

# Let's Break the Silence: Mental Health Matters in Administrative & Support Services

**Did you know that 35.2 out of every 100,000 male workers in the administrative and support services industries die by suicide? That's more than the national average.**

Those in administrative and support services are often feel expendable due to:

- Low pay, limited job security, and high turnover
- Repetitive, undervalued tasks with little recognition
- Lack of upward mobility or career development opportunities
- Isolation or detachment from core operations and decision-making
- Chronic stress and minimal support for mental health

**It's time to recognize the invisible strain these workers carry.**

**Let's partner to build a workplace culture that values, supports, and uplifts everyone.**

## BENEFIT FROM:



### Tailored Support

Our EAP services are built with the realities of the automotive repair services industry in mind.



### Supervisor Training

Equip managers to recognize warning signs and intervene early.



### Proven Impact

We help you build a culture where mental health is taken seriously—improving morale, safety, and retention.



### 24/7 Access

Immediate, confidential help when your employees need it most.



### On-Site Support

Suicide prevention messaging and in-person education reduce stigma and promote awareness.

**Contact Us To  
Request Info & Discuss  
Your Options >>**

