



# Honouring Equity & Access IN INDIGENOUS REPRODUCTIVE & TRAUMA INFORMED SERVICES

## HEARTS OUR WORK

PAULA  
George  
OPENING  
SQUAMISH  
NATION



JUSTICE and  
ADVOCACY

## STORY PROJECT

INDIGENOUS Family  
Planning

Stories are NOT JUST Shared,  
they ARE CARRIED

Prioritizing  
CARE  
despite the  
COSTS

WE NEED OUR  
IDENTITY  
AS INDIGENOUS  
PEOPLE  
RESPECTED

Imagine A  
WARMER  
FUTURE

NEXT  
STEPS:  
STORY 2.0

## THE FIREWEED PROJECT

ABORTION  
CARE

OUR  
ANCESTORS  
had CHOICE,  
we Want  
it, Too!

SHARE INFO  
ON ABORTION  
CARE



SELF  
Determination  
over My Body  
is Traditional

ACCESS,  
Racism,  
Distance  
to Services  
are ALL  
Relevant

The Health Care  
System is Inconsistent  
and Difficult to NAVIGATE

Family



Weaving Fabric

## AMPLIFY

SYSTEM TRANSFORMATION  
grounded in INDIGENOUS Knowledge  
ARTS based METHODS



SAFETY

Relationality

CONNECT  
TO OUR  
ANCESTRAL  
Knowledge

CULTURAL  
SAFETY,  
Humility  
& ANTI-  
Racism

OUR BODIES,  
IDENTITIES &  
HEALTH ARE  
SACRED

SHARE  
OUR  
Stories & ART

Meaningful and Healing

WE ARE MOTHERS  
SISTERS, DAUGHTERS  
NIECES, AUNTIES  
GRANDMOTHERS

PASSION FOR BIRTH WORK and



## opening circle

WHO ARE WE, HOW ARE WE CONNECTED?  
MAKE RESEARCH FUN & ENJOYABLE

HEALTH OF OUR PEOPLE

Health of the  
Lands  
and  
Water



we are EVOLVING

# ♥ HEARTS ♥ Next Steps

## SHARING CIRCLE

Connect & Gather in COMMUNITY

"We hope today GIVES more than it takes Away!"



Learn & Share Cultural Knowledge Language



We Need KINSHIP

MY LIFE & HEART energy are invested in this WORK. Much Labour is NOT NOTICED by the SYSTEMS

Navigating Colonial spaces Necessitates SAFE Indigenous Spaces

SYSTEMS Demand We Leave our Identities at the DOOR

INDIGENOUS Methods are Rigorous

~~X~~ No taking Western ~~X~~ methods & giving them an Indigenous Flavour



SYSTEMS & INSTITUTIONS

CHOICE IN BIRTH

COMPLEXITIES due to Colonial dynamics: COST OF Living, Housing, Access to CARE, etc.

We NEED: Indigenous-specific Services SHARED WIDELY

ONGOING TENSION

Protect OUR Intellectual Knowledge & Property

URBAN & "RURAL" CONTEXTS

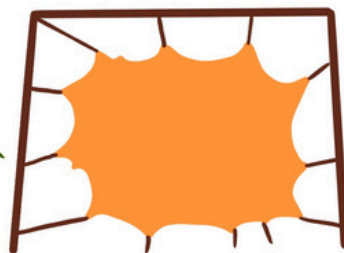


Cedar weaving

STINGING NETTLE

Where to Next?

ARTS BASED methods



Self Care and Care for OUR Families

