Introduction

# Treatment of type 2 DIABETES and NAFLD

Can you disrupt the progression of type 2 diabetes (T2D) with a single endoscopic procedure?

Dr. Dimitar Tonev

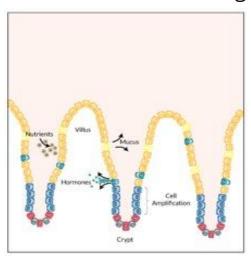
**Medical Consultant Fractyl** 

#### Indication for Use

Duodenal mucosal resurfacing (Revita) is intended to improve glycaemic control in patients with Type 2 Diabetes who have preserved pancreatic function and whose diabetes is poorly controlled with oral glucose lowering medications.

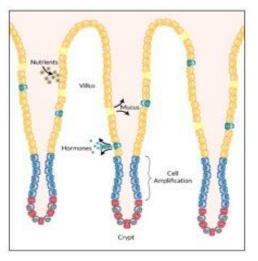
## Duodenal mucosal hyperplasia as a driver of insulin resistance

#### Normal Duodenal Lining



Epithelial proliferation due to high fat & high sugar diets<sup>1,4</sup>

Duodenal Lining Overgrowth<sup>2-4</sup>



Duodenal hormone hyperactivity<sup>2,5</sup>



Insulin Resistance

Revita targets the overgrowth of the duodenal lining with hydrothermal ablation to promote healthy epithelial regrowth and improve insulin sensitivity, a disease-modifying approach to T2D

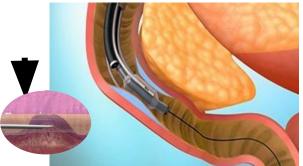


### Duodenal Mucosal Resurfacing (Revita)

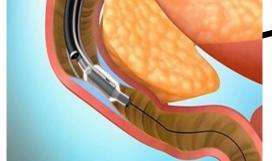
- 2-Step endoscopic ablation procedure performed in less than one hour in a day-case setting<sup>1</sup>
- No indwelling implant or surgical incision<sup>1</sup>
- A single treatment with durability up to 12 months or more<sup>2</sup>
- Performed by an interventional therapeutic endoscopist, ongoing care of patient remains with original T2D consultant
- Post-Revita, patient transitions from liquid to solid diet over 10-14 days<sup>1</sup>
- Leads to healthy epithelial regrowth within 4-6 weeks
- CE mark enables its use in EU as an endoscopic therapeutic approach for the treatment of complications derived from insulin resistance: T2D, NAFLD, PCOS

Hvdrothermal

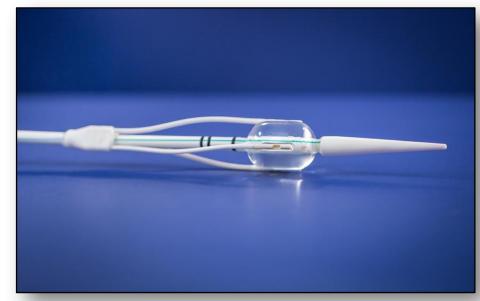
Targets duodenal mucosa between Ampulla of Vater and Ligament of Treitz



Step 1: Circumferential saline injection for a precise lift every time



Step 2: Hydrothermal ablation cycling cooled and heated water for maximum tissue protection

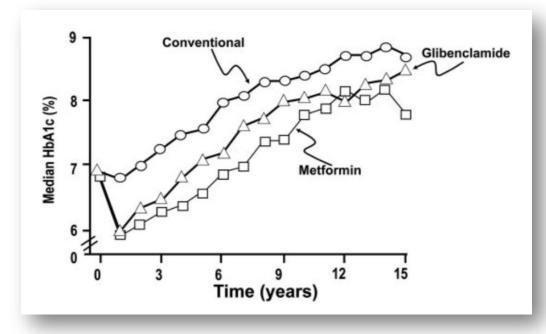




## T2D IS A PROGRESSIVE DISEASE; OPTIMAL GLYCAEMIC CONTROL IS CHALLENGING

T2D is characterized by insulin resistance, high blood sugar, and the chronic deterioration of beta cell function

