

STREETWISE™

DRIIFT & DECISION CHECK.

A check in before drift becomes a pattern.



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**Clarity is lost
when decisions
aren't
questioned.**

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WHEN TO CHECK IN:

When you feel reactive or flat. Before making a decision or commitment. When you notice yourself compromising.

When you're about to say yes out of habit.

Stop drift before it compounds.

NOTICE THE DRIFT

Ask yourself:

- What am I tolerating that I shouldn't be?
- What standard has quietly slipped?
- What conversation or action am I avoiding?
- Where am I leaking time, energy, or focus?

Make a note...

Where are you operating out of alignment right now?

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CHECK THE DECISION

Ask yourself:

- Does this align with the direction I've set?
- Does this match the standard I expect of myself?
- Am I deciding from clarity or from pressure?
- Will this reduce future pressure, or create more?
- If I repeat this choice for the next 90 days, where does it take me?

Make a note...

What is your next right step?

HOLD THE LINE

Ask yourself:

- What boundary needs holding right now?
- What needs tightening, not adding?
- What am I allowing that weakens my standard?
- What is one thing I stop, simplify, or remove?

Make a note...

What do you need to hold steady, even if it's uncomfortable?

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**When drift sets in, come back
to the world around you.**

Fresh air.

Simple and nutritious food.

Movement.

A small act of kindness.

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**RESET ANYTIME.
RISE EVERY TIME.**