

MANAGER ESSENTIALS PROGRAM

TRAINING



4-week Leadership Development *Building Confident Managers from Day One*

The **Athrú Manager Essentials Program** is a high-impact, 4-week leadership development experience designed to help new and emerging managers successfully transition into leadership roles with confidence and clarity.

Built for today's workplace, the program goes beyond theory to provide practical, real-world tools managers can immediately apply to lead teams, navigate challenges, and drive results.

Who Should Attend?

- **Newly promoted** managers
- **High-potential employees** preparing for leadership roles
- **Managers with less than five years** of leadership experience
- **Organizations looking to build strong**, consistent management practices

Format:

- 4 weekly sessions
- 90 minutes each
- Virtual - Live, instructor-led Interactive and discussion-based
- Practical tools and takeaways each session

Participants Will Gain:

- ✓ Confidence to successfully transition into a leadership role
- ✓ Practical coaching and communication skills to motivate and develop employees
- ✓ Strategies for delivering feedback, managing performance, and navigating difficult conversations
- ✓ Tools to build accountability, strengthen team performance, and lead with confidence

Program Details

Nov 4th - Management Essentials

Nov 11th - Motivational Leadership Strategies

Nov 18th - Straight Talk for Managers

Nov 25th - Accountability in the Workplace

Time: 9:00 am - 10:30 am ET

Cost:

NEAP Members: \$399

Non-Members: \$445

[Register Online](#)