Even with optimal adherence to Oral Anti-diabetic Medications (OADs), over time the progressive rise in HbA1c and deterioration in beta cell function may be observed, requiring medication intensification<sup>1</sup>

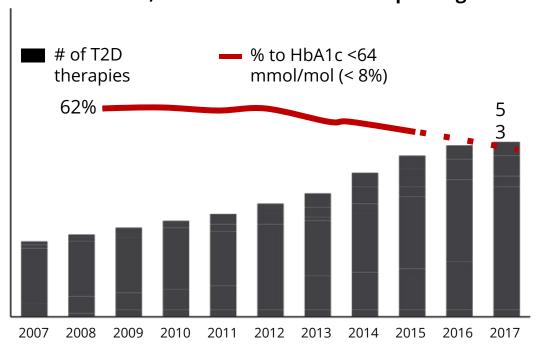


The effect of sulfonylurea (glibenclamide = glyburide) and metformin therapy on the plasma A1C concentration in newly diagnosed type 2 diabetic subjects.<sup>1</sup>

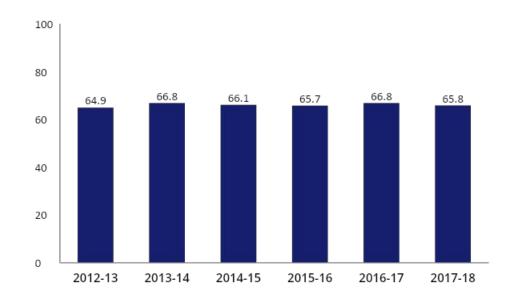


## DESPITE ADVANCES IN PHARMACOLOGICAL TREATMENTS, PATIENTS STILL STRUGGLE TO REACH HBAIC TARGETS

Although the Number Available Diabetes Medicines has Increased, Glucose Control is Not Improving<sup>1-2</sup>



National Diabetes Audit (England & Wales)
Percentage Achieving Treatment Targets
HbA1c <58 mmol/mol (<7.5%)<sup>3</sup>





# INSULIN NAÏVE PATIENTS MAY DELAY INTENSIFICATION, EXTENDING GLYCAEMIC BURDEN<sup>1</sup>

### Therapeutic Inertia Plays A Key Role in Hyper-Glycaemia<sup>1</sup>

UK research showed ~50% of patients that fail ≥ 2 OADs (≥ 8.0% HbA1c) delay insulin initiation for almost 5 years after their first oral glucose-lowering agent (OGLA) failure<sup>1</sup>

#### Patient Barriers to Insulin Initiation<sup>2</sup>

- Quality of Life perceptions
- Fear of side effects (weight gain, hypoglycaemia, injection site pain)

#### Clinical Barriers to Insulin Initiation<sup>2</sup>

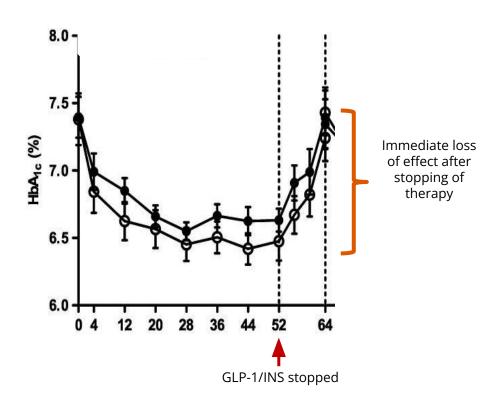
- Concerns about side-effects, i.e. hypoglycaemia
- Complicated patient-type, high comorbidities
- Insulin requires specialist training and more patient education

