POINT OF WORK RISK ASSESSMENT

Date:_____

Technician:_____ Site:_____

STEP 1 - STOP - BEFORE YOU START WORK THINK THROUGH THE TASK	YES	NO
Are you fit and suitably competent to carry out all required tasks?		
Have you signed in and been trained on the site policies?		
Do you fully understand the task at hand and all steps to perform?		
Do you have a work permit and work instructions/procedures?		
Do you have the correct PPE and tools for the task(s)?		
Do you have safe and suitable access to the work area?		
Have all power tools and lifting gear been tested and inspected?		
Are first aid/eye wash/safety shower location(s) known?		
STEP 2 - THINK - SPOT THE HAZARD(S)	**YES**	**NO**
Is the equipment electrically "live" and could I be electrocuted?		
Could I fall from height?		
Could something fall and strike me or anyone else?		
Am I handling loads using mechanical handling methods?		
Am I manually handling heavy or bulky loads? Or lifting in odd position?		
Am I stretching, twisting and could I strain or over exert myself?		
Are there any moving vehicles or equipment close to the work area?		
Could I slip, trip or fall on anything? (housekeeping, floor conditions)		
Are there other persons working in the area who present a risk?		
Could I be caught in, on, or in-between anything? e.g. Mulitple cranes?		
Could I be exposed to noise, vibration, thermal stress or radiation?		
Does the task involve hazardous chemicals or materials?		
Are there any biological hazards?		
Could I be burned or scalded?		
Am I working in a confined space?		
Am I working alone such that an injury or accident would be unnoticed?		
Should I communicate my movements to other personnel?		
Do the ambient conditions create any hazards?		
Is the air OK for me to breathe where I will be working?		
Are lighting levels adequate for the task?		
Are all loads secure using correct methods?		
If needed, is a fall rescue plan in place?		
Are my co-workers or other persons fit and safe to work?		
Are there any other hazards left uncontrolled?		
Are all of the above hazards suitably controlled, are risks as low as pracitcal and is everyone safe?		

HAZARDS NOT SUITABLY CONTROLLED BY NORMAL METHODS MUST BE IDENTIFIED AND REASSESSED USING THE REVERSE OF THIS FORM