



# AmoBeadibeadi

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July 2020

## Superheroes join Race4Charity



Back left to right: David Williams, Thembinkosi Simelane, Mahesh Narendra Ratanjee, Khaya Sibeko, Ziaad Hoosen, Leon Mudaly and Dr Grant Matkovich. Front left to right: Thembela Ngcengeni, Kathryn Baxter and Nontuthuko Mashimane

Prior to the inevitable cancellation of the 2020 Comrades Marathon, a team of 61 runners joined the Race4Charity campaign to raise funds for the Community Chest. Collectively they have raised R 141 990.

The funds raised from the Race4Charity campaign will be used to feed and educate over 6000 children. The commencement of the lockdown meant that training for runners was restricted. However, keeping the end goal in sight, our Superheroes adapted to the home environment with heroic spirit and tenacity. Training continued in the home environment as they were determined to keep fit.

Determined to pursue their fundraising, runners resorted to innovative fundraising methods. The Crop Top run initiated by Kathy Naylor attracted much support.

The Community Chests Healthy Active Vibe, also a virtual fundraiser was embraced by runners and their families. Participants were asked to perform any healthy activity for a donation to the Community Chest. Activities such as skipping, walking the dog, strength routines and running proved popular.

The virtual fundraiser attracted great support and Funky Pants was the main prize sponsor of the event.



**The Durban and Pietermaritzburg Community Chests  
together are one of the Comrades Marathon's official charities for 2018-2021**



# Race4charity



Hazel Mngomezulu



Catherine Hopkins



Roger Comish



Kathryn Baxter



Logan Naidoo



Marcus Wilkinson



Thank you to our  
Superheroes who  
together raised  
R 141 990  
for the  
Community Chest  
through  
Race4Charity

- Hazel Mngomezulu
- Catherine Hopkins
- Roger Comish
- Kathryn Baxter
- Logan Naidoo
- Marcus Wilkinson
- Maurice Rosen
- Jordan Kalinowski
- Nato Amaral
- Nicole D Van Der Merwe
- Nontuthuko Mashimane
- Manoel Nascimento Lima
- Lungile Dlamini
- Elsabet Bester
- Mahesh Narendra Ratanjee
- Thabo Ephraim Moeketsi
- Moeketsi Radebe
- Jared Van Der Merwe
- David Williams
- Thembela Ngcengeni
- Andrea Walker
- Ziaad Hoosen
- Candice Humphrey
- Raniel Misra
- Yumarlin Chetty
- Leon Mudaly
- Phumelele Baqwa

E & OE



# Race the Comrades Legends

The cancellation of the Comrades Marathon brought profound sadness to thousands of runners. The last time this great event had to be cancelled was in the years of World War II. In those days there was no substitute to help the runner through those difficult years.

With technology and innovation the Comrades Marathon Association (CMA) was able to 'fill the gap' that the cancellation of the race brought. On Sunday, 14 June 2020 (which would have been the date of the Comrades Marathon 2020), the CMA hosted a virtual event in support of the running community, "Race the Comrades Legends".

Runners, supporters and anybody around the world competed in a Comrades Marathon experience, with the goal of the Greatest Ultra Marathon hosting the World's Greatest Virtual event.

Past Comrades runners, supporters and Comrades runners of the future were be inspired to earn a special "Race the Legends" Comrades medal to mark their participation in this unique time in the history of the race. To accommodate all as part of this experience and create the world's largest virtual event, entrants participated in distances ranging from 5km to 90km. The CMA enabled charities to benefit from the event by encouraging donations with entries and offering an incentive for charities that recruited entrants.

For the first time, people who would never have thought of entering the Comrades marathon, felt included and were able to participate and receive a medal.

*Thank you to the following sponsors who support the Community Chests Comrades Marathon fundraising initiatives*

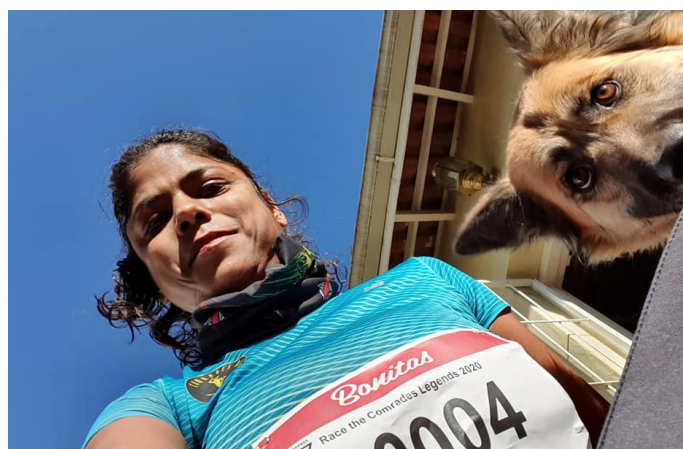
- Comrades Marathon Association
- Funky Pants
- Keyline Graphics
- Mrs McDonald
- Roman's Pizza



