



WEBINAR

THRIVE WITH NATIONAL EAP

Understanding Change: From Resistance to Resilience

November 12th
at 12 pm ET

[Register Today!](#)

[Click Here or](#)
[Scan the QR Code](#)

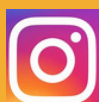


Every month, National EAP's expert coaches and clinicians deliver programming designed to help you grow personally and professionally. **This month, we're spotlighting strategies for navigating times of transition.**

Join this THRIVE webinar to deepen your understanding of the emotions tied to change and gain practical skills to manage it effectively. Shift your focus from resistance to resilience and lead with confidence! Register now!



Click the icons
to follow
National EAP >>



Need Help?

call: 1-800-624-2593

email: info@nationaleap.com

web: www.nationaleap.com