

# General Construction - Safe Practices 1

## Fire safety and combustible materials:

- Keep oily rags away from oxygen to avoid spontaneous combustion.
- Always light torch with a "torch lighter." Never use a match or cigarette and never in a keg or drum.
- Open compressed gas cylinders slowly to avoid valve damage.
- Make sure engines in buildings are away from combustible materials, and exhaust is properly ventilated.
- After work, check clothing for hidden hot slag or molten metal. Do not wear oil-soaked clothing.

## Elevated work and ladder safety:

- When climbing a ladder, face the ladder and use both hands. Use hand line or material hoist to lift loads.
- Use only sturdy ladders on firm base. Where possible, angle out the base at one-fourth of the ladder's working length. Keep the working area clear of debris.
- Have ladder reach at least three feet above landing for easy access. Tie off ladder at top (secure bottom and brace long ladders).
- Use scaffold if solid footing or safe ladder access is not possible.
- Platform planks should overlap supports not less than six inches nor more than twelve inches and be secured from shifting.

## Electrical safety:

- Consider all wires "live/Hot" until checked and locked out. Keep safe distance from "live/Hot" electricity.
- Have electrical power tools or equipment properly grounded.
- Do not use electrical power tools or equipment while standing in water. All electrical power tools and extension cords should have rubber insulation. Damaged cords should be replaced not repaired.
- Only qualified personnel should make electrical repairs or installations. Do not use metal ladders and hats near high-powered electricity.

## Maintain a safe work area at all times:

- Properly place cords, leads, hoses, etc., to avoid tripping hazards and unnecessary damage.
- While carrying a load, check for clear path.
- Oil, grease, and water spills must be cleaned up right away. Delay can cause accidents.
- Keep loose materials off stairs, walkways, ramps, platforms, etc.
- Remove or clinch nails in old lumber.

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This form documents that the training specified above was presented to the listed participants. By signing below, each participant acknowledges receiving this training.

Organization: \_\_\_\_\_

Trainer: \_\_\_\_\_ Trainer's Signature: \_\_\_\_\_

Class Participants:

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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*Remember to load your completed trainings into the Risk Management Center.*