

Let's Break the Silence: Mental Health Matters in Automotive Repair Services

Did you know that 50 out of every 100,000 male workers in automotive repair services die by suicide? That's more than double the national average.

Many workers in automotive repair face a perfect storm of challenges:

- Long hours, tight deadlines, and the physical demand.
- Despite skilled work, many techs struggle with low wages.
- Fluctuating workloads present a concern for job insecurity.
- Chronic pain and long-term injuries due to the physical toll of years on the job.

Let's partner to change the culture in the shop and make mental health a priority.

BENEFIT FROM:



Tailored Support

Our EAP services are built with the realities of the automotive repair services industry in mind.



Supervisor Training

Equip managers to recognize warning signs and intervene early.



Proven Impact

We help you build a culture where mental health is taken seriously—improving morale, safety, and retention.



24/7 Access

Immediate, confidential help when your employees need it most.



On-Site Support

Suicide prevention messaging and in-person education reduce stigma and promote awareness.

**Contact Us To
Request Info & Discuss
Your Options >>**

