

Wysa

MENTAL HEALTH FOR ALL



Meet Wysa, National EAP's new EAP Wellness Platform and Your Personal Wellbeing AI Coach.

As a clinically validated program, Wysa blends cognitive behavioral techniques, mindfulness exercises, and empathetic conversations, offering a safe space for you to express your emotions, cope with stress, and build resilience.

It's non-judgmental, private, and available FREE to you.

What will you get with Wysa?



24/7 access to conversational AI chatbot



Library of **science backed self-care tools**



Anonymous and safe space



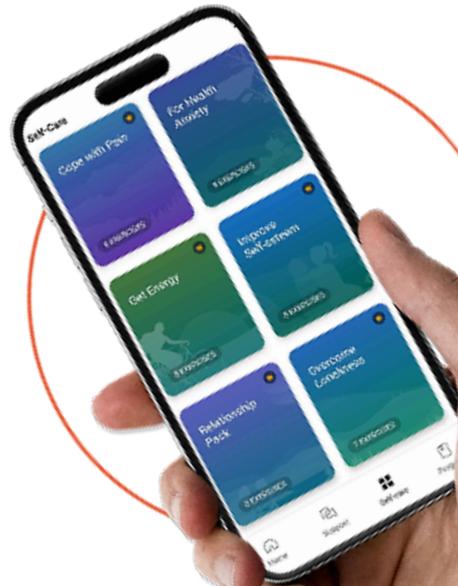
Daily check-ins to help build a routine

Speak to us **today** to customize an OAP program unique to your business needs!

✉ info@nationaleap.com



**Anonymous • Private
24/7 Access**



**DOWNLOAD
WYSA**

[Scan the QR Code below or Click Here](#)



If you experience difficulty downloading the app, go to your app store, download "Wysa" and enter the referral code: **NATEAP25**

