



# SAFE

## You Are Not Alone

### Resources for victims of sexual assault

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#### National EAP is here for You.

If you or someone you know has experienced sexual assault, please know that you are not alone. Sexual assault is a deeply traumatic experience that can leave individuals feeling overwhelmed, isolated, and afraid. Support is available, and help is within reach.

#### Your Employee Assistance Program through National EAP (NEAP) offers

confidential, no-cost support to help you navigate the emotional, physical, and practical challenges that may follow an assault.

#### NEAP can support you through:

- Confidential Counseling Services
- Legal and Medical Referrals
- Pre-Qualified Provider Referrals
- Digital Support Tools - Access to the NEAP member portal and Wya

**Reaching out for support is a personal decision, and there is no “right” timeline. NEAP is here to listen, support, and walk alongside you—every step of the way.**



#### Need Help?

CALL : 1-800-624-2593

[Log On to the Member Portal](#)

#### Links to Articles That Can Help:

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- ▶ [CDC Violence Protection](#)
- ▶ [OVW Domestic Violence](#)
- ▶ [Sexual Assault Fact Sheet](#)
- ▶ [Take Back the Night | Action Against Sexual Violence](#)
- ▶ [Rape, Abuse & Incest National Network](#)
- ▶ [The Safe Center of Long Island](#)

Remember, you are not alone. If you have experienced sexual assault, National EAP is here to help. Contact us today to learn more about our confidential services and to schedule an appointment with a counselor.