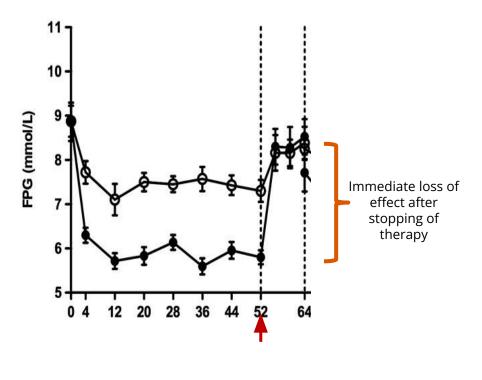




# WITHOUT ONGOING INJECTABLE ADMINISTRATION & ADHERENCE, BENEFICIAL EFFECTS ARE NOT SUSTAINED<sup>1</sup>

HbA1c & Fasting Plasma Glucose Worsens After Ceasing GLP-1 and Insulin Therapy





GLP-1/INS stopped



#### REVITA PATIENT PROFILE

#### **CLINICAL**

- Currently on multiple OAD medications
- HbA1c remains uncontrolled over multiple follow-up visits OR
- HbA1c has slipped from target and intensification is necessary
- High Fasting Plasma Glucose (FPG)
- Elevated liver enzymes, at risk for NAFLD/NASH
- High TG/HDL ratio
- BMI <40; weight loss is secondary to metabolic concerns
- Potentially on multiple medications for concomitant conditions (e.g. CV)
- Has received prior lifestyle/nutritional counseling



**Professor** 



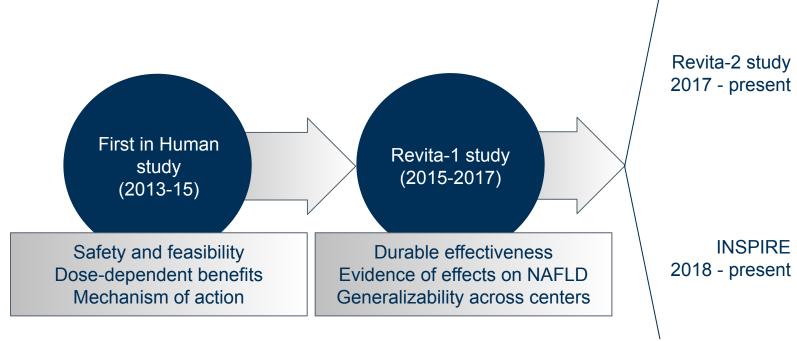
**Advertising Executive** 

#### **BEHAVIORAL**

- Resistant/fear of intensification to injectable therapies and their side-effects (e.g. weight gain, hypoglycaemia, nausea)
- Frustrated by uncontrolled HbA1c despite already being on multiple anti-diabetic medications
- Concerned about the growing number of daily medications and their management
- Open and inquisitive about other treatment options



### **Key DMR clinical trials**



1st randomized + blinded study in T2D + NAFLD

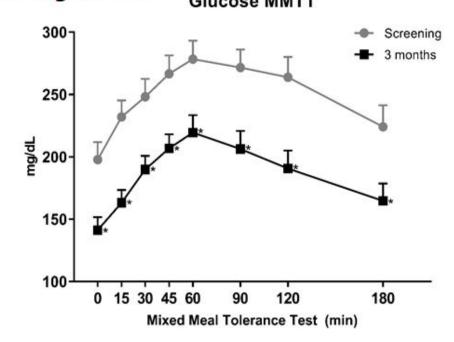
> Study of insulin withdrawal in T2D



# First-in-Human Study (FIH) established feasibility and "dose-dependent" efficacy

- Procedural implementation and safety
- DMR Efficacy:
  - Lowered HbA1c, fasting glucose
    - 1.2% at 6 months in the full cohort (P < 0.001)</li>
    - Dose-dependent glycemic improvement
      - LS: -1.4% at 6 months
      - SS: -0.7% at 6 months
  - Broad Metabolomic Benefit
    - J Hepatic Insulin Resistance
    - JOxidative Stress and Inflammation
    - † Increased markers of improved mitochondrial function, lipid oxidation and Krebs cycle

