



Let's Break the Silence: Mental Health Matters in Accommodation & Food Services

Did you know that 34.7 out of every 100,000 male workers in the accommodation and food industries die by suicide? That's more than the national average.

As a service industry, those in the accommodation and food services industry often are faced with demanding work environments that can present:

- Long hours, low wages, and job insecurity
- High-pressure, fast-paced settings with constant customer interaction
- Irregular schedules that disrupt sleep and personal life
- Substance use and burnout as common coping mechanisms

Let's partner to create a supportive environment for those who serve and accommodate others every day.

BENEFIT FROM:



Tailored Support

Our EAP services are built with the realities of the accommodation & food services industries in mind.



24/7 Access

Immediate, confidential help when your employees need it most.



Supervisor Training

Equip managers to recognize warning signs and intervene early.



On-Site Support

Suicide prevention messaging and in-person education reduce stigma and promote awareness.



Proven Impact

We help you build a culture where mental health is taken seriously—improving morale, safety, and retention.

**Contact Us To
Request Info & Discuss
Your Options >>**

