



FORT ERIE
INTERNATIONAL ACADEMY

FEIA Girls Volleyball Program

Build the Program. Build the Athlete. Build the Future.

Train in a structured, high-performance volleyball environment while earning your Ontario Secondary School Diploma (OSSD) at Fort Erie

Program Overview

The FEIA Girls Volleyball Program is a development-focused pathway designed for motivated student-athletes who want to grow their volleyball skills, confidence, and leadership while maintaining strong academic progress.

This program blends daily training, strength and conditioning, and mental performance development with a supportive school and boarding environment. Athletes are guided not only to improve as players, but to grow as leaders and teammates.

Who Is This Program For?

The FEIA Volleyball Program welcomes athletes at different stages of their volleyball journey.

Athletes should have curiosity, athleticism, and a willingness to learn are more important than experience. Basic familiarity with volleyball rules, positions, and concepts is helpful, but not required.



Athletes from other sports are encouraged to apply. Skills such as strength, agility, leadership, tactical thinking, and communication often translate exceptionally well to volleyball.

Training Structure

Athletes train daily, with practice built directly into the academic timetable.

Training includes:

- On-court volleyball training
- Strength and conditioning
- Mental performance and confidence development
- Video analysis and tactical learning

Training typically occurs once per day, with a balanced approach that supports athletic growth and academic success.

Meet the coach:

Jennifer Kelly

With 12 seasons of experience coaching high-performance athletes in the Niagara Region, Jenn Kelly brings deep expertise in long-term

- Former **Team Ontario** coach (5 seasons)
- Coached at **Canada Cup** and **Ontario Cup**
- Experience with **Niagara College Women's Volleyball**, **Brock University Men's Volleyball**, and currently **Lead Assistant Coach for Niagara College Men's Volleyball**

- Focus areas: Serving, blocking, teamwork, and strategy.

Jenn's coaching philosophy is rooted in accountability, determination, and enjoyment — creating environments where athletes feel challenged, supported, and empowered to take ownership of their growth.



"High standards. Strong relationships. Real development."

Competition and Game Opportunities

The program aims to provide meaningful competitive experiences.

- * Weekly games where possible
- * Monthly exhibition opportunities
- * Scrimmages with local clubs (5 clubs within 45 minutes)
- * Potential participation in Ontario Volleyball Association events
- * Possible cross-border exhibition opportunities in the U.S.

(subject to approvals)

Competition is introduced thoughtfully, based on athlete readiness and program development.



Athlete Exposure and Pathways

Athlete exposure is developmentally appropriate and individualized.

Opportunities may include:

- * Connections to **local colleges and universities**
- * Guidance toward **CCAA, U Sports, NAIA, and NCAA pathways**
- * Support for provincial and national opportunities (where applicable)
- * Exploration of **beach volleyball pathways**
- * Long-term opportunities in coaching, officiating, or sport administration

Recruitment support is tailored to each athlete's goals, readiness, and academic profile.

Why Join a Developing Program

Being part of a new program means more than just training.

- * Athletes help **build the culture**, standards, and identity
- * Leadership opportunities are earned through action
- * Progress is visible and meaningful
- * Strong team bonds form through shared challenges
- * Athletes leave a **lasting legacy** for future teams

This is a chance to be part of something intentional, not inherited.

Facilities

FEIA is planning a dedicated training facility to support volleyball practices, ensuring consistent access to appropriate space and resources as the program grows.



Boarding and Day Options

* Full boarding available for student-athletes across Canada and internationally

* Day school options available for families in the Niagara Region



Academic Pathways

All volleyball athletes complete the Ontario Secondary School Diploma (OSSD) and receive guidance toward post-secondary pathways in Canada, the United States, and beyond.



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