



FOOD & NUTRITION

Wellness Referrals

National EAP (NEAP) Members can request a **Nutrition Referral** for access to **virtual 1:1 nutrition counseling** through **Kelly's Choice**, a comprehensive nutrition and health company. Registered Dietitians from Kelly's Choice provide practical, sustainable strategies to support long-term health and wellness.

Benefits:

- Personalized medical nutrition counseling tailored to your unique health goals
- Services may be covered by your insurance
- Eligible use of HSA/FSA funds for qualified expenses

Specialties Include:

- Diabetes (Type I and Type II)
- Digestive Issues (IBS, IBD, Crohn's, Celiac Disease)
- Eating Disorders & Body Image Concerns
- Family & Child Nutrition
- Food Allergies, Intolerances & Sensitivities
- High Cholesterol
- Medical Weight Loss & Medication Support (GLP-1s)
- Stress Management
- Weight Management & Healthy Lifestyle Coaching
- Wellness and Disease Prevention
- Women's Health

Accepted Insurance

THE EMPIRE PLAN



Independent Health.



aetna



**Request Your Nutrition
Referral Today!**

✉ info@nationaleap.com



NEAP | NATIONAL EAP

KELLY'S CHOICE

DIETITIAN COMPANY

Employees:
[Click here to Request a Referral Link, or scan the QR code below](#)



Services are available in English and Spanish.

Learn About the Transformation Program

A science based, 12-week program to guide you to successful weight loss and educate you to keep it off for life.

