

# Your HR & Employee Assistance Solution

**Support Employees. Empower Leaders. Strengthen Your Organization.**

NEAP delivers comprehensive **Employee Assistance (EAP)** and **Organizational Assistance (OAP)** programs designed to improve well-being, increase productivity, and build resilient workplaces. Our **360-degree solution** ensures **employees and organizations** receive the **support** they need, whenever and wherever they need it.

## Employee Assistance Program (EAP)

Confidential | 24/7 | No Cost to Employees

Providing employees and their household members with immediate access to professional, confidential support for personal and work-related challenges.

Core Support Areas:

- Stress, anxiety, and emotional well-being
- Marital and family concerns
- Alcohol and substance abuse
- Crisis intervention and support
- Physical and Mental Illness
- Grief & Loss

## Work-Life & Everyday Support

Helping employees stay focused at work by supporting life outside of it:

- Child & elder care referrals
- Legal referral (*FREE 30-minute consult*)
- Financial referral (*FREE 30-minute consult*)
- ID theft recovery (*FREE 60-minute consult*)
- Housing & community resources
- Food & nutrition counseling referral

## Modern Mental Wellness Tools

- Access to Wysa, an AI-powered mental well-being app
- Self-guided, CBT-based tools for stress management and resilience

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## Organizational Assistance Program (OAP)

### Strategic Partners for HR & Leadership

Our tailored solutions provide HR professionals and company leaders with guidance and support to address complex workplace challenges, strengthen organizational health, and drive sustainable performance.

Services include:

- Specialty Training
- Well Checks
- Onsite & Virtual Crisis Support
- 24/7 Human Impact Program for HR & Leadership
- Employee Mediation
- Critical Incident Response Services
- Enhanced Management Referrals
- Professional Development
- Expert Consultation & Solutions for Workplace Issues

## Why NEAP?

- 24/7 confidential access to care
- Comprehensive support for employees and leaders
- Enhances engagement, retention, and productivity
- Seamless, high-impact benefit for your organization
- Strategic partnership that supports real-life challenges

## CONTACT US TO CREATE YOUR HR & EMPLOYEE ASSISTANCE SOLUTION



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