

ATHRÚ
TRAINING PARTNERS

2027 THRIVE Educational Webinar Schedule

Date	Topic & Registration Link	Description	Registration QR Code
Jan 20, 2027 12:00 pm ET	**More of What Matters – Creating an Intentional and Meaningful Year**	Start the year by focusing less on doing more and more on what matters. This webinar will help participants identify their priorities, turn them into realistic and meaningful intentions, and create simple strategies for staying aligned with what matters most throughout the year.	
Feb 17, 2027 12:00 pm ET	**Networking Without the Ick**	Networking doesn't have to feel awkward, forced, or transactional. This webinar explores how to build authentic professional relationships in ways that feel natural and genuine..	
Mar 17, 2027 12:00 pm ET	**Feedback Without the Flinch - Receiving feedback without getting defensive**	Feedback can be valuable, but it isn't always easy to hear. This webinar helps participants understand common defensive reactions and develop strategies for receiving feedback with greater curiosity and composure.	
Apr 21, 2027 12:00 pm ET	**Financial Fitness for Real Life**	Financial wellness isn't about having everything figured out. It's about building habits that support your life and goals. This webinar offers practical guidance for managing everyday finances, from budgeting and planning to making more intentional spending and saving decisions.	
May 19, 2027 12:00 pm ET	**Thriving in the Age of AI: Why Human Skills Still Matter**	As AI continues to reshape how we work, distinctly human skills are becoming more important, not less. This webinar explores how strengths like empathy, judgment, creativity, adaptability, and communication can help people work effectively alongside evolving AI tools.	
Jun 16, 2027 12:00 pm ET	**The Power of Boundaries – Protecting Your Time Without the Guilt**	Healthy boundaries can help protect our time and energy, but setting them can sometimes feel uncomfortable. This webinar explores how to recognize when boundaries are needed, communicate them clearly and respectfully, and manage the guilt that can come with saying no.	

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Jul 21, 2027 12:00 pm ET	**Back-to-School Success: Pre-K and Beyond**	Back-to-school season can bring excitement, change, and stress for the whole family. This webinar explores practical ways to prepare children of different ages for a smoother transition into the school year.	
Aug 18, 2027 12:00 pm ET	**Career Resilience – Staying Adaptable, Relevant, and Ready**	Today's workplace is constantly evolving, and career resilience can help you navigate change with greater confidence. This webinar explores how to stay adaptable, continue building relevant skills, and approach career transitions and new opportunities with a growth mindset.	
Sep 15, 2027 12:00 pm ET	**The Sandwich Generation - Caring for Aging Parents While Working**	Balancing a career, personal responsibilities, and the needs of aging parents can feel overwhelming. This webinar explores the unique challenges facing the sandwich generation and offers practical strategies for managing competing demands.	
Oct 20, 2027 12:00 pm ET	**Generations at Work: Bridging Difference, Building Connections**	Today's workplace brings together people from different generations, each shaped by different experiences and perspectives. This webinar explores how generational differences can influence communication, expectations, and collaboration.	
Nov 17, 2027 12:00 pm ET	**Better Together: The Power of Workplace Relationships**	Strong workplace relationships can make a meaningful difference in how we experience work. This webinar explores the role trust, connection, and support play in creating healthier, more engaged teams.	
Dec 15, 2027 12:00 pm ET	**Finish Strong: Reflection, Recovery & Renewal**	As the year comes to a close, taking time to pause can be just as valuable as pushing toward the finish line. This webinar invites participants to reflect on lessons and accomplishments, recognize what may need to be left behind, and create space for recovery.	