

Our drinks and food are freshly prepared in small kitchens that handle various ingredients and common allergens including (cereals with gluten, sesame, peanuts, soy, tree nuts and milk, fish, eggs, soya) LIST ALL ALLERGENS HERE THAT YOUR PRODUCTS CONTAIN). Our counters and kitchens are busy places using shared equipment to prepare, store, and handle multiple ingredients. While we take precautions, there is always a possibility that different food products will come into contact. We always indicate when a product does contain any of 14 listed allergens but, we cannot guarantee any of our food or drinks are allergen-free.

Our Allergen Matrix contains a list of all the products we sell in our shops, and the 14 declarable allergen information listed for your reference.

	PG Items Contents. Key: ✓(Product Contains) MC (May Contains) VG (Suitable For Vegans) V (Suitable For Vegetarians) P (Suitable For Pescatarians) NG (Non Contains Gluten) Non Contains (Dairy)	Vegan	Vegetarian	Pescatarian	Non Gluten	Non Dairy	Celery	Gluten/ Cereals	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Tree nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide and sulphites
LOADED SALAD [PG]	BBQ Chicken						✓	✓ (Barley, Wheat, Gluten)					✓		✓				✓	✓
	Chimi Chicken				NG								✓							✓
	Mi-so Salmon			P	NG	ND					✓							✓	✓	✓
	Pickled Red Chillii x Pea & Lemon	VG	V			ND		MC (Cereals)								MC (Almonds)		✓	✓	✓
	Pot Roast Beef						✓	MC (Barley, Wheat)		✓			✓		MC	MC	MC	✓	✓	✓
	Gochujang Tofu	VG	V	P		ND		✓ (Wheat)	MC		MC			MC		MC (Almonds)		✓	✓	✓
LOADED RICE [PG]	BBQ Chicken						✓	✓ (Barley, Wheat, Gluten)					✓		✓				✓	✓
	Chimi Chicken				NG								✓							✓
	Mi-so Salmon			P	NG	ND					✓							✓	✓	✓
	Pickled Red Chillii x Pea & Lemon	VG	V	P		ND		MC (Cereals)								MC (Almonds)		✓	✓	✓
	Pot Roast Beef						✓	MC (Barley, Wheat)		✓			✓		MC	MC	MC	✓	✓	✓
	Gochujang Tofu	VG	V	P		ND		✓ (Wheat)	MC		MC			MC		MC (Almonds)		✓	✓	✓
LOADED PUFFS [PG]	All Day Cheesy Beano			P			MC	✓ (Barley, Wheat)		✓			✓		✓	MC	MC	MC	✓	✓
	BBQ Chicken						✓	✓ (Barley, Wheat, Gluten)					✓		✓				✓	✓
	Chimi Chicken				NG								✓						✓	✓
	Pot Roast Beef						✓	MC (Barley, Wheat)		✓			✓		MC	MC	MC	✓	✓	✓
	Protein Boost Cheesy Beano						✓	✓ (Barley, Wheat)		✓			✓		✓	MC	MC	MC	✓	✓
UFO [PG]	All Day Cheesy Beano			P			MC	✓ (Barley, Wheat)		✓	MC		✓		✓	MC	MC	MC	✓	✓
	BBQ Chicken						✓	✓ (Barley, Wheat)		✓	MC		✓		✓	MC	MC	MC	✓	✓
	Chimi Chicken						MC	✓ (Wheat)		✓	MC		✓		MC	MC	MC	MC	✓	✓
	Mi-so Salmon			P			MC	✓ (Wheat)		✓	✓		✓		MC	MC	MC	✓	✓	✓
	Pickled Red Chillii x Pea & Lemon		V	P			MC	✓ (Wheat) M (Cereals)		✓	MC		✓		MC	MC (Almonds)	MC	✓	✓	✓
	Pot Roast Beef						✓	✓ (Wheat) M (Barley, Wheat)		✓	MC		✓		MC	MC	MC	✓	✓	✓
	Protein Boost Chicken Cheesy Beano						✓	✓ (Barley, Wheat)		✓	✓		✓		✓	MC	MC	MC	✓	✓
	Gochujang Tofu		V	P				✓ (Wheat)	MC	✓	MC		✓	MC		MC (Almonds)		✓	✓	✓
SAS TOPPINGS	BBQ Chicken						✓	✓ (Barley, Wheat)											✓	
	Chimi Chicken				NG	ND													✓	✓
	Braised Beef & White Beans				NG	ND				MC			MC		MC			MC	MC	✓
	Fibre Packed Beans			P		ND	MC	✓ (Barley, Wheat)		MC			MC		✓			MC	MC	✓
	Smashed Avocado & Edamame	VG	V	P	NG	ND												✓	✓	✓
	Smoked Tofu	VG	V	P	NG	ND													✓	
	Flaked Salmon			P	NG	ND					✓							✓	✓	✓
	Pea & Lemon	VG	V	P	NG	ND														
	Crispy Onions	VG	V	P	NG			✓ (Wheat)												
	Cheddar Cheese				NG								✓							

