

## Support. Resources. Connection. Anytime.

At National EAP, we celebrate Pride Month by standing with the LGBTQ+ community—including employees, family members, and allies. We honor diversity, inclusivity, and the freedom to live openly, proudly, and without judgment.

## Your Employee Assistance Program

24/7/365 access to EAP counseling services and online resources for you and your immediate family members.

National EAP also offers self-guided support through our Member Portal and Wysa, our AI-powered mental health app grounded in Cognitive Behavioral Therapy (CBT).

### Need Help?

**CALL : 1-800-624-2593**

**Log On to the Member Portal**

**\*\*Your company name is your username and password**

## How We Support You

- **24/7 Confidential Counseling:**  
Access support for yourself or a loved one—anytime, any day of the year. Complete our member intake form to get started.



- **Member Portal LGBTQ+ Resources:**  
Explore a rich library of articles, webinars, and tools.

Log in and search "Pride" to find relevant content.



- **Wysa: Mental Resilience App**  
Download Wysa, our CBT-based app that offers AI-powered chatbot, for personalized emotional support, and 150+ self-care tools.



## Featured Pride Month Webinars

**2024:** Explore key insights on supporting the LGBTQ+ community in work and life.

**Watch the webinar [HERE](#)** 

**Live on June 1, 2025:** Learn about promoting self-affirmation and equality .

**Watch on June 1<sup>st</sup>** 