### Postprandial glucose levels measured during MMTT. Glucose MMTT



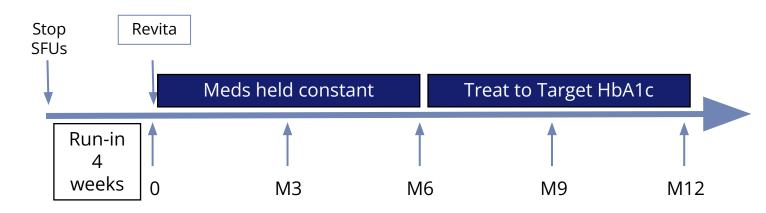
<sup>\*</sup>Indicates a significant (p < 0.05) change compared to the corresponding time point at screening (paired students t-test).

Metabolomics analysis subcohort (n=14).

LS = long duodenal segment ablated (LS ~9.3 cm treated) SS = Short duodenal segment ablated (SS ~3.4 cm treated)



#### REVITA-1 STUDY DESIGN & PATIENT CHARACTERISTICS



- Multicenter center, single arm study
- Designed to evaluate efficacy and safety of DMR in T2D patients
- 7 participating sites in Europe and Chile
- Entry: HbA1c 7.5-10% on oral anti-diabetic medication
- Sulfonylureas withdrawn at -4 weeks prior to Revita procedure
- Concomitant meds constant through 24 weeks
- Patients followed for 2 years (current data available at 12 months)

Patient characteristics	N=46	
Age, years (range)	55 (31-69)	
Duration of type 2 diabetes, years (range)	6 (0.1-12)	
Weight (kg)	90.3 (13.1)	
BMI (kg/m²)	31.6 (4.3)	
HbA1c (mml/mol)	70 (9)	
(%)	8.6 (0.8)	
FPG (mmol/L)	10.7 (2.7)	
HOMA-IR Index	8.0 (5.7)	

Clinical Characteristics at baseline. Values are mean (SD) unless other wise noted. BMI: Body Mass Index; HbA1c: Glycated Hemoglobin A1c; HOMA-IR: F-TGs: Fasting Plasma Glucose

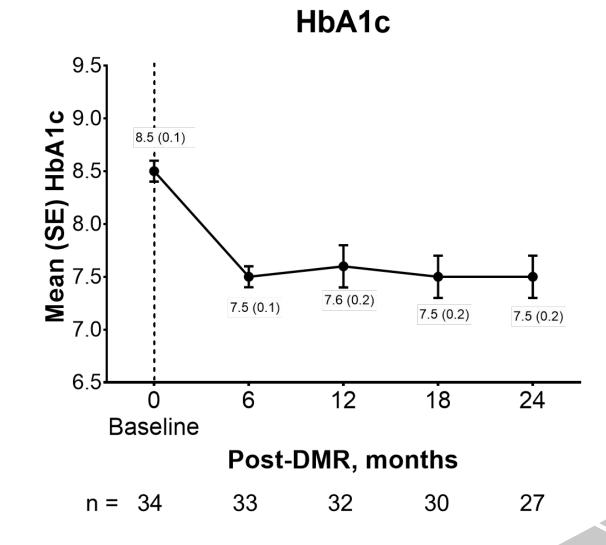


# Significant and sustained improvements in HbA1c from a single procedure

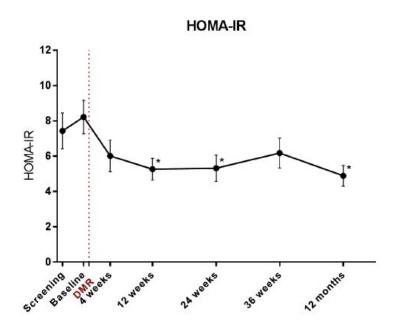
Sustained HbA1c reductions through 24 months thus far