PACKS [PG]

Ice Grapes: Unicorn		V	P								✓						✓
Ice Grapes: Upside Down Cheesecake		V	P					✓ (Wheat)			✓						✓
Ice Grapes: White Raspberry Delight		V	P					✓			✓						✓
Ice Mango: Double Choc Drop		V	P					✓ (Wheat)			✓						✓
Ice Mango: Naked	VG	V	P	NG	ND												
Ice Mango: Passion Fruit Twist	VG	V	P	NG	ND												
Ice Mango: Upside Down Mango Cheesecake		V	P					✓ (Wheat)			✓						
Ice Mango: White Choc Cookie Crumble		V	P					✓ (Wheat)			✓			MC (Hazelnuts, Pecans, Almonds, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias)			✓
Ice Mango: White Choc Pop		V	P					✓			✓			MC			✓
Potato Puff Pack (Containing items below):		V	P			✓	✓				✓		✓	MC (Almonds)			✓ ✓
Garlic Yogurt	VG	V	P	NG	ND									MC (Almonds)			✓
Yogurt Ranch		V	P	NG							✓		✓				✓
Proper Everything Seasoning Topping		V	P			MC	MC (Cereals)	MC		MC		MC	MC	MC	MC (Hazelnuts, Pecans, Almonds, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias)	MC	✓ ✓
Sweat Heat Seasoning Topping	VG	V	P	NG	ND												✓
Tangy BBQ	VG	V	P		ND	✓	✓										✓
Fluffy Potatoes	VG	V	P	NG	ND												✓
Chicken Salt Potato Puff Pack (Containing items below):				NG	ND												✓
Garlic Yogurt	VG	V	P	NG	ND									MC (Almonds)			✓
Spicy Chimi	VG	V	P	NG	ND												✓
Sticky Miso Soy	VG	V	P	NG	ND											✓ ✓ ✓	
Tangy BBQ	VG	V	P		ND	✓	✓										✓
Yogurt Ranch		V	P	NG							✓		✓				✓
Fluffy Potatoes	VG	V	P	NG	ND												✓
Proper Everything Potato Puff Pack (Containing items below):		V	P			MC	MC (Cereals)	MC		MC		MC	MC	MC	MC (Hazelnuts, Pecans, Almonds, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias)	MC	✓ ✓
Garlic Yogurt	VG	V	P	NG	ND									MC (Almonds)			✓
Spicy Chimi	VG	V	P	NG	ND												✓
Sticky Miso Soy	VG	V	P	NG	ND											✓ ✓ ✓	
Tangy BBQ	VG	V	P		ND	✓	✓										✓
Yogurt Ranch		V	P	NG							✓		✓				✓
Fluffy Potatoes	VG	V	P	NG	ND												✓
Sweet Heat Potato Puff Pack (Containing items below):	VG	V	P	NG	ND												✓
Garlic Yogurt	VG	V	P	NG	ND									MC (Almonds)			✓
Spicy Chimi	VG	V	P	NG	ND												✓
Sticky Miso Soy	VG	V	P	NG	ND											✓ ✓ ✓	
Tangy BBQ	VG	V	P		ND	✓	✓										✓
Yogurt Ranch		V	P	NG							✓		✓				✓
Fluffy Potatoes	VG	V	P	NG	ND												✓
Hot Damn Potato Puff Pack (Containing items below):		V	P														
Garlic Yogurt	VG	V	P	NG	ND									MC (Almonds)			✓
Spicy Chimi	VG	V	P	NG	ND												✓
Sticky Miso Soy	VG	V	P	NG	ND											✓ ✓ ✓	
Tangy BBQ	VG	V	P		ND	✓	✓										✓
Yogurt Ranch		V	P	NG							✓		✓				✓
Fluffy Potatoes	VG	V	P	NG	ND												✓
Sides Pack (Containing items below):		V	P								✓		✓			✓ ✓ ✓	
Cheesy Beans		V	P			MC	✓ (Rye)				✓		✓	MC	MC	MC	✓ ✓
Feta Tzatziki		V	P	NG							✓						
Fluffy Potatoes	VG	V	P	NG	ND												✓
Ginger Slaw wth Pickled Chillii	VG	V	P	NG	ND											✓	✓
Probiotic Pickled Slaw	VG	V	P	NG	ND												✓
Smashed Avocado & Edamame Beans	VG	V	P	NG	ND											✓ ✓ ✓	

DIRTY SODAS [PG]

[illegible]