

JULY IS DISABILITY PRIDE MONTH



Celebrate Inclusion. Support Accessibility. Prioritize Well-Being.

Disability Pride Month honors the history, experiences, and contributions of people with disabilities. It's a time to celebrate identity, promote visibility, and advance conversations around inclusion and accessibility in our workplaces and communities.

Your Employee Assistance Program

24/7/365 access to EAP counseling services and online resources for you and your immediate family members.

National EAP also offers self-guided support through our Member Portal and Wysa, our AI-powered mental health app grounded in Cognitive Behavioral Therapy (CBT).

Need Help?

CALL : 1-800-624-2593

Log On to the Member Portal

****Your company name is your username and password**

How Can National EAP Help?

▶ **Member Portal Disability Resources:**

Explore a rich library of articles, webinars, and tools.



Log in and search "Disability" to find relevant content.

▶ **Wysa: Mental Resilience App**

Download Wysa, our CBT-based app that offers AI-powered chatbot, for personalized emotional support, and 150+ self-care tools.



▶ **Work-Life Resources:**

From disability-related legal and financial resources to help navigating caregiving or medical needs, our resource network is available 24/7.



 **800-624-2593**  **www.nationaleap.com**

 **info@nationaleap.com**