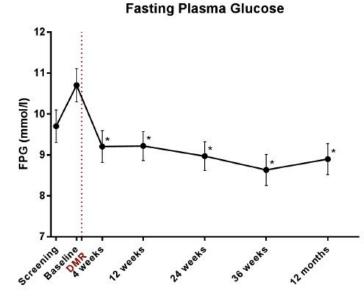
80% response rate with 1.4% HbA1c reduction at 24 months in responders

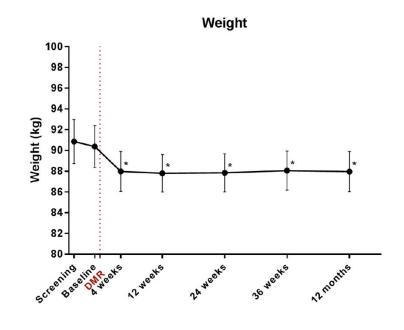
Significant and sustained improvement in quality of life



## IMPROVED INSULIN SENSITIVITY AND LOWER FPG INDEPENDENT OF WEIGHT LOSS<sup>1</sup>







HOMA-IR was reduced by 2.9±1.1 at 24 weeks and by 3.3±0.9 at 12 months post DMR compared with baseline (p <.001)<sup>1</sup>

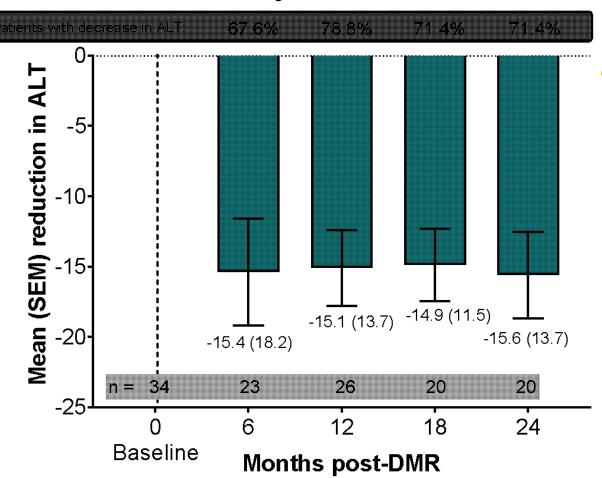
FPG reduced by 1.7±0.5 mmol/L (p <.001) and 1.8±0.5 mmol/L (p <.001) at 24 weeks and 12 months post DMR, compared with baseline<sup>1</sup>

A modest weight reduction was observed:  $-2.5\pm0.6$  kg (p < .001) at 24 weeks and  $-2.4\pm0.7$  kg (p < .001) at 12 months<sup>1</sup>



### **Durable improvements in LFTs**

#### **Durability of ALT Reduction**



- Persistent reductions in ALT in treatment responders suggest:
  - Sustained and meaningful reduction in liver injury and inflammation
  - Additional benefit of DMR on biomarkers of NAFLD

van Baar et al. Poster VAN 19122D presented at DTM; 15 Nov 2019. Responders were defined as patients with any improvement from baseline in ALT levels at any given time point. Roughly 33% of patients entered the study with "normal" ALT levels. ALT = alanine aminotransferase; DMR = duodenal mucosal resurfacing; NAFLD = nonalcoholic fatty liver disease; SEM = standard error of the mean; T2D = type 2 diabetes.



## IMPROVEMENT OF LIPID PARAMETERS & OTHER METABOLIC VALUES

Lipid parameters associated with cardiovascular risk improved with significant reductions in triglycerides and increases in fasting HDL<sup>1</sup>

Indices	Baseline	12 weeks	P value
Fasting C-peptide (ng/ml)	$3.2 \pm 0.3$	2.7 ± 0.2	= 0.01
Fasting Triglycerides (mg/dl)	209.0 ± 32.0	150.0 ± 20.0	< 0.01
Fasting HDL (mg/dl)	45.7 ± 2.8	49.2 ± 3.2	< 0.05
Ferritin* (ng/ml)	90.8 ± 16.6	69.4 ± 15.5	< 0.01

