Nov-26

Our drinks and food are freshly prepared in small kitchens that handle various ingredients and common allergens including (cereals with gluten, sesame, peanuts, soy, tree nuts and milk, fish, eggs, soya) LIST ALL ALLERGENS HERE THAT YOUR PRODUCTS CONTAIN). Our counters and kitchens are busy places using shared equipment to prepare, store, and handle multiple ingredients. While we take precautions, there is always a possibility that different food products will come into contact. We always indicate when a product does contain any of 14 listed allergens but, we cannot guarantee any of our food or drinks are allergen-free.

Our Allergen Matrix contains a list of all the products we sell in our shops, and the 14 declarable allergen information listed for your reference.

	Items Contents. Key: ✓(Product Contains) MC (May Contains) VG (Suitable For Vegans) V (Suitable For Vegetarians) P (Suitable For Pescatarians) NG (Non Contains Gluten) Non Contains (Dairy)	Vegan	Vegetarian	Pescatarian	Non Gluten	Non Dairy	Celery	Gluten/ Cereals	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Tree nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide and sulphites
SALAD PLATTER	Sweet BBQ Chicken						✓	✓ (Barley, Wheat, Gluten)					✓		✓				✓	✓
	Herby Chimi Chicken				NG								✓							✓
	Smashed Pea Patties	VG	V			ND		MC (Cereals)								MC (Almonds)		✓	✓	✓
	Smokey Gochujang Tofu	VG	V	P		ND		✓ (Wheat)	MC		MC			MC		MC (Almonds)		✓	✓	✓
CHICKEN UFO PLATTER	Sweet BBQ Chicken						✓	✓ (Barley, Wheat)		✓	MC		✓		✓	MC	MC	MC	✓	✓
	Herby Chimi Chicken						MC	✓ (Wheat)		✓	MC		✓		MC	MC	MC	MC	✓	✓
VEGETARIAN UFO PLATTER	Smokey Gochujang Tofu		V	P				✓ (Wheat)	MC	✓	MC		✓	MC		MC (Almonds)		✓	✓	✓
	Smashed Pea Patties		V	P			MC	✓ (Wheat) M (Cereals)		✓	MC		✓		MC	MC (Almonds)	MC	✓	✓	✓
SHARING SIDES	Melty Cheesy Beans loaded puffs			P			MC	✓ (Barley, Wheat)		✓			✓		✓	MC	MC	MC	✓	✓
	Baked Potato Puffs	VG	V	P	NG	ND													✓	
	Probiotic Pickled Slaw	VG	V	P	NG	ND														✓
INDIVIDUAL SIDES	Baked Potato Puffs	VG	V	P	NG	ND													✓	
	Cheesy Beans		V	P			MC	✓ (Barley, Wheat)		MC			✓		✓	MC	MC	MC	✓	✓
	Chicken Salt Puffs				NG	ND													✓	
	Feta Tzatziki		V	P	NG								✓							
	Ginger Slaw wth Pickled Chillii	VG	V	P	NG	ND												✓		✓
	Probiotic Pickled Slaw	VG	V	P	NG	ND														✓
	Proper Everything Puffs		V	P			MC	MC (Cereals)	MC		MC		MC	MC	MC	MC (Hazelnuts, Pecans, Almonds, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias)	MC	✓	✓	
	Smashed Avocado & Edamame Beans	VG	V	P	NG	ND												✓	✓	✓
	Sweet Heat Puffs	VG	V	P	NG	ND													✓	
	Red Hot Puffs	VG	V	P	NG	ND													✓	
INDIVIDUAL LOADED RICE	Sweet BBQ Chicken						✓	✓ (Barley, Wheat, Gluten)					✓		✓				✓	✓
	Smashed Pea Patties	VG	V	P		ND		MC (Cereals)								MC (Almonds)		✓	✓	✓
	Pot Roast Beef						✓	MC (Barley, Wheat, Rye)		✓			✓		MC	MC	MC	✓	✓	✓
	Herby Chimi Chicken				NG								✓							✓
	Glazed Mi-so Salmon			P	NG	ND					✓								✓	✓
	Smokey Gochujang Tofu	VG	V	P		ND		✓ (Wheat)	MC		MC			MC		MC (Almonds)		✓	✓	✓
D	Sweet BBQ Chicken						✓	✓ (Barley, Wheat, Gluten)					✓		✓				✓	✓

INDIVIDUAL LOADED SALAI	Smashed Pea Patties	VG	V			ND		MC (Cereals)								MC (Almonds)		✓	✓	✓
	Herby Chimi Chicken				NG								✓							✓
	Glazed Mi-so Salmon			P	NG	ND					✓							✓	✓	✓
	Pot Roast Beef						✓	MC (Barley,		✓			✓		MC	MC	MC	✓	✓	✓
	Smokey Gochujang Tofu	VG	V	P		ND		✓ (Wheat)	MC		MC			MC		MC (Almonds)		✓	✓	✓
INDIVIDUAL UFO	Melty Cheesy Beans			P			MC	✓ (Barley, Wheat)		✓			✓		✓	MC	MC	MC	✓	✓
	BBQ Chicken						✓	✓ (Barley, Wheat)		✓	MC		✓		✓	MC	MC	MC	✓	✓
	Chimi Chicken						MC	✓ (Wheat)		✓	MC		✓		MC	MC	MC	MC	✓	✓
	Mi-so Salmon			P			MC	✓ (Wheat)		✓	✓		✓		MC	MC	MC	✓	✓	✓
	Smashed Pea Patties		V	P			MC	✓ (Wheat) M		✓	MC		✓		MC	MC (Almonds)	MC	✓	✓	✓
	Pot Roast Beef						✓	✓ (Wheat) M (Barley,		✓	MC		✓		MC	MC	MC	✓	✓	✓
	Protein Boost Chicken Cheesy Beano						✓	✓ (Barley, Wheat)		✓	✓		✓		✓	MC	MC	MC	✓	✓
	Gochujang Tofu		V	P				✓ (Wheat)	MC	✓	MC		✓	MC		MC (Almonds)		✓	✓	✓
ICE GRAPES PLATTER	Caramel Crumble	VG	V	P	NG								✓						✓	
	Unicorn		V	P				✓					✓						✓	
	White Raspberry Delight		V	P				✓					✓						✓	
INDIVIDUAL ICE GRAPES	Naked	VG	V	P	NG	ND														
	Upside Down Cheescake		V	P				✓ (Wheat)					✓						✓	
INDIVIDUAL ICE MANGO	Naked	VG	V	P	NG	ND														
	Passion Fruit Twist	VG	V	P	NG	ND														
	Upside Down Mango Cheescake		V	P				✓ (Wheat)					✓							
	White Choc Cookie Crumble		V	P				✓ (Wheat)					✓			MC (Hazelnuts, Pecans, Almonds, Cashews,			✓	
DIPS [PG]	Cheese Sauce												✓							
	Garlic Yogurt	VG	V	P	NG	ND										MC (Almonds)			✓	
	Gochujang							✓ (Wheat)	MC		MC			MC		MC (Almonds)		✓	✓	✓
	Spicy Chimi	VG	V	P	NG	ND														✓
	Sticky Miso Soy	VG	V	P	NG	ND													✓	✓	✓
	Tangy BBQ	VG	V	P		ND	✓	✓											✓	
	Yogurt Ranch		V	P	NG								✓		✓					✓