



Let's Break the Silence: Mental Health Matters in Construction

Did you know that 65 out of every 100,000 male workers in construction and extraction roles die by suicide? **That's more than double the national average.**

Behind the hard hats and heavy lifting are **real people facing**:

- Chronic physical exhaustion and pain
- Workplace violence and harassment
- Job instability and seasonal layoffs
- Substance misuse (opioids and alcohol)
- A culture that stigmatizes mental health support

Let's partner together to build a culture where mental health is prioritized, stigma is reduced, and lives are saved.

BENEFIT FROM:



Tailored Support

Our EAP services are built with the realities of the construction industry in mind.



24/7 Access

Immediate, confidential help when your employees need it most.



Supervisor Training

Equip managers to recognize warning signs and intervene early.



On-Site Support

Suicide prevention messaging and in-person education reduce stigma and promote awareness.



Proven Impact

We help you build a culture where mental health is taken seriously—improving morale, safety, and retention.

**Contact Us To
Request Info & Discuss
Your Options >>**