Values are all mean ( $\pm$ SEM); n = 24 except where indicated; \* n=23



# REVITA-2 study- safety and efficacy of DMR compared with a sham procedure

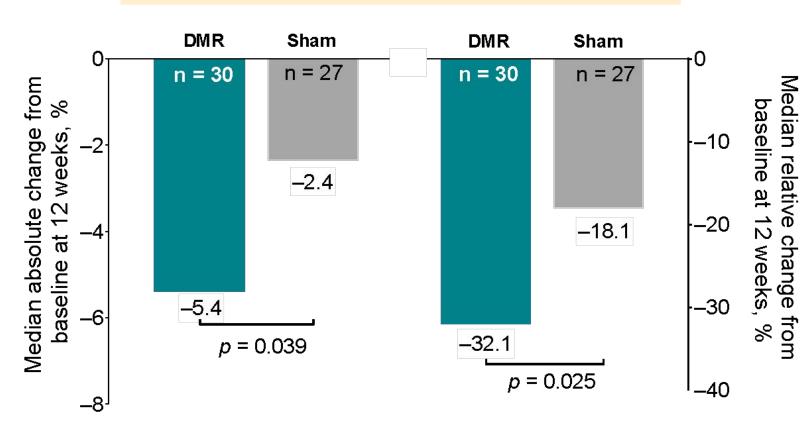
Changes in Liver MRI-PDFF in Patients with > 5% Liver Fat Content at Baseline (mITT)

Baseline median (min, max) liver MRI-PDFF: 16.1 (5.5, 35.8)

First sham-controlled study in T2D + NAFLD

Top-line positive results in both HbA1c and MRI-PDFF

First disease-modifying therapy for metabolic disease

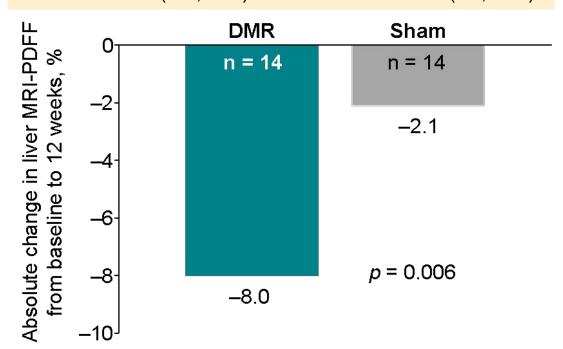


Data on File, Fractyl Laboratories Inc.

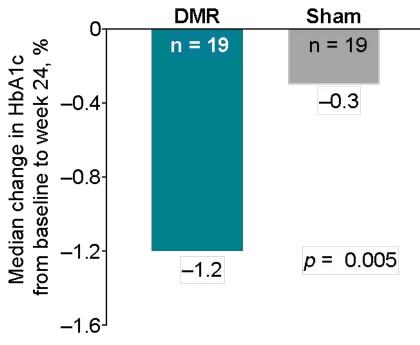
Treatment comparison one-sided p value based on ANCOVA model with Multiple Imputation on the rank values (modified ridit scores). Via multiple imputation, analysis is based on all patients in the population of interest where post-rescue values are first set to missing. ANCOVA = analysis of covariance; DMR = duodenal mucosal resurfacing; MRI-PDFF = magnetic resonance imaging proton density fat fraction.

# REVITA-2: Greater reductions in liver MRI-PDFF and HbA1c in patients with baseline FPG ≥ 180 mg/dL

Baseline median (min, max) liver MRI-PDFF: 20.3 (8.0, 35.8)<sup>1</sup>



Baseline median (min, max) HbA1c: 8.5 (7.7, 10.0)<sup>1</sup>



Greater benefit in patients with higher FPG at baseline<sup>2</sup> supports the role of hepatic IR in NAFLD/NASH and T2D

DMR = Quodenal mucosal resurfacing; FPG = fasting plasma glucose; MRI-PDFF = magnetic resonance imaging proton density fat fraction; T2D = type 2 diabetes; PP = per-protocol.

