

Let's Break the Silence: Mental Health Matters in Protective Services

Did you know that 34.8 out of every 100,000 male workers in the protective service industry—including police officers, firefighters, paramedics, and correctional officers—die by suicide? That's more than the national average.

Workers in protective services often face overwhelming challenges:

- Regularly exposed to trauma, violence, and death, that can lead to high rates of PTSD, depression, and anxiety.
- Irregular hours, sleep disruption, and chronic stress.
- Lack of work-life balance due to extended shifts
- Exposure to human suffering, life-threatening situations, and moral injury

These brave professionals put everything on the line for others, often at the cost of their own well-being. Let's partner to protect the people who protect us.

BENEFIT FROM:



Tailored Support

Our EAP services are built with the realities of the automotive repair services industry in mind.



Supervisor Training

Equip managers to recognize warning signs and intervene early.



Proven Impact

We help you build a culture where mental health is taken seriously—improving morale, safety, and retention.



24/7 Access

Immediate, confidential help when your employees need it most.



On-Site Support

Suicide prevention messaging and in-person education reduce stigma and promote awareness.

**Contact Us To
Request Info & Discuss
Your Options >>**

