



U.S. Citizenship and Immigration

Resources for Those Impacted by Immigration and Deportation Concerns

Immigration challenges, including fear of deportation or ICE enforcement, can cause stress, uncertainty, and disruption for you, your family, and your community. Whether you're directly affected or supporting someone who is — you are not alone. National EAP is here to help with care, confidentiality, and expert guidance.

How National EAP Can Help

- **Emotional Support** - Talk privately with a licensed counselor about fear, stress, or trauma related to immigration or deportation concerns.
- **Legal & Immigration Referrals** - Receive a free consultation and connect with trusted legal professionals who can explain your rights and options.
- **Family Support** - Get help talking with your children, managing family stress, and finding community resources.
- **Workplace Guidance** - If immigration concerns are impacting your well-being, or sense of safety at work, NEAP can connect you with counseling and helpful resources.

Member Resources

Visit your [Member Portal](#) and search for “social unrest” to access additional relevant resources. Your company name is your username and password.



Support Your Colleagues

- **Lead with empathy.** Listen without judgment and respect their privacy.
- **Avoid assumptions.** Immigration experiences are personal and complex.
- **Offer resources.** Encourage colleagues to contact NEAP for confidential support.
- **Be an ally.** Help foster a safe, inclusive, and understanding workplace.

Contact National EAP Today for Assistance

 **Call National EAP at 800-624-2593**

 **Visit nationaleap.com/contact to submit your request online**

 **[Complete the Online EAP Intake Form](#)**

