



# FOOD & NUTRITION

## Wellness Referrals

**National EAP (NEAP) Members** can request a **Nutrition Referral** for access to **virtual 1:1 nutrition counseling** through **Kelly's Choice**, a comprehensive nutrition and health company. Registered Dietitians from Kelly's Choice provide practical, sustainable strategies to support long-term health and wellness.

### Benefits:

- Personalized medical nutrition counseling tailored to your unique health goals
- Services may be covered by your insurance
- Eligible use of HSA/FSA funds for qualified expenses

### Specialties Include:

- Diabetes (Type I and Type II)
- Digestive Issues (IBS, IBD, Crohn's, Celiac Disease)
- Eating Disorders & Body Image Concerns
- Family & Child Nutrition
- Food Allergies, Intolerances & Sensitivities
- High Cholesterol
- Medical Weight Loss & Medication Support (GLP-1s)
- Stress Management
- Weight Management & Healthy Lifestyle Coaching
- Wellness and Disease Prevention
- Women's Health

### Accepted Insurance



**Request Your Nutrition  
Referral Today!**  
✉ [info@nationaleap.com](mailto:info@nationaleap.com)



**KELLY'S CHOICE**  
DIETITIAN COMPANY

Employees: Request  
a referral link by  
scanning the QR code.



Services are available in  
English and Spanish.