



# EAP as a Tool For Managers

## Consultation & Resources

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### Employee in crisis?

Immediate support is just a call away!

### Concerned about someone on your team?

We can help you navigate sensitive situations with expert, trusted advice.

### Need help with work-related concerns or stressors?

NEAP is a resource for managers too! Get immediate consultation and support whenever you need it.

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**Call us today for a management consultation!**

**Support is available 24/7.**



#### **Need Help?**

Call: 1-800-624-2593

Email: [info@nationaleap.com](mailto:info@nationaleap.com)

**Did you know** your NEAP EAP offers Management Consultation and Support at no cost to you?

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- Guidance on how to approach employee performance, behavior, or well-being concerns
- Support for employees in crisis or navigating sensitive situations
- Strategies for difficult conversations
- How to refer employees to the EAP
- Coaching on managing conflict, interpersonal dynamics, or team stress
- Help navigating organizational changes and transitions
- Consultation around workplace stress, burnout, and leadership pressure

You also have online access to a wide range of resources regarding work and life topics. **Log in** to your Member Portal and browse articles, resources, interactive content, online learning seminars, and more!

