:30 PM Active Game: Classic Rollers - SB - Ph 2:00 PM Bingo - PS - So 3:00 PM Trivia Happy Hour - PS - So 4:00 PM Sing-Alongs with Tony Nalker - AL - So	10:00 AM News & Reviews - SB - So 10:30 AM Guided Seated Exercise - SB - Ph 11:00 AM Jeopardy - SB - So 11:30 AM Documentary Viewing - SB - So 2:00 PM Intro to Spanish - SB - In 3:00 PM Wine & Cheese - PS - So 3:30 PM Name That Tune - PS - So 7:00 PM Concert Pianist Steve Baddour - So - AA (staff will not be available, family members are encouraged to attend with you)	10:00 AM News & Reviews - SB - So 10:30 AM Catholic Communion with Fr. Melmer - MP - Sp 11:00 AM Chair Aerobics with Julia - SB - Ph 1:15 PM Active Game - PS - So 2:00 PM Bingo - PS - So 3:00 PM Trivia Happy Hour - PS - So 4:00 PM Keyboardist Bob Clarks - DR - So	10:00 AM News & Reviews - SB - So 10:30 AM Guided Seated Exercise - SB - Ph 1:15 PM Family Feud - SB - So 2:00 PM Active Game: Classic Rollers - PS - So 3:00 PM Trivia Happy Hour - PS - So

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19	20	21	22 – Earth Day	23	24	25
10:00 AM Chair Yoga with Ying - SB - Ph 10:45 AM Virtual Nondenominational Church Service - SB - Sp 11:30 AM Virtual Catholic Service - SB - Sp 1:15 PM Guided Seated Exercise - SB - Ph 2:00 PM Sunday Movie Matinee - SB - So 3:00 PM Active Game: Balloon Toss - PS - Ph	10:00 AM News & Reviews - SB - So 10:30 AM Active Game: Balloon Toss - SB - So 11:00 AM Exercise with OG Fitness - SB - Ph 11:30 AM Cafe Lunch Bunch - CA - So 1:30 PM Documentary Viewing - SB - So 2:00 PM Happy Hands & Nail Spa - PS - So 3:00 PM Happy Hour - PS - So 3:30 PM Resident Guest Speaker - SB - So	10:00 AM News & Reviews - SB - So 10:30 AM Guided Seated Stretches - SB - Ph 11:00 AM Hymn Sing with Chaplain Scott - SB - Sp 1:30 PM Documentary Viewing - SB - So 2:15 PM Flower Pot Making - PS - So 3:00 PM Trivia Happy Hour - PS - So	10:00 AM News & Reviews - SB - So 10:30 AM Whiteboard Games - SB - In 11:00 AM Exercise with OG Fitness - SB - Ph 1:30 PM Active Game: Classic Rollers Bowling- SB - Ph 2:00 PM Bingo - PS - So 3:00 PM Trivia Happy Hour - PS - So 4:00 PM Sing-Alongs with Tony Nalker - AL - So	10:00 AM News & Reviews - SB - So 10:30 AM Guided Seated Exercise - SB - Ph 11:00 AM Pianist Roberta - DR - So 1:15 PM Documentary Viewing - SB - So 2:00 PM Jeopardy - SB - In 3:00 PM Wine & Cheese - PS - So 3:30 PM Name That Tune - PS - So	10:00 AM News & Reviews - SB - So 10:30 AM Walk & Stroll - PS - So 11:00 AM Chair Aerobics with Julia - SB - Ph 1:15 PM Emotional Support Group - MP - Em 2:00 PM Bingo - PS - So 3:00 PM Concert Pianist Thomas Pandolfi - B - So 4:15 PM Happy Hour & Trivia PS LR- So	10:00 AM News & Reviews - SB - So 10:30 AM Guided Seated Exercise - SB - Ph 11:00 AM ACTS Ministry - SB - Sp 1:15 PM Family Feud - SB - So 2:00 PM Active Game: Classic Rollers - PS - So 3:00 PM Trivia Happy Hour - PS - So
26	27	28	29	30	Dimensions of Wellness	
10:00 AM Chair Yoga with Ying - SB - Ph 10:45 AM Virtual Nondenominational Church Service - SB - Sp 11:30 AM Virtual Catholic Service - SB - Sp 1:15 PM Guided Seated Exercise - SB - Ph 2:00 PM Sunday Movie Matinee - SB - So 3:00 PM Active Game: Balloon Toss - PS - Ph	10:00 AM News & Reviews - SB - So 10:30 AM Active Game: Balloon Toss - SB - So 11:00 AM Exercise with OG Fitness - SB - Ph 1:15 PM Ice Cream Social - PS - So 2:00 PM Happy Hands & Nail Spa - PS - So 3:00 PM Karaoke Happy Hour - PS - So 3:30 PM Resident-Led Card Game - PS - So	10:00 AM News & Reviews - SB - So 10:30 AM Guided Seated Stretches - SB - Ph 11:00 AM Hymn Sing with Chaplain Scott - SB - Sp 11:30 AM Penthouse Lunch Bunch - PH - So 1:30 PM Documentary Viewing - SB - So 2:15 PM Creative Corner - PS - So 3:00 PM Trivia Happy Hour - PS - So 4:00 PM Music with Vince Borelli - Dr - So	10:00 AM News & Reviews - SB - So 10:30 AM Whiteboard Games - SB - In 11:00 AM Exercise with OG Fitness - SB - Ph 1:30 PM Active Game: Classic Rollers Bowling- SB - Ph 2:00 PM Bingo - PS - So 3:00 PM Trivia Happy Hour - PS - So 4:00 PM Sing-Alongs with Tony Nalker - AL - So	10:00 AM News & Reviews - SB - So 10:30 AM Guided Seated Exercise - SB - Ph 11:00 AM Jeopardy - SB - So 11:30 AM Documentary Viewing - SB - So 2:00 PM Walk & Stroll - SB - So 3:00 PM April Birthday Celebration - PS - So 3:15 PM Wine & Cheese - PS - So 4:00 PM Name That Tune - PS - So	 <p>Emotional – Em Health – He Intellectual – In Nutritional – Nu Physical – Ph Purposeful – Pu Social – So Spiritual – Sp</p>	