<sup>1.</sup> Data on File, Fractyl Laboratories Inc. 2. Rajagopalan H, et al., *Diabetes Care*. 2016;39:2254. Treatment comparison (DMR vs. SHAM) one-sided *p* value from ANCOVA on ranks (modified ridit scores) model with no imputation of missing data and values post-rescue medication are set to missing with baseline value and the change from screening to baseline value as covariates in the model. Analyses presented were in complete casers.

# INSPIRE study-can DMR eliminate the need for insulin in T2D?

#### INSPIRE study:

- Day 1: DMR procedure & stop insulin
- Day 14: Start liraglutide

Improved quality of life + metabolic health

Substantial (12% total body) weight loss

75% successfully discontinue insulin

True disease reversal

> 200 patient waiting list for DMR

### Improvements seen in all parameters of metabolic health by 6 months

	Baseline (n=16)	6 months (n=16)	<i>p</i> -value
% free of insulin	0%	<b>75%</b>	
HbA1c (% pt)	7.5	7.0	NS
BMI (kg/m²)	29.2	25.7	0.001
HOMA-IR	8.1	2.5	0.002

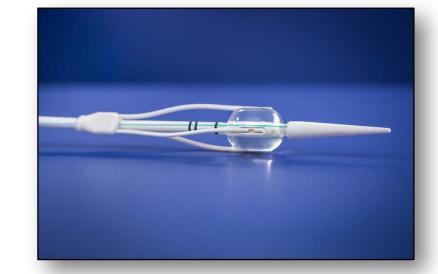
#### **REVITA SAFETY & TOLERABILITY**

#### DMR has an acceptable safety profile and is well-tolerated by patients

- Revita has been studied in close to 300 patients in clinical trials globally and within NHS hospitals in the UK
- No Unanticipated Adverse Device Effects (UADEs) reported
- No device or procedure related deaths reported
- No incidence of pancreatitis, gastro-intestinal bleeding or incidence of injury to surrounding organs
- No incidence of procedure-related infection (no systemic infection, no abscess)

#### **Most commonly reported AEs were:**

- Mostly mild
- Reported within the first month of the procedure
- Associated with the GI system post-endoscopic procedure effects
- Uncommon mild hypoglycaemia observed in the post-procedure period (2 weeks) in the presence of concomitant hypoglycemic agents





#### IMPORTANT SAFETY INFORMATION

The Revita system is intended to improve glycaemic control in patients with Type 2 Diabetes who have preserved pancreatic function and whose diabetes is poorly controlled with oral glucose medications. In clinical trials, the most common device/procedure related adverse events reported were abdominal pain, constipation, diarrhoea, nausea, and throat pain, occurring in the first 30 days of treatment. Contraindications include: Type 1 Diabetes, history of ketoacidosis, probable insulin production failure, current use of insulin/GLP-1 analogues, hypoglycaemia unawareness, history of severe hypoglycaemia, known autoimmune disease, history of chronic or acute pancreatitis, known active hepatitis or active liver disease, symptomatic gallstones or kidney stones, and use of anticoagulation therapy, NSAIDS, corticosteroids, or weight loss medications which cannot be discontinued. Risk of complications include procedural risks that may lengthen hospital stay.

For a full list of indications, contraindications, and risks refer to the Revita system Instructions for Use



### Summary

**DMR procedure is targeting the progression of T2D** with a single procedure, using minimally-invasive, therapeutic device

**DMR procedure improves and sustain glycaemic and metabolic parameters** without additional medication intensification and side effect burden<sup>1</sup>

- ✓ Improved glycemic parameters (HbA1c, FPG, and HOMA-IR) in as little as 4 weeks and sustained results for 24 months¹
- ✓ Significant reductions in key hepatic parameters such as Alanine Aminotransferase (ALT) and absolute liver fat quantification (MRI-PDFF)<sup>1-2</sup>
- Benefits CV and lipid parameters<sup>2</sup>