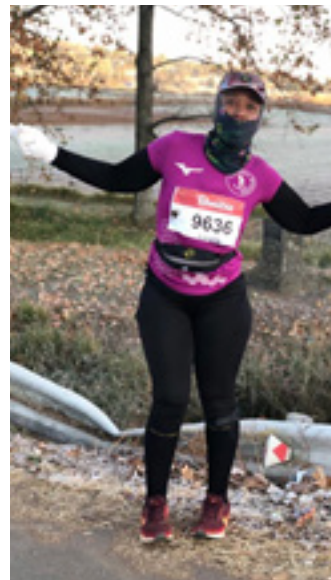


# Start list

- Mark Pickering
- Craig Carolan
- Thembela Ngcengi
- Candice Humphrey
- Ashraf Vanker
- Andrea Kraushaar
- Pitso Mokemane
- Charity Mokemane
- Zinhle Mkhize
- Mashadishadi Molapo
- Carol Crosley
- Poobalan Soobramoney Govender
- Sushila Naicker
- Andrew Fleming
- Ravi Naidoo
- Gordan Pillay
- Khaya Sibeko
- Enhle Ngcobo
- Thabo Kgakgamashe
- Yumarkin Chetty
- Sphiwo Joseph Sangweni
- Scelo Kwazi Thusi
- Lindela Gushu
- Sello Ramaloko
- Pappas Motloung
- Winners Khosa
- Rushenthren Moodley
- Thembi Nhlapo
- Grant Harrison
- Desen Pillay
- Ruwen Pillay
- Thabo E Moeketsi
- Taryn Opperman
- Hazel Mngomezulu
- Mervin Kanniah
- Ushana Mahabir
- Anthony Gounden
- Briarley Bekker
- Sibonelo Mashimane
- Lungile Dlamini
- Alison Gay
- Mohammed Shabeer Hassan
- Loganathan Naidoo
- Roger Comish
- Amanda Waaler
- Maurice Rosen
- Jan McCabe
- Jon O'leary
- Mahesh N Ratanjee
- Irvine Naidu
- Deena Naidoo
- Delaine Cools
- Joyce Croucher
- Trison Peters
- Samuel Luqongo
- Mark Alderson
- Peggy Mtengwane
- Mbali Gasa
- Mike McCarthy
- Anand Naidoo
- Ramlall Jackpersadh
- Kathryn Baxter
- Edwin Muller
- Thirushen Odayar
- Dennis Mbona
- Daveshini Padayachee
- Charmaine Archak
- Sharmala Naidoo
- Nikhil Mahesh Ratanjee
- Ashmita Ratanjee
- Sahil Mahesh Ratanjee
- Ziaad Hoosen
- Solomon Chinsamy
- Anton Neethling
- Khanyiso Ndlovu
- Ashen Ramkissoon
- Domenic Jeremiah Kgwadi
- Caren Gouws
- Zamadonda Xulu
- Patchipen Pillay
- Margie Padayachee
- Iede Regina Fernandes Nizza
- Peter H Taylor
- Nomcebo Mthethwa
- Lars Waaler
- Ryan Chetty
- Gayle Winson
- Luke Newlands
- Trisal Tiara Kuppen
- Raniel Misra
- Leon Mudaly
- Neylon Chinsamy
- Preatund Goordin
- Peter Russell
- Songe Chisi
- Martin Hennelly
- Alice Kruger
- Antony Clapham
- Jance Van Rensburg
- Lydia Van Rensburg



# Start list



- Lydia Van Rensburg
- Roshan Bridglall
- Cristina Fischhaber
- Karthigeyan Chetty
- Nathie Ndlela
- Keaton Gounden
- Keyuri Gounden
- Londa Makhaye
- David Thorington-Smith
- Terence Cross
- Lee-Ann Perse
- Logan Naidoo
- Obakeng Sebona
- Theshni Appasamy
- Nozuko Mfenyana
- Freddy Poopedi
- Joe Mbele
- Lydia Steenkamp
- Alen Lucas Hattingh
- Jo Jennings
- Lexi Jennings
- Tharushni Perumal
- Bianca King
- Geetha Pillay
- Sanjeev Sookraj
- Tanusha Ramphal
- Kirav Ramphal
- Hannah McCarthy
- Chantelle Williams
- Thabani Wiseman Dlamini
- Selwyn Isaacs
- Kyle Middleton
- Lingium Naicker
- Alex Musawenkosi
- Niteese Lenton
- Bailey O'leary
- Roxanne Thomas
- Neervani Jacpasad
- Cassim Jasat
- Catherine Naidoo
- Saloshni Pillay
- Anamika Premrajh
- Vinesan Pillay
- Kian Lance Goven-der
- Tymara Jackpersadh
- Sithara Jackpersadh
- Elizabeth Zaloumis
- Yasmeen Varachia
- Mich Burnside
- Suvash Singh
- Ravin Beachoo
- Breiton Chetty
- Kanipan Chetty
- Caitlin Burn
- Lisa-Claire Garden
- Peter Forrest
- Craig Briggs
- Shannon Briggs
- Goldie Hill
- Gareth Llewellyn
- Jeremy Roberts
- Robert Konigkramer
- Ledwaba Jacob
- Martin Croucher
- Izani Jacobs
- Pravershan Subra-money
- Mogie Narayanan
- Rani Appasamy
- Sanjay Maharaj
- Arulan Logan Pillay
- Saleem Vanker
- Peter Reid
- Rylee Thomas
- Carla Manion
- Fadeela Deedat
- Ntombesizwe Mtem-bu-Tala
- Ratsela Tala
- Zana Neethling
- Tristan Neethling
- Petro Neethling
- Jeffery Minnaar
- Jason Strydom
- Ragini Ramkumar
- Minoli Kruger
- David De Wet
- Zanele Papa
- Desleen Saffier
- Lloyd Holley
- Claudia Erradu
- Nankan Rajpaul
- Nonhlanhla Zwane
- Sifiso Zwane
- Katlego Mothapo
- Gary Pienaar
- Craig Pienaar
- Jonathan Pienaar
- Simon Pienaar
- Jean Pienaar
- Siyabonga Mazibuko
- Gary